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QHS's Antenella Ibrahim Motivated To Help People

Career Vocational, Tech Ed Student Of The Year

By SCOTT JACKSON

While she was growing up, Antenella Ibrahim knew she wanted to help people. Now a senior at Quincy High School where she majors in health care technology, Ibrahim was recently named the school district's Career Vocational and Technical Education Student of the Year.

"I was very excited," Ibrahim said of the recognition in a recent interview.

"I never really knew I was up for the award and when I knew I had gotten it I was just shocked - out of all the experiences I've gone through and out of all the people that were qualified for the award itself."

Ibrahim will attend Curry College in the fall, where she will study nursing. The captain of the Presidents basketball team this past season, she will continue her career on the court in college as well. After Curry, she hopes to work at Massachusetts General Hospital.

Ibrahim said she became interested in a career in health care because she wanted to be able to help people. She chose nursing because it involves working closely with patients.

"No one in my family does health care, but ever since I was a child, I always had this kind of motivation to help people and more than just helping people, it was more like health-wise, knowing you can make a differ-



ANTENELLA IBRAHIM, a senior at Quincy High School, is the school district's Career Vocational and Technical Education Student of the Year. Ibrahim will attend Curry College in the fall, where she will study nursing.
Quincy Sun Photo/Scott Jackson

ence in the way someone lives and the way that someone could go about their life," she said.

"I originally wanted to go into

strict medicine as a doctor and then I realized that nurses had a lot more to do in terms of patient

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Senate Passes Climate Bill

*Includes Four Amendments
Proposed By Sen. John Keenan*

By SCOTT JACKSON

A climate bill recently approved by the Massachusetts Senate features four amendments originally proposed by Sen. John Keenan, including one that calls for the installation of charging stations for electric vehicles at nearly a dozen of the state's public transportation hubs.

The bill, An Act Driving Climate Policy Forward, also known as the Drive Act, addresses a number of issues related to the climate, such as transportation, clean energy and housing infrastructure. The bill aims to reach the state's goal of achieving net-zero emissions by the year 2050.

"An expansive crisis like climate change necessitates expansive legislation like the bill we approved by an overwhelming 37-3 vote," Keenan, a Quincy Democrat, said in a statement. "No matter where we live, what we drive, or where we work, our planet's changing climate impacts us all in so many ways. With the passage of this legislation, we will put our Commonwealth on track for a greener, brighter future."

The Senate and House - which previously passed its own climate bill - must now come to a consensus on legislation that can then be sent to Gov. Charlie Baker for ap-

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Quincy Public Schools Enrollment Tops 9,900

By SCOTT JACKSON

More than 9,900 students are now enrolled in the Quincy Public Schools, an increase of nearly 300 since the fall.

There were 9,909 students enrolled in the district as of April 13, Supt. Kevin Mulvey told the School Committee that evening, and 30 new registrations were in the midst of being processed. There were 9,612 students enrolled in the district as of Oct. 1.

Approximately 100 of the students enrolled in the district since the fall are pre-kindergartners, who

were not factored into the Oct. 1 enrollment data, according to Laura Owens, the assistant to the superintendent. She said a majority of the remaining 200 new students are concentrated at the Lincoln-Hancock and Clifford Marshall Elementary Schools as well as the South West Middle School. Other schools have between roughly five and ten new students each.

The enrollment figures have been reported at the outset of each School Committee meeting this year and the number has contin-

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Megan Allen Retiring As Crane Public Library Director

Library Career Spanned Over 35 Years • Sara Slymon Successor

Megan Allen will retire as the director of the Thomas Crane Public Library later this spring after a career spanning more than 35 years at one of the state's most visited library systems, the last nine years at its helm.

Allen started working as a TCPL librarian in 1986,

serving in a range of roles before being promoted to lead the library by Mayor Thomas Koch in 2013. Allen was pivotal in steering the library into the digital era and led efforts to expand hours and programming at the main library in down-

town and its three neighborhood branches. Free events and classes for all ages increased by 200 percent under her leadership.

"The Thomas Crane Public Library is a treasure, and Megan has been a truly outstanding steward in not only

preserving its role in the community through some incredibly challenging times but expanding what the Library has to offer and reaching so many new groups throughout the City," Koch said. "She will certainly be

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MEGAN ALLEN



SARA SLYMON



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More Quincy news:
The Quincy Sun.com

Lawn And Garden Spring Safety Tips

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

For those of us who are lawn and garden enthusiasts, this is a very special time of year. We are anxious to enjoy a new season of yard work, and we can't wait to start raking, trimming, hoeing, and sowing. Unfortunately, many people unknowingly use improper biomechanics (positions, movements, and techniques) when performing typical lawn and garden tasks. These unintentional mistakes may lead to a variety of injuries, particularly in the shoulder and low back areas.

To improve your biomechanical proficiency, consider the following performance guidelines for lawn raking, hedge trimming, garden hoeing, and seed planting. It may take some practice to perfect these techniques, but the result should be a reduced risk of injuries, as well as more productive yard and garden work sessions.

Raking

Lawn raking is a vigorous physical activity that requires coordinated movements of the upper and

lower body. Although the actual rake pulling action is accomplished by the arm and upper back muscles, the hard-working shoulder muscles and the body stabilizing lower back muscles are most likely to be injured if raking is performed improperly.

Step one for successful raking is a good base of support with a staggered foot stance that adjusts easily to small backward steps. I recommend wearing running/athletic shoes for ease of movement and motion control when raking.

Step two is to maintain a relatively erect posture, neither bending forward at the waist nor leaning backward, as both of these body positions place greater stress on the lower back. Remind yourself to stand tall throughout your raking session.

Step three is related to arm movements, which should remain reasonably close to your body at all times. Reaching too far forward may place excessive stress on the low back muscles, and pulling too far backward may place too

much stress on the shoulder muscles. Keep your arms slightly flexed while raking. If your elbows are extended you are most likely overreaching and raising your risk of injury.

Step four is to frequently change sides and hand positions throughout the raking session. Although you will have a preferred raking pattern, try to switch sides at least every 10 pulling actions. Changing hand positions periodically postpones fatigue, particularly in the more vulnerable shoulder muscles, which reduces the risk of overuse issues.

Step five is to stop raking every 10 minutes to pick up the rakings. This provides a beneficial break in the repetitive raking actions, and prevents the pile of raked materials from becoming too large and unwieldy.

Hedge and Bush Trimming

Whether you use manual or electrical trimmers, this can be a most problematic physical activity, especially for the neck, shoulder, and low back muscles. Unless you have low shrubs, the best advice I can give you

is to use a sturdy stepladder when working on bushes above waist level.

Step one applies whether your feet are on the ground or on the ladder steps. Always maintain a balanced base of support, and keep your body directly above your feet. Resist leaning forward at the waist, even if it requires moving the stepladder more frequently, as this posture decreases stability and significantly increases low back stress.

Step two is to never raise the clippers higher than your abdominal area. Raising your arms above this level requires straightening the elbows and holding the clippers too far from your body. This unfavorable leverage position makes the muscles of your neck, shoulders, and low back work much harder, thereby increasing the risk of both acute and overuse injuries.

Step three is simply to take a break every 10 minutes. Even with your elbows bent and your upper arms close to your sides, holding a trimmer for extended periods of time can cause a variety of physical

problems, including issues in the gripping muscles of your forearms. Use the break time to pick up the clippings, thereby incorporating different muscles and movements before returning to the somewhat static posture used when trimming.

Garden Hoeing

Hoeing spring soil can be a muscle-challenging activity that is even more vigorous than lawn-raking. Pulling a garden hoe through the ground is definitely harder than pulling a lawn rake over the ground. Like raking, the feet should provide a relatively wide and stable base from which to perform the arm pulling movements.

Like raking, avoid bending forward or leaning backward as both positions raise the potential for low back injuries. Short-range arm actions are more effective and less stressful on the shoulder joints than overreaching movements that pull the body out of proper position and create unfavorable leverage factors. Like raking, switch sides and arm positions every 10 pulls, and take a brief hoeing break every 5 to 10 minutes. I suggest shallow (rather than deep) hoeing actions, even



WAYNE WESTCOTT

though more time may be needed to complete your work. That is, instead of hoeing a deep row in one hard pass, do two passes with moderate effort to achieve the same row depth with less musculoskeletal stress.

Seed Sowing

My least favorite garden task is planting the seeds, because it is a pretty tedious process. However, the apparent lack of activity as you place seeds one inch apart in the dirt can be deceiving. Some people bend over at the waist to plant, while others bend at the knees in a squat position. Both positions are potentially dangerous, as the first places undue stress on the low back and the second places excessive stress on the knees. My recommended planting position is to place one

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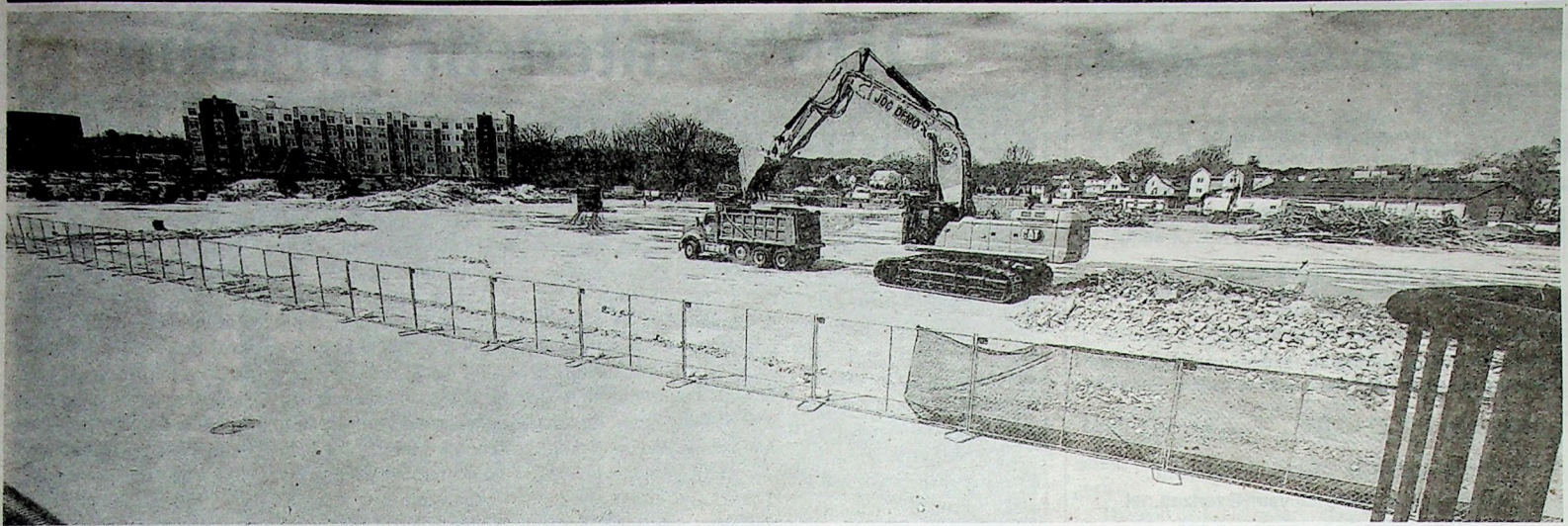
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FORMER LOWE'S BUILDING has been demolished and the South Quincy site is essentially clear of most of the debris in this photo taken April 21. The MBTA will be constructing a \$400 million bus maintenance facility at this location on Burgin Parkway near the Quincy Adams T Station (partially visible in background on the left). Quincy Sun Photo/Robert Bosworth

Keenan - A Regular Rider - Says MBTA Safe, Reliable

By SCOTT JACKSON

A regular Red Line rider, Sen. John Keenan said the MBTA is a safe, reliable and affordable option for commuters.

Earlier this month, a 39-year-old Boston man was killed at the Broadway station on the Red Line after he was trapped in a door. His death remains under investigation by the National Transportation Safety Board. Officials have said the train car involved in the incident, which was over 50 years old, has been impounded and the driver placed on administrative

leave.

In a recent interview, Keenan called the man's death a tragedy. When asked if he felt safe on the MBTA, Keenan responded that he did.

"I do, absolutely," he said. "I've been taking the T since I was a kid, I take it most days to the State House, and I find it to be reliable, clean, safe — all of those things — and affordable, especially with gas the way it is."

"I figure out the mileage on the vehicle I'm driving, the time to get into the State House and out just in pure

distance and then time may be stuck in traffic — I save time by taking the Red Line and I save money at this stage because of the price of gas."

"Last week," he added, "I took the bus from the top of the street to Quincy Center and got on the train and I made it door to door in 46, 47 minutes, which is pretty good. Driving in, I might

have been able to beat that, but if I were to leave in rush hour, the train just goes so much faster."

"So yes, it's reliable, it's safe, it's clean. I feel very comfortable riding on it and I always have."

The MBTA is in the process of replacing its entire fleet of Red and Orange Line trains. Because of supply chain issues, Keenan

said it is uncertain when that process will be finished.

"About two weeks ago, maybe three weeks ago, when I was taking the train into town, I for the first time got one of the new cars. It was a nice ride. Everything was great," Keenan said.

"I'm in pretty regular contact with the general manager and I texted him and said, 'hey, I'm on one

of the new cars for the first time, what's the status on the other cars.' Like everything else, there are supply chain issues, there has been some delays out at the plant in Springfield. So, it's uncertain exactly when we'll have a full fleet of Red Line cars and Orange Line cars. It's uncertain at this point, which is unfortunate."

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Multicultural Festival At Pageant Field May 5

In celebration of the vibrant diversity of the City of Quincy, the Quincy Public Schools and the Citywide PTO's Equity, Diversity, and Inclusion Subcommittee are hosting a free Multicultural Festival on Thursday, May 5th from 6 to 8 p.m. at Pageant Field.

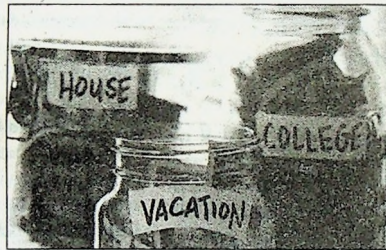
Quincy families who represent countries from across the globe will showcase their cultures through table displays, dance performances, music, and more. The event on May 5th will include free culturally diverse food from local food trucks and restaurants. Kids and adults will have the opportunity to participate in cultural games, activities, and crafts, as well as raffles in order to win fun prizes.

Along with families, social organizations, like QARI (Quincy Asian Resources Inc.) and BCNC

(Boston Chinatown Neighborhood Center) and parent organizations, like ELPAC (English Learners Parent Advisory Council) and QPAC (Quincy Parent Advisory Council to Special Education), will also be at the event in order for families to learn more about what they do for our community. Quincy Public School families will also have the chance to meet with the recently appointed QPS family liaisons.

The Quincy Multicultural Festival is an opportunity for Quincy families from across the city and across cultures to connect with one another and appreciate each other's culture.

Follow the Quincy Multicultural Festival on Facebook and Instagram. Please contact quincymulticulturalnight@gmail.com for more information.



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Moments in time

THE HISTORY CHANNEL

• On May 13, 1607, some 100 English colonists arrive along the east bank of the James River in Virginia to found Jamestown, the first permanent English settlement in North America. Dispatched from England by the London Company, they had sailed across the Atlantic aboard the Susan Constant, Godspeed and Discovery.

• On May 14, 1796, Edward Jenner, an English country doctor, administers the world's first vaccination as a preventive treatment for smallpox. Scientists following Jenner's model developed new vaccines to fight diseases such as polio, whooping cough, measles and tetanus.

• On May 12, 1932, the body of aviation hero Charles Lindbergh's baby is found, more than two months after he was kidnapped from his family's Hopewell, New Jersey, mansion. Kidnapping was made a federal crime in the aftermath of this high-profile crime.

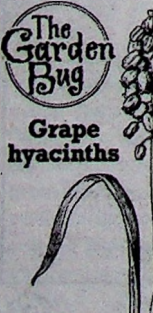
• On May 15, 1942, gasoline rationing begins in 17 eastern states to aid the American war effort during World War II. By the end of the year, President Franklin Roosevelt had made gas rationing mandatory in all 48 states.

• On May 9, 1960, the U.S. Food and Drug Administration approves the world's first commercially produced birth-control pill, Enovid-10, made by the G.D. Searle Company of Chicago. Clinical tests of the pill had begun in 1954.

• On May 10, 1980, Treasury Secretary G. William Miller announces the approval of nearly \$1.5 billion in federal loan guarantees for the nearly bankrupt Chrysler Corporation, at the time the largest rescue package ever by the U.S. government to an American corporation. The loan terms required Chrysler to raise another \$2 billion on its own.

• On May 11, 1997, chess grandmaster Garry Kasparov resigns after 19 moves in a game against Deep Blue, a chess-playing computer developed by IBM scientists. It was the sixth and final game of their match, which Kasparov lost two games to one, with three draws.

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The Garden Bug
Grape hyacinths

These plants start from small bulbs. Place them in groups of ten or more, with the bulbs twice as deep as they are tall and a couple of inches apart. They grow in sun or light shade. Don't plant them where it's too wet or too dry. They spread very quickly, and can be quite invasive; plant them where they can spread freely. The flower spikes don't appear until mid-spring. Smoky blue is the most common color. Once their leaves die off, you can cut them back.

— Brenda Weaver
Source: www.gardeningknowhow.com

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QHS's Antenella Ibrahim Motivated To Help People

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care and their relationships with their patients, and that's something that I wanted."

Ibrahim called her decision to major in health care technology at Quincy High School one of the best choices she has made.

"It's been amazing. It's a lot better than I expected it to be," she said of her experience in the program.

"You go into a program, you expect it to be very rigorous and very hard to maintain, but the teachers are very professional. They are very good at keeping relationships with our students as well as teaching us skills that we need to go on after we graduate. I think it is probably one of the best things I have ever chosen to do, and it has set me up to do a lot in college."

The health care technology program involves both time in the classroom and time in the field.

"As a freshman you can start out in a freshman seminar course as well as an elective to take the course," Ibrahim explained. "By the sophomore year, it's a pure major, so you have a specific class that you take. By the time you're a junior it's a three-period course, so it takes up a majority of your day and it basically walks you through your skills as well as clinical sites and clinical rotations. By the time you're a senior, you continue your clinical rotations as well as studying for your CNA certification."

Because of the pandemic, Ibrahim was unable to complete clinical rotations during her junior year. She

was able to do them during the current school year at a pair of local nursing homes.

"With everything being online last year, we weren't really allowed into clinical sites, so my class never got to start their clinical rotations junior year. Coming into senior year we weren't expecting to start clinicals. Thankfully, John Adams and Hancock Park let us in and told us we could do our rotations," Ibrahim said. "So, we went through our rotations, got them done, and now we're preparing for our certification license."

During those rotations, Ibrahim said she and her classmates worked closely with the certified nursing assistants on site.

"We go to the facilities and basically help out the CNAs in anything they want," she said. "We do different skills from nail care to bed baths to even just everyday activities with the residents, making sure they're having a good day."

To be eligible for the Career Vocational and Technical Education Student of the Year recognition, students must have a GPA of 3.5 and must also have work experience related to their chosen field, participate in extracurricular activities, and be involved in the community. Career and technology instructors nominated students for the award and a screening panel identified ten semifinalists. The semifinalists were then interviewed by members of the Quincy School-Community Partnership, who determined the winner and the runners up. Ibrahim and the two runners

up were announced during the March 23 meeting of the School Committee.

During the recent interview, Ibrahim credited her teachers as well as Keith Segalla, the district's director of career and technical education, and department head Rebecca McInnis for helping her through the process.

"It was very smooth," Ibrahim said of the experience. "When we were told about the running for it, Mr. Segalla basically walked us through the process as well as Ms. McInnis. They basically told us you're going to be up in front of the board. You're going to give a presentation as well as a speech showing all the skills that we've done. After we did that, we were told about the School Committee and it was the same exact process and it was very smooth and our teachers helped us get ready it."

As part of her presentation before both the interview panel and the School Committee, Ibrahim demonstrated how to properly don and doff personal protective equipment — a mask, gown, goggles and gloves. She said she chose that presentation to show what health care workers have had to do to keep themselves safe amid the pandemic.

"Seeing all the stuff they had to wear I thought it was a good thing to shine a light on, the process to put it on and off, and how much skill it actually took to keep it on and off," she said.

Ibrahim chose to attend Curry College, which is located in Milton, because the school's nursing program is highly rated and it is close to

home for her.

"Curry has a very good nursing program as well as their clinical rotations. I'm in love with the city, I love the city, and I'd like to do a lot of clinical rotations through Boston. I just love the atmosphere of the school itself. Their athletics programs are just another plus with it," she said.

"And it is close to home, so it allows me to maintain my fundraising work and everything."

Ibrahim has helped fundraise for A Shot for Life, which raises money for cancer research.

"I help out at the A Shot for Life organization, which is a cancer organization where they play basketball games and different sports activities. They have student-athletes to help raise money for cancer research," she said.

On top of that, Ibrahim organized the Battle of the Presidents, a flag football tournament in Quincy that raised \$2,000 for cancer research last fall.

"I founded my own initiative back in the fall, which is a flag football tournament. It's now going to be an annual Quincy tournament involving both high schools and anyone in the community. It raises money for any pledged organization, whether it's Mass General's cancer research or Brigham's or even Boston Children's," she said.

Ibrahim said she hopes to organize a second edition of the tournament in November. More information on the tournament can be found on Instagram @batleoftheprez.

Megan Allen Retiring As Library Director

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missed and I wish her well in a very well-deserved retirement."

Allen said among the things she is most proud of was nurturing an organization that pays close attention to changing community needs and continuously adapts services and programs to address those needs and make a real difference in the lives of Quincy residents. That included expanded services for limited English proficiency residents, adult basic education, citizenship material and classes; book share programs at the City's food pantries and Quincy Housing Authority buildings; and partnerships with community service organizations like Father Bill's/MainSpring,

Quincy Community Action Programs and Bay State Community Services.

"It's been a privilege and an honor to serve the City of Quincy as part of the TCPL team. When I came to Quincy as a newly minted librarian, I thought this job would be a brief stepping stone but it turned out to be an entire career, as challenging and rewarding as it could possibly be," said Allen. "It's difficult to leave but it's the right time for the next director to lead the library into a post-pandemic world."

Allen will be succeeded by Sara Slymon, the Director of the Brookline Public Library for the last eight years and a past director of the Randolph Public Library. The Library Board of Trustees conducted a rig-

orous search over the last several months, and voted unanimously to recommend Slymon's appointment to Mayor Koch.

Koch will appoint Slymon effective June 1.

The Board of Trustees will host a public retirement reception for Allen on Tuesday, May 17 from 4 to 6 p.m. in the Richardson Building of the Main Library. All are welcome.

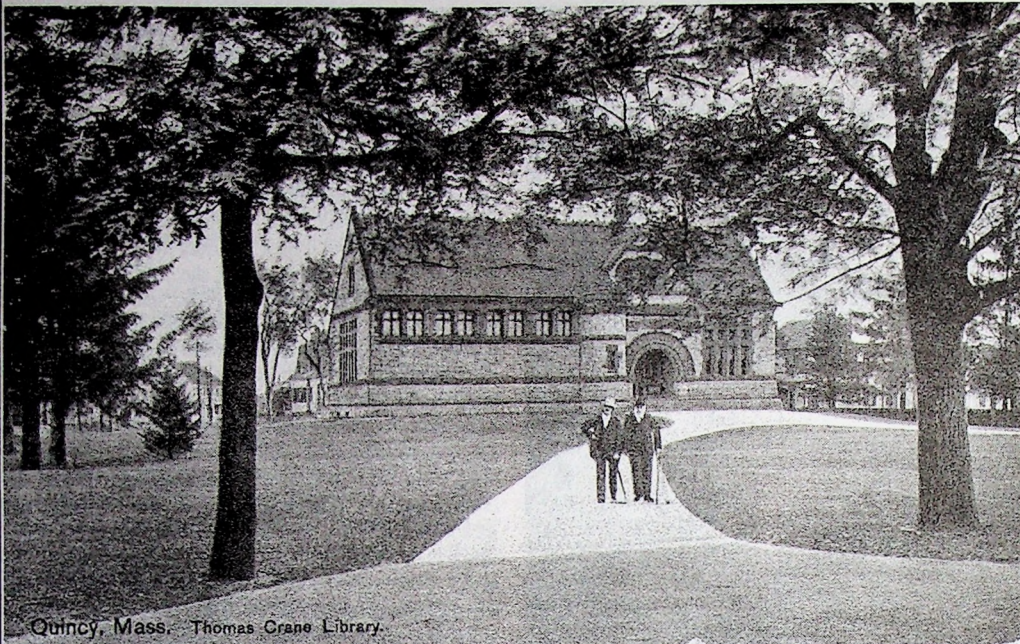
Americanisms



"It ain't what they call you, it's what you answer to."
— W.C. Fields

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Scenes From Yesterday



Quincy, Mass. Thomas Crane Library.

THIS PICTURESQUE POSTCARD mailed 112 years ago in 1910 is a tree-framed view of the original building of the Thomas Crane Library on Washington Street in Quincy Square. The library was dedicated in 1882 as a memorial to Thomas Crane, a Quincy granite stonecutter who as a young man moved to New York and made a fortune in real estate. This building was funded through an endowment established by his son, Albert, who along with Charles Francis Adams, Jr., chairman of the board and of the Town of Quincy's Library Trustees, enlisted Henry Hobson Richardson to design it. Known today as the Richardson Building, it is considered by many as a masterpiece creation of Richardson, who was one of America's most famous architects. In 1908, the Crane

family endowment was also used to build an addition in the back of the library, and later used to finance a little more than half the cost of the 1939 Colleti addition that is now to the right of this building. The remaining cost of the Colleti addition was paid with the U.S. Public Works Administration "stimulus" funds. The Crane endowment, albeit a token amount, also helped kick off funding for the \$16 million renovation, restoration and James A. Sheets addition to the library in 2001, by architect Richard Bertman of CBT, Inc. Just for comparison, it's interesting to note that the Richardson building cost less than \$20,000 when it was built.

From the Tom Galvin Postcard Collection

Lawn And Garden Spring Safety Tips

Cont'd From Page 2

foot flat on the ground and to place the opposite knee on the ground (preferably on a pad). This position permits a relatively straight back and a 90-degree knee angle which provides both a more comfortable and less

stressful planting position. Switch leg positions every few feet as you move down the row.

By doing some preparatory muscular conditioning and implementing bio-mechanically correct activity techniques, you should have safe, effective and enjoyable

raking, trimming, hoeing and sowing experiences this season.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fit-

ness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne has been a strength training consultant for all 5 United States military forces and for 6 NFL football teams.

BBB Tip: How To Shop Green At The Grocery Store

By BETTER BUSINESS BUREAU

In theory, eating "green" should be an easy way to consume a healthy diet while protecting the planet. In reality, shopping for food that's good for the environment involves deciphering marketing buzzwords and understanding seals and certifications.

Before you hit the supermarket, here are BBB's tips to ensure the foods you buy are really good for the environment—and part of a healthy diet.

• **Understand what "organic" means.** Whether a product carries the USDA Organic seal or simply uses the word "organic" on the product label, by United States federal law it is required to meet the USDA standards on how foods are processed, crops are farmed, farm animals are raised, and which types of ingredients are used in the final product. In Canada, the Canadian Food Inspection Agency regulates use of the Canada organic logo, which has very similar standards to that in the U.S. Learn more about what exactly "organic" means in this article from Consumer Reports.

• **Get to know green marketing terms.** Many green marketing terms, such as "pesticide-free," "non-toxic," "free of," "biodegradable," and "made with renewable energy," are unregulated and, therefore, not very meaningful. The Federal Trade Commission makes this recommendation: "When you shop, look for specific information on packages and products that explains why the product is getting a green promotion." If a product doesn't include details about what exactly the term means, choose another one.

• **Look for legitimate seals.** Third-party organizations, like Forest Stewardship Council, TransFair USA, and Rainforest Alliance, certify that specific types of products are grown or produced in an eco-friendly manner. For example, for meat and milk from cows who have been 100 percent

free-range grass grazers their whole life, you should look for products with the American Grassfed seal. Real Simple covers top eco-friendly labels and what they certify.

• **Minimize your intake of processed foods.** World Wildlife Fund reminds consumers that because of emissions created and nutritional quality lost in the process, "the more processed a food is, the greater its environmental impact." So cut back on processed foods where you can, and up your intake of fresher/minimally processed foods to reduce your impact on the environment.

• **Look for environment-friendly packaging.** How food is grown or produced isn't the only concern of environmentally conscious shoppers. Product packaging also matters. Products labeled as biodegradable or compostable should provide specific information, such as how quickly packaging will biodegrade in a landfill. Alternatively, choosing products with recyclable packing can reduce the amount of waste that ends up in a landfill in the first place. However, keep in mind that certain kinds of recyclable packaging may not be recyclable in your area. You can find out about local recycling options from your city or county government. See the recycling seals and what they mean.

• **Bring reusable grocery bags.** Instead of loading your purchases into plastic grocery bags you'll simply throw away when you get home, bring reusable grocery bags to reduce your impact on the environment. Alternatively, some grocery stores offer consumers the options to bring used plastic bags back to the store after use for recycling.

• **Avoid wasting food.** To fight food waste, GreenAmerican.org recommends planning your meals, storing your food properly, canning or preserving extra produce, and sending extra food to food pantries for those in need. Reducing waste is always good for the planet.

Quincy's Yesterdays

This Week
1988
34 Years Ago

Poll: Dukakis-Jackson Would Defeat Bush

A Democratic president-vice president ticket of Michael Dukakis and Jesse Jackson would defeat a Republican ticket headed by George H.W. Bush 47 percent to 42 percent according to a Time Magazine poll.

A ticket of Dukakis and Senator Albert Gore, Jr., would defeat George Bush 49 percent to 39 percent, the poll suggested.

The poll of 1,075 voters conducted recently, showed the Massachusetts governor was favored by 50 percent to 39 percent over Vice President Bush. (Editor's note: A ticket of Vice President George H.W. Bush and Senator Dan Quayle would defeat Governor Michael Dukakis and Senator Lloyd Bentsen in the November 1988 election.)

PLANS FOR DOG POUND MAY BE DISCARDED

Plans to replace the city's dilapidated dog pound may be scrapped if the city can develop a program employing private kennels, according to Mayor Francis X. McCauley.

McCauley said the use of contract kennel services might provide an answer since the cost of building a new animal shelter has greatly exceeded the city's expectations.

The low bid filed recently for construction of a 4,500-square foot animal facility was \$818,000, some \$143,000 more than the city's updated estimate of \$675,000. (Editor's note: The private kennel approach was scrapped and the city constructed the animal shelter at a cost of \$275,000.)

QUINCYISMS

Aiello Travel Service, 43 Franklin St., South Quincy, was offering "Cruises to Bermuda from Boston for \$555 per person for 5 Nights"... Colman's Sporting Goods Store, 1630 Hancock St., was advertising popular brand name baseball gloves from \$14.99 to \$69.99... Tom O'Brien Nissan, on the corner of Washington St. and Southern Artery, was advertising 1988 Nissan Sentras for \$5,989... The Dress Barn, 100 Parkway, Downtown Quincy, was offering 50% off on ladies skirts, blouses and shirts... **Denis Tardo**, a Republican residing in Merrymount, announced his candidacy for the state representative seat vacated by **Rep. Thomas F. Brownell**, who had been appointed a judge... **Patrolman Stephen DiMattio**, a 28-year veteran of the Quincy Police Department, was honored for dedicated service at Law Day ceremonies held at the Quincy District Court... **Thomas Hurlebaus** showed slides of his recent trip to Sicily and Scotland at the North Quincy Branch Library... Roxies of Quincy at 479 Southern Artery was offering "Fresh Grade A Whole Chickens, 3-3 1/2 pound average for 39 cents a pound"... The Wollaston Theater, 14 Beale St., was showing "Fatal Attraction" with Glenn Close and Michael Douglas... The Boston Bruins, with a 4-1 win over the Montreal Canadiens in Montreal, eliminated the Canadiens and advanced to the second round of the National Hockey League playoffs... Rogers Jewelry, 1402 Hancock St., Quincy Center, announced that **Jeffrey M. Bertman** had earned the Graduate Gemologist Diploma of the Gemological Institute of America... The Quincy School Committee approved the expansion of the Quincy After School Day Care program at the Lincoln-Hancock and the Squantum Elementary Schools. The program began with a pilot program at the Montclair school... **Mayor Francis X. McCauley** was the guest speaker at the April meeting of the Quincy Historical Society. His topic "The History of City Government in Quincy from 1889 until the Present"... Firestone Mastercare Car Service, 2 School St., Quincy, was advertising "Front-End Alignments for \$36.95"... Union Employees at Settles Glass Company, Washington Street, Quincy, ended their 193-day strike and returned to work after agreeing to continue to bargain with management on May 6... More than 800 former employees at the Fore River Shipyard attended the 60th annual banquet of the Fore River Long Service Club. The event was held at the Rockland Lodge of the Sons of Italy... The Germantown Human Relations Committee has requested judges at the Quincy District Court to prohibit anyone arrested for civil rights violations from living in or visiting Germantown.

KEEPING UP WITH THE RED SOX

Red Sox left-hander **Bruce Hurst** pitched a six-hitter as the Boston Red Sox defeated the Milwaukee Brewers 5-1. The victory extended the Red Sox winning streak to six games. The Sox were currently in third place with a 12-5 record, 1 1/2 games behind the Cleveland Indians.

Arts & Entertainment

Movie Review: 'Fantastic Beasts: The Secrets Of Dumbledore'

By BOB GARVER

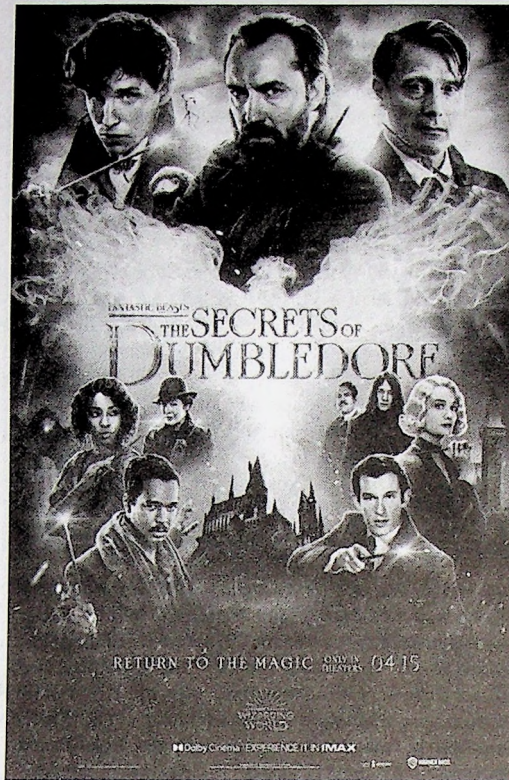
Unlike the 8-movie "Harry Potter" series, the "Fantastic Beasts" sector of J.K. Rowling's Wizarding World has never been able to quite get off the ground. Maybe it's because audiences find it hard to get behind skittish protagonist Newt Scamander (Eddie Redmayne) as a hero. Maybe it's because of all the bad press surrounding actors Ezra Miller and Johnny Depp (here replaced by Mads Mikkelsen) and even Rowling herself.

But I think the real reason is that audiences see "Fantastic Beasts" as a transparent cash-grab; Rowling was under pressure to add to the Wizarding World, so she came up with this 1920s prequel series strictly for the sake of getting in more movies. There will always be viewers that want to see what happens next in the Wizarding World, but audiences both dedicated and casual can sense a lack of passion.

The new movie sees evil wizard Gellert Grindelwald (Mikkelsen) try to steal the

election to become President of the International Confederation of Wizards so he can wage a war against non-magical Muggles. It's up to former lover (now officially acknowledged as such) Albus Dumbledore (Jude Law) to stop him. But Albus can't act against Grindelwald personally, lest he break a magical pact he made when he was younger. He can, however, coach a team led by "magizoologist" (magic animal expert) Scamander, himself a valuable asset since a key part of Grindelwald's plan is to exploit a Fantastic Beast called a Qilin that can see into people's souls and greatly influence the election.

The team also consists of Newt's assistant Bunty Broadacre (Victoria Yeates), his Ministry-connected brother Theseus (Callum Turner), questionably loyal French wizard Yusef Kama (William Nadylam), American Charms professor Lally Hicks (Jessica Williams), Albus's estranged brother Aberforth (Richard Coyle), and No-Maj (don't call him



a "Muggle") baker Jacob Kowalski (Dan Fogler). Jacob is low-key probably the best character in the series, since he comes into the

Wizarding World as a blank slate, yet he doesn't lack personality like so many other audience-surrogate characters, including, argu-

ably, Harry Potter himself.

Grindelwald has his own team that consists of the powerful-but-manipulable Credence Barebone (Miller), mind reader and former lover of Jacob's Queenie Goldstein (Alison Sudol), and... a bunch of henchmen that don't matter. Honestly, it's a wonder I care about as many characters as much as I do, because these movies are overly-ambitious with their casts, and they keep introducing new characters without properly developing major ones like Newt. That said, I liked the new character of Professor Hicks, who nicely fills this movie's need for a heroic female presence following Queenie's heel turn in the last movie and sister Tina (Katherine Waterston)'s conspicuous absence from most of this one. People are sure to say that the patch-job of Mads Mikkelsen is the shrewdest casting decision in the movie, but I say it's Jessica Williams.

The best thing I can say for "Fantastic Beasts: The

Secrets of Dumbledore" is that it's mostly a pleasant movie. The Qilin is adorable and Newt makes allies out of supposedly ugly creatures. Grindelwald spends much of the movie in the public eye, so after some grim early actions he can't afford to be the violent psycho he was in the last installment. The climax takes place in daylight in a tranquil setting. The finale ends things on an upbeat note. It's so nice, in fact, that I couldn't help but wonder if maybe Warner Bros. is planning to scrap the rest of the series and end things here. Nah, evil has to be punished more in future installments. Still, it's hard to shake the feeling that the magic is long gone from the Wizarding World.

Grade: C

"Fantastic Beasts: The Secrets of Dumbledore" is rated PG-13 for some fantasy action/violence. Its running time is 142 minutes.

Contact Bob Garver at rrg251@nyu.edu.

MPL Programs For Adults, Families In May

By JEAN HLADY
Milton Public Library

In the month of May, the Milton Public Library is offering some educational and entertaining programs for adults and families.

Our ongoing programs continue with The Celebrity Book Club happening on Thursday, May 5 as a hybrid program starting at 7 p.m. in the Keys Community Room. Read what the celebrities are reading! Library staff members Sally and Sara will lead you in a fun, relaxed discussion of books recommended by popular celebrities and this month's pick is: "Northern Spy" by Flynn Berry (recommended by Reese Witherspoon). Please sign up in advance at our website (www.miltonlibrary.org), and call the Reference Department to place a hold on the book. We hope you might join us!

The Milton Knitting Group will meet in the lower level Conference Room on Thursday, May 5, at 7 p.m. and on Saturday, May 21, at 10 a.m. If you enjoy knitting or crocheting and would like to share your project and ideas with others, you can just drop in to join, and if you would like to get on the organizer's list to receive reminders, send a message to Librarian Jean Hladý at jhlady@ocln.org and she will make sure you are added.

Also the MPL Walking Club continues to meet in May on Thursdays at 12 noon starting in the MPL parking lot, and the dates this month will be: May 12 and May 26. Please sign up in advance to participate at our website's events list, to get some exercise and meet like-minded walkers.

Instructor Marianne Zullas continues to teach her Yoga Class for Adults on May 7 at 11 a.m. in the Keys Community Room. This ongoing program will be a one-hour in person gentle vinyasa flow yoga class which is designed to create movement and space in the body. Students will practice breathing techniques, asanas (yoga poses) and will also be introduced to exercises that will open

some of the meridian pathways in the body to create a better flow of energy. Please go to our events list at: www.miltonlibrary.org to read more about this enjoyable activity like what to bring with you, and to register in advance as there is an attendance limit. This will be the last yoga class at the MPL until October when it will again resume.

A captivating speaker - Lou Del Bianco - will be back on Tuesday, May 10, at 7 p.m. via Zoom to give a presentation called "Abraham Lincoln - From Rail-Splitter to President." In this 45-minute interactive dramatic program presented virtually, this actor-storyteller will portray Lincoln as Civil War President, frontiersman and storyteller. Lincoln's values: honesty, love of family, thirst for education, sense of justice and perseverance shine through in this dynamic new program. For more details about this fun and entertaining event, please go to our website and register in advance; once signed up a Zoom connection link will be Emailed to you.

Lou Del Bianco is a very talented speaker and has performed all over the country, from Chicago to Carnegie Hall, and he has been working with audiences of all ages since 1982. Hailing from the New York area, Lou's dramatic approach to storytelling "puts pow into passivity" according to the New York Times. Please join us!

Next, on Tuesday, May 17, at 7 p.m. in the Keys Community Room, there will be an in person presentation by author and former Bridgewater State University Professor Thomas Mickey called: "Garden Talk: Victorian Flowers We Still Love." This lovely program will be based on Mr. Mickey's book called: "All About Flowers: James Vick's Nineteenth Century Seed Company" (Swallow Press, c2021). 19th-century seed company owner James Vick (1818-1882) believed in being fair and honest with his customers. That ethical stance inspired his communication methods with his custom-

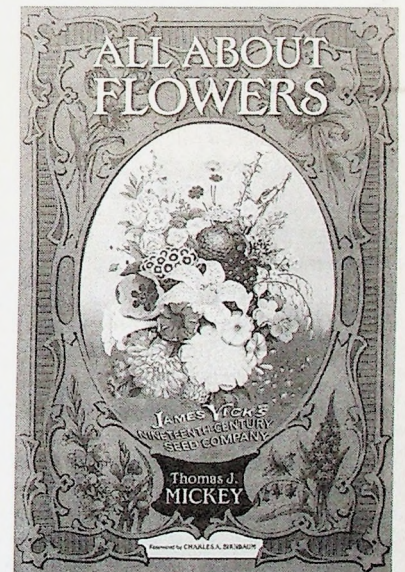
ers at a time when business owners thought "hype" was essential. Vick had been an editor and writer before his seed business. He wrote his catalog and monthly magazine with words inspired with what would most help his customers.

The book to be discussed in this presentation illustrates how Vick's seed company influenced both gardeners and the kind of garden that became essential - the Victorian flower garden. Please go to this link to read more and to register in advance: <http://www.eventkeeper.com/mars/xpages/m/miltonpl/ek.cfm>. We hope you will join us! (Please note that this event will not be available via Zoom.)

Adults and teens are invited to attend a fun in person art workshop with instructor Sue Hoy on Saturday, May 21, at 2 p.m. in the Keys Community Room. The title of this program is: "Adult Craft Workshop using Clay: Make a Trinket Dish and Ring Holder." No experience is required to participate so come and try out your art skills with Sue! Advance registration is required however, and once signed up you will receive one reminder for the event. If you would like to see a sample of the craft items, go to the MPL Facebook page here: <https://www.facebook.com/miltonlibrary>. There is no charge for this workshop and it will not be available via Zoom. Come have some fun working with clay at the library, and please bring your teens too!

And finally, on Tuesday, May 24, at 7 p.m., author Ted Reinstein will give a hybrid talk about his new book, called: "Before Brooklyn: The Unsung Heroes who Helped Break Baseball's Color Barrier" (Lyons Press/Rowman-Littlefield, c2021). You may attend in person or choose to view the program via Zoom, but advance registration is required at our website.

Fay Vincent, former Commissioner, Major League Baseball, says: "This is a story never before told of how Black baseball sur-



vived our own apartheid and finally became part of MLB. This part of baseball went unnoticed because of skin color until the country finally awakened. Tragic in many aspects, this is a tale that is finally redemptive."

If you would like to place a hold on the book, call the Reference Dept. at (617) 898-4964 or go online using your library card.

Ted Reinstein is best known in New England as a journalist and reporter for Chronicle, Boston's celebrated (and America's longest-running) TV news-magazine. To read more about this program, please go to the Milton Public Library's website events list.

All of these programs are kindly sponsored by the Friends of the Milton Public Library and are free and open to all.

Mr. Reinstein's appearance is sponsored by the Friends and in part by a grant from the Milton Cultural Council, a local agency which is supported by the Mass. Cultural Council.

For more information about any event, please contact Librarian Jean Hladý at jhlady@ocln.org or call the Reference Dept. at (617) 898-4964.

Quincy Elder Services Events In May

By MARIE FERENT

Assistant Director, Quincy Elder Services

Quincy Elder Services (Council on Aging) announces the following events and activities are scheduled during May at the Kennedy Center, 440 East Squantum St., North Quincy.

Weight to Go

Every Tuesday from 10 to 11 A.M.

Reaching and maintaining a healthy weight is essential for your overall health. Join the Kennedy Center for a FREE program of 1-hour sessions aimed at helping you lose and maintain your weight.

Music and Wellness Series

Wednesdays, May 4th, and May 18th at 10 A.M.

Did you know that singing, drumming, and active music listening helps to reduce stress, build community, and improve overall mental and physical health? Join music therapist Hannah Carlson, from the Sing Explore Create, LLC team for this music and wellness series. We will explore hand drumming, singing and music and relation techniques. Absolutely no experience necessary! We will create a space where everyone can feel comfortable participating with a lot of laughing and fun along the way! Registration is required. Please call 617-376-1506 to register.

Brain Healthy

Wednesday, May 4th at 12 Noon

Boost your brain health by eating well! Current research shows that diet CAN boost your brain health, at any age! Learn how our easy nutrition guidelines and recipes can get you started on the road to a healthier mind and improved memory! Come join us for a Brain Healthy Cooking demonstration presented by Standish Village. Registration is required and space is limited. Please call 617-376-1506 to reserve your spot today.

Book Club

Thursday, May 5th at 1:30 P.M.

The Book Club meets the first Thursday of each month at 1:30 p.m. The book for the May 5th meeting is "Queen of Paris: A Novel of Coco Chanel." The book for the June 2nd meeting is "Wish You were Here" by Jody Picoult.

Aging Strong

Monday, May 9th at 10 A.M.

The City of Quincy Health Department is partnering with Tufts Medical Center to offer Aging Strong! The program will cover various topics such as: winter safety, healthy habits, preventing scams and etc.! Please call 617-376-1506 to register. This program will be transitioning to Zoom so this will be the last in person class.

Friends of the Kennedy Center Bingo

Monday, May 9th at 1:30 P.M.

Join the Friends of the Kennedy Center for an afternoon of Bingo! Try your luck at Bingo and a chance to win a fabulous prize! Space is limited. Registration is required. Don't miss out on all the fun! Please call 617-376-1506 to register.

Flowerpot Craft

Tuesday, May 10th at 1 P.M.

Join instructor Karen Kelley for a Flowerpot Garden Gnome craft. Cost is \$20 and includes supplies. Space is limited and registration is required. Payment is due at time of registration.

Money Management Program

Wednesday, May 11th at 10 A.M.

South Shore Elder Services will be here to share information about the Money Management Program. It is a free service for elders whose independence may be at risk due to difficulty managing their basic finances. Registration is required. Please call 617-376-1506 to register.

Men's Discussion Group

Thursday, May 12th at 10 A.M.

Men's discussion group meets the 2nd Thursday of each month at 10 a.m. The speaker for the May meeting will be historian Anthony Sammarco.

Women's Discussion Group

Thursday, May 12th at 1:30 P.M.

Women's Discussion group meets the second Thursday of each month at 1:30 p.m. Roberta Cohen will now be leading the group discussion. Guest speaker Helen Warshauer will be sharing her skydiving experience.

Trivia

Friday, May 13th at 11 A.M.

Come play trivia and test your knowledge! Have some fun with friends and a chance to win a prize! Space is limited and registration is required. Please call 617-376-1506 to register.

Guangzhou Association of Boston

Cross Cultural Performance

Friday, May 13th at 1 P.M.

Seize the opportunity to experience a one-of-a-kind, cross-cultural performance! The singing and dancing troupe from the Guangzhou Association of Boston will perform for you traditional Chinese and Western songs, Tai Chi sword demonstrations, Sway Mambo Line Dance, Qi Pao dance

and more Please call 617-376-0560 to register.

Emergency Preparedness

Monday, May 16th at 10 A.M.

Quincy Fire Department and the American Red Cross present Free Emergency Preparedness Training. Floods, hurricanes, and wildfires are becoming more frequent and can be devastating to our loved ones, homes, and communities. Build confidence by learning simple steps you can take now, to help prepare and protect your family. Space is limited and registration is required. Please call 617-376-1506 to register.

Quincy's Memory Café Hosted by

Standish Village at the Kennedy Center

Monday, May 16th at 12 Noon

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family, and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Please call 617-376-1243 to register for the café or with any questions.

Group Crossword Puzzle

Wednesday, May 18th at 11 A.M.

Come join us at the Kennedy Center to take on a giant-sized Crossword Puzzle as a team! Work together to solve crossword puzzles. Space is limited. Registration is required. Please call 617-376-1506 to register.

Nails to You Manicures

Friday, May 20th from 10 A.M. - 4 P.M.

Join us for a manicure event at the Kennedy Center. Manicures will be \$15 payable to Nails to You on the day of the event. Please call 617-376-1506 to schedule your appointment.

Resources to Remember

Friday, May 20th at 12:30 P.M.

Resources to Remember (R2R) is comprised of professionals, who provide services to seniors, their families, and their caregivers. If you're ever in need of local resources for yourself or someone you know, you are encouraged to attend this event. R2R members work closely together, provide quality services for seniors, and most importantly, are people you can count on and trust. From legal services to homecare to living options, this will be an enlightening event. A light lunch will be served. Seating will be limited. Resources to Remember is a not-for-profit group, serving the South Shore since 2010. Visit www.resourcestoremember.com to learn more. Space is limited and registration is required. Please call 617-376-1506 to register.

Dr. Comfort Diabetic Shoe Clinic

Tuesday, May 24th at 1:30 P.M.

Attention, adults with foot problems and Diabetes! Is Medicare your primary insurance? If so, you are eligible to receive a pair of diabetic shoes and inserts free to you if you are diabetic! Also, other insurances cover this as well! Please bring your Medicare card and any other supplemental insurance cards as well and the completed doctor's order (pick up from Kennedy Center). Space is limited and appointments are required. Must pick up doctor's order form at the Kennedy Center, this must be filled out by doctor prior to appointment. Any further questions please call Amy Baxter, Pro Medical East 603-944-1311.

Therapy Gardens Seasoning Workshop

Wednesday, May 25th at 10 A.M.

Looking to spice up your life? From savory to spicy, come make your own mixed seasoning packets using our fresh spices. Participants will sample and create their own custom seasoning mixes to take home. Everyone will get 2 bottles of their spice to bring home. Registration is required. Please call 617-376-1506 to register.

Alzheimer's Support Group

Wednesday, May 25th at 1 P.M.

The Alzheimer's Support group will now meet on the 4th Wednesday of the month at 1 p.m. For more information about the group, please call Marge Donaher at 617-376-1243.

Monthly Bereavement Support Group

Thursday, May 26th at 1 P.M.

All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel-Lydon Chapel Cremation Service of Massachusetts. Registration is required. Please call 617-376-1506 to register.

Breakfast Bingo

Friday, May 27th at 10 A.M.

Try your luck at Bingo and a chance to win a fabulous prize! Enjoy breakfast, meet new friends, and have fun! Space is limited. Registration is required. Don't miss out on all the fun! Sponsored by John Adams Healthcare. Space is limited. Please call 617-376-1506 to register.

Social

Rock Painting

Friday, May 27th at 1:30 P.M.

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. Please call 617-376-1506 to register.

Registration will begin on May 2nd for the following trips:

American Heritage Museum, Longfellow's Wayside Inn Thursday, May 5th

Depart from Pageant Field on your luxury coach for the new American Heritage Museum in Hudson, MA. Here you will experience the story of America's Veterans, told through a series of compelling exhibits in chronological order from the Revolutionary War to the War on Terrorism. Possessing the largest collection of armored vehicles in North America, including a German Panther tank as well as an American Sherman tank, the AHM will astound you with displays that bring to life the sacrifices, honor, and integrity that American Veterans have displayed for over 247 years. After your tour, you'll enjoy a delicious full course luncheon at the historic Wayside Inn, Sudbury, MA, featuring entrees of Roast Prime Rib or Fresh Boston baked scrod. After lunch, you will have time to find a treasure in the gift shop, view the famous Grist Mill, Redstone school house and other sights.

Bus departs Pageant Field at 8:30 a.m. and returns at approximately 5:30 p.m. Price is \$99 per person. Checks made payable to Fox Tours. Payment is due in full at time of registration. Must be a Kennedy Center member to participate in trips. Fox Tours is requiring that all travelers have a valid vaccination card in order to travel.

Boston Duck Tour

Tuesday, May 17th

Depart from Pageant Field at 9:30 a.m. and travel to Boston, the "Home of the Bean and the Cod." On arrival you will tour the Boston Common where you'll view the beautiful Public Gardens. A full course luncheon is included at The Cheesecake Factory before you board your Boston Duck. Get ready for a most enjoyable and interesting tour of Boston. Your "Conductor" will take you on a narrated tour on one of the famous Boston Ducks today.

You will return to Pageant Field at 5:30 with fond memories of your ducky day! \$109 per person. Checks made payable to Fox Tours. Payment is due at time of registration. Must be a Kennedy Center member to participate in trips. Fox Tours is requiring all travelers to have a vaccine card in order to travel. Card is to be shown prior to boarding bus.

Encore

Friday, May 27th

Travel with your friends to New England's newest and most extravagant showcase, The Encore Boston Casino. You will receive a Casino Bonus of \$20 slot play on arrival. \$30 per person includes transportation and \$20 bonus slot play. Checks made payable to Fox Tours. Bus will leave at 9:00 a.m. from Pageant Field, 1 Merrymount Parkway. Bus will return to Pageant Field at approximately 4 p.m. after a fantastic trip to Encore. Payment is due in full at time of registration. Must be a Kennedy Center member to participate in trips. Fox Tours is requiring that all travelers have a valid vaccination card in order to travel.

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FLAVOR OF THE MONTH

**CHOCOLATE
BOMB**



12 Old Colony Avenue
Quincy: 617-773-9420

24 Central Avenue
Milton: 617-696-2326

680 Truman Parkway
Hyde Park: 617-910-9175

102 Franklin Street
Quincy: 617-481-5257

479 Washington Street
Quincy: 617-786-8888

SEASONAL FLAVORS

**Pistachio and
Jungle Nut**



366 Students On Atlantic Middle School Honor Roll

Three hundred sixty-six students are listed on the second term honor roll at Atlantic Middle School.

They are:

HIGH HONORS

Grade 8: Emmet V. Allen, Thea C. Bandzak, Brooke C. Blahut, Regina Caraballo, Johanna M. Castonguay, Katelyn T. Chan, Miles Chasse, Benson Chen, Chloe Chen, Ethan Chen, Fiona Dong Yi N. Chen, Jiaqi Chen, Kathy Chen, Michelle Chen, Sharon Chen, Wing Kiu Cheung, Adynn W. Cheung, Rose M. Crean. John M. Della Barba, Jacquelyn G. Ferrara, Bertrand Guan, Christina Guan, Elizabeth R. Hames, Grace E. Healy, Elizabeth Hoang, Grace J. Hottelmann, Terry Hua, Xi Shi Huang, Fiona Y. Hui, Emily A. Infantino, Haaris A. Khan, Anna Kuang, Benjamin Q. Le, Jordan L. Lee, Athena S. Li, Grace Li, Iris J. Li, Jia Yan Li, Cyrus Lin, Jayden H. Lin, Nickie Lu.

Bai Ying Ma, Hadley R. MacDermott, Sarah Malushi, Grace O. McMenamin, Eily A. Morris, Livia A. Ng, Aaron Nguyen, Brady K. Nguyen, Nicolas K. Nguyen, Kevin Noti, Markel Noti, Margaret R. O'Brien, Huy Q. Phan, Brian Quach, Anna G. Ruggiero, Alexander Shaareman, Luniva Shrestha, Matthew N. Smith.

Giuseppe V. Talarico, Owen T. Tran, Khang Trieu, Vivian C. Walker, Yi Xin Wang, Nicole G. Wong, Melinda Wu, Stephen Yu, Jasmine Zhao, Brian Y. Zheng, Ella Y. Zheng, Jiajun Zheng, Mike Y. Zheng, Vicky Zheng, Monica Y. Zhou.

Grade 7: Joseph Ad-doum, Nicholas A. Ambrout, Anthony T. Ater, Mia Y. Blydenburgh, Mason A. Bush, Matthew B. Cerone, Honglei H. Chan, Adam Z. Chen, Eric J. Chen, Junan Chen, Maggie X. Chen, Qian Chen, Samantha Chen, Sarah S. Chen, Willson Chen, Wilson Chen, Bonnie Ching, Iris Q. Chiu, Arpon Chowdhury, Sophia Contreras Tosato, Anya M. Coulter. Emily Y. Dai, Delana

Dang, Camila N. De Jesus Suazo, Jessica Do, Nora R. Ganno, Henry J. Gates, Ava B. Geary, Anna K. Greene, Jennifer Guan, Isabella T. Harrison, Ryan H. Huang, Xi Yu Huang, Kathleen T. Joseph, Tejasvi S. Kalluri, Jaden T. Li, Jenny Li, Michelle X. Li, Zhiheng Li, Kelly Lin, Leia Liu, Liming Lu, Zhi X. Lu.

Elizabeth Grace L. MacDonald, Josephina R. Magnarelli, Jiayu Mei, Lucy E. Morkan, Saksham P. Nagmoti, Edward D. Nguyen, Vanessa Nguyen, Lucas M. Ortiz, Valentina G. Pomalaza, Xujie Qiu, Warrick T. Quon, Dua Rafiqat, Isabella K. Roach, Genesis L. Rosales Barahona, Emily Rosenthal, Leann Ruan.

Tvisha M. Sardesai, Kayley C. Tsang, Grace C. Warren, Ruihong Wu, Chaojun Xu, Elly Yang, Joey Zhang, Janet J. Zhao, Vanessa M. Zhao, Jaron Zheng, Jayden Zhong, Derek Zhu, Lillian Z. Zou, Sophia S. Zou.

Grade 6: Matilde G. Baldini, Lilah G. Barry, Elijah Thomas T. Benedicto, John A. Castonguay, Chloe O. Chan, Hongching H. Chan, Andy Chen, Jennifer Chen, Joanna Chen, Xintong Chen, Randy Cheung, Justin Chow, Julia S. DeOliveira, Oisin Faherty, Ella R. Grimes, Ivan Jiang, Jana M. Kafih, Clara J. Kennedy. Anh Quynh Le, Edison Li, Justin Lin, Kingsley S. Lin, Maggie Lin, Vincent Lin, Nina Liu, Yingqi Liu, Shannon I. McCarthy, Claire A. McGuckin, Cash L. Murphy, Ryan J. Ng, Vivian T. Ng, Ethan K. Nguyen, Kylee T. Nguyen, Audrey M. Perry, Gabriella Ramos, Alexander J. Robles.

Isabella C. Scarnici, Patrick J. Skehan, Ryan P. Skiendiel, Noble Urap-eenon, Vedant Varule, Nathan Wang, Eva Wong, Sophia Q. Xu, Marc Yen, Michelle Yi, Wilson Yu, James L. Zhao, Chenrui Zheng, Nathan Zheng, Stephanie Zheng, Elaine Y. Zou.

HONORS

Grade 8: Matthew B. Amador, Kareem M. Amer, Ana Carolina Arrue Riofrio, Jackson Baldini, Nour A. Benajma, Michael R. Cavicchi, Ryan Chen, Yifeng Xhen, Lex G. Chin, Isabella G. DiSciaccia, Alyson H. Doye, Camila I. Guevara Gonzalez, Lailah S. Higgins-Smith, Yingxuan Hou, Jason J. Huang.

Victoria Kaczmarek, Joseph G. Kilduff, Nicholas K. Lam, Kenneth Le, Cameron J. Leiman, Yuqing Li, Zexiang Li, Raymond W. Liang, Crystal Lin, Jacob D. Manion, Kylie M. McDonald, Timothy J. Myers, Justin Nguyen, Miko K. Nguyen, Jake M. O'Connell, Zhi Yuan Pan, Jolie Quynh Pham, Torin G. Pitta, Henry

Puka. Kim Ngan Ton, Jasmine N. Tran, Nguyen Anh Huy Tran, Jayden Wang, Leo Wang, Jayden Wang, Leo Wang, Jaden O. Wharton, Eumahni Y. Williams, Delaney A. Wood, Katherine Wu, Ruoyi Xu, Jennifer Yang, Rain Yao, Alex X. Zhao, Jason Zhao, Devin Zheng, Nina J. Zheng, Joshua Zou, Vicky Z. Zou.

Grade 7: Zahara M. Abdul-Shafi, Samuel J. Abrahamovich, Muhammad K. Al-Zubaidy, Jose Antonio Arrue Riofrio, Angel M. Augustin, Grace V. Bohan, Bryce A. Bonner, Bryce D. Cahill-Jones, Ronan P. Carey, Joseph M. Carroll, Kodye Cavalier, Jenny N. Charleron, Anthony Chen, Daniel D. Chen, Emily Chen, Calvin Chen, Michelle Chen, Sylvia Y. Chen.

Kimara O. Collins, Sebastian N. Contreras Tosato, Jack G. Coughlin, Benny Dai, Kayla H. Dailey, Emily Do, Delilah R. Giordano, Matheus H. Goncalves Da Silva, Miles J. Gowell, Chloe E. Guia, Thomas J. Hart, Zaire Z. Hospedales, Kyle Huang, Gavin J. Hutchings, Cohen Jean, Ryan W. Johnson, Timothy J. Jonah.

Cameron A. Kingsbury, Ethan Li, Taojie Li, Benny S. Lin, Andy K. Lowe, Breven C. Lyons, Amelia G. Matts, Dylan M. McCole, Alyssa K. McDonagh, Kevin P. McMenamin, Jowens E. Merone, Elias L. Mezoud.

Matthew W. Pan, Nathaniel A. Perez, Oliver Tavares, Allen L. Viera, Damaisa N. Williams, Jakub Rival C. Wilson, Milly L. Wu, Thomas Yang, Barry Zhang, Rachel Zheng, Ling Zhuo, Xin Yu Zhou.

Grade 6: Mason C. Ayer, Jiale Chen, Junheng Chen, Raymond Chen, Shirley Chen, Yulina Chow, James J. Conroy, Kenneth A. De Leon, Xiran Deng, John M. Franceschini, Amara J. Hall, Vicky X. Huang, Jack K. Irwin, Adem Iskenderoglu, Jacob A. Kelliher, Abdiqawi S. Khalif, Yuktha Sree Koppaka, Lucy Kou.

Vienna S. Mai, Jackson J. Manning-Harvey, Faye J. McGrath, Joyce Mei, Alexandra Murray, Paul E. O'Connor, Max E. Palmesano, Junyu Pan, Ruoyi Pan, Keira Saavedra, Delilah M. Sala-Sergeff, Paulo R. Soares Figueiredo, Carmen Tan, Kevin Tan, Miao Rong Tan, Lam P. Tran.

Noah B. Walt, Daniel Wu, Michelle Wu, Ryan Yang, Xiao Qing Yang, Piper G. Yanovitch, Ethan H. Yeung, Kathy Yu, Nelson Y. Zeng, Yantong Zhao, Amanda Zheng, Emily S. Zheng, Katy Zheng, Kingsley Zheng, Perry S. Zheng, Sylvia Zheng, Christy Zhou.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Corn Waffles

By MARIE

Almost everyone loves waffles; they are a great breakfast or a different side. You will find this recipe for corn waffles is a bit different than the rest.

Ingredients and Directions:

- 2 cups of flour
- 2 and 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 2 eggs separated
- 1 and 1/2 cups milk
- 1/2 cup of butter, melted

1 cup of cream style corn

Sift together the flour, baking powder and salt.

In another bowl, beat the egg yolks, add the milk, butter and the creamed corn. Add all at once to the dry ingredients, stirring just to moisten.

Beat the egg whites until stiff, but not dry, and fold egg whites into the corn batter. Bake on a hot waffle iron as directed until golden brown on both sides.

Makes 4 large waffles.

Sweet Potato White Bean 'Chowdah'

By SUZIE

Here is a delicious dairy free luscious chowdah that is simple, different, and out of this world delicious.

This will impress your family and friends. You have the protein, fiber, and a variety of antioxidants from the beans, the healthy fats from the coconut milk, Beta carotene, vitamin C, B6, potassium, fiber, and phosphorus in the potato, zinc, iron, niacin, and other important nutrients in the spinach, and the fresh herbs not only add flavor and zing but they also contain important antioxidants as well.

This chowdah is easy to digest as well! Have fun with this and add some curry powder if you like for some Indian flare. Enjoy!

SWEET POTATO

WHITE BEAN 'CHOWDAH'

3 sweet potatoes peeled and chopped

- 4 cups chicken or veggie broth
- 3 cups baby spinach or baby kale
- 1 leek, chopped
- 2 cloves minced garlic
- 2 cans white beans drained and rinsed
- 1 can full fat coconut milk
- fresh sage and fresh scallions, chopped
- olive oil or coconut oil
- sea salt and pepper

Saute' leeks in oil until sizzling. Add potatoes and garlic.

Toss in seasonings and mix well. Let flavors mingle while stirring a bit, then add the broth and beans.

Bring to boil, then simmer until potatoes are soft. About 20 or so minutes.

Next add coconut milk and chopped sage with spinach. Test for seasonings.

Cook until spinach wilts and serve with chopped scallions on the top.

Oatmeal Butterscotch Cookie

By MARIE

Today's recipe for an oatmeal-butter-scotch cookie is one that my daughter, Ann Marie, made recently. She got the recipe from a friend of hers and it is a cookie that you can make thick and crunchy - just the kind I like.

Directions and Ingredients

Pre-heat oven to 350 degrees.

Prepare a cookie sheet with parchment paper and set aside.

- 1 and 1/2 cups oatmeal
- 1/2 cup of butterscotch chips

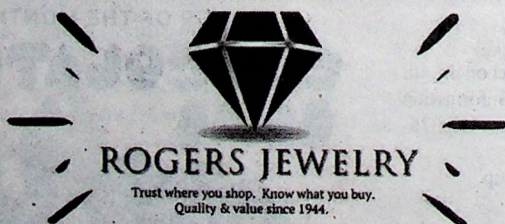
- 1 tablespoon cinnamon
- 1 teaspoon vanilla
- 2 ripe bananas
- 1/2 cup peanut butter
- 1/4 teaspoon salt

In a bowl, combine oats, peanut butter, mashed bananas, cinnamon, salt and vanilla.

Mix together and add then add butterscotch chips and blend well.

Use a table spoon for a regular-sized cookie or ice cream scoop if you want a thick cookie.

Bake for 8 to 10 minutes depending on the size you choose. Enjoy!!



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Social Security Matters

About Payroll Tax And Income Tax On Social Security

By RUSSELL GLOOR

National Social Security Advisor

at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: Is it possible for you to go over how the Federal withholding tax is computed on Social Security benefits? **Signed: Curious Taxpayer.**

Dear Curious: I'm not sure if you're asking about how FICA (or self-employment) tax on your earnings from work is determined, or if you're asking about how much income tax to have withheld from your Social Security benefit, so I'll address both:

The 7.65% FICA tax withheld from your earnings by your employer consists of two elements – 6.2% is for Social Security and 1.45% is for Medicare Part A. Your employer pays an equivalent amount on your behalf. This is a standard amount that all American workers pay, which – after enough credits are earned – enables you to collect Social Security benefits when you retire and permits you to enroll in Medicare Part A for free when you're 65. If you are self-employed, you pay a "self-employment tax" on your net earnings instead of a FICA tax, and you must pay both the employee and employer portion of the tax (15.3%). The only exception to this is that certain U.S. states have opted out of participation in the Federal Social Security program, thus exempting some state employees from paying the Social Security portion of the FICA tax (they must still pay the Medicare Part A portion). These percentages are set by Congressional legislation and will not change unless Congress enacts future legislation to do so.

Determining how much income tax to have withheld from your Social Security is something best discussed with a qualified Tax Advisor with access to all your income data. Your recommended tax withholding rate for income tax purposes depends upon your overall taxable income level and the tax rate which results from that income (considering your dependents and your tax filing status (single or married)). Having income tax withheld from your Social Security benefit is optional, but if you choose to do so you must submit IRS form W-4V to your local Social Security office. Form W-4V permits you to specify that either 7%, 10%, 12%, or 22% of your SS benefit be withheld for income tax purposes. Here's a link to IRS form W-4V: <https://www.irs.gov/pub/irs-pdf/fw4v.pdf>.

The IRS may levy income tax on a portion of your Social Security benefits depending on your combined income from all sources. Your "combined income" consists of your Adjusted Gross Income (AGI) on your tax return, plus 50% of your Social Security benefits received during the tax year, plus any other non-taxable income you may have had. Tax on your SS benefits is computed at your normal IRS tax rate and based on your tax filing status.

If you file your income tax as "single" and your combined income from all sources exceeds \$25,000, then half (50%) of your SS benefits becomes part of your overall taxable income. And if your combined income from all sources as a single filer exceeds \$34,000 then up to 85% of your SS benefits become taxable income.

If your income tax filing status is "married-filing jointly" and your combined income is over \$32,000 then 50% of your Social Security benefits received during the tax year becomes part of your taxable income. If, as a couple filing "married/jointly," your combined income exceeds \$44,000, then up to 85% of the SS benefits you received during the tax year becomes part of your overall taxable income.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

163 Students On Point Webster Middle School Honor Roll

One hundred sixty-three students are listed on the second term honor roll at Point Webster Middle School.

They are:

HIGH HONORS

Grade 8: Noah Araya, Karthik Balamuragan, Jake Basan, Connor Blatcher, Kristy Cao, Anthony Carinci, Jacob Chan, Heidi Chau, Sarah El-Dayisty, Mya Fontaine, Tyler Galecia, Avyanna Garcia Pizarro, Leia Gomes, Aryelle Jamero, Mae Ju, Srikar Kuchulankanti.

Vincent Le, Emily Lim, Peter Lothrop, Alexander Luu, Dara Mashova, Vienna Mei, Minh Nghiem, Dhani Paliwal, Dristi Patel, Toby Ramiz, Hadiya Saquib, Teddy Thai, Sariah Thiha-Wong, Marquis Wash-Lucas, Michael Wubeshet, Carolyn Yu, Johnson Yu, Tiffany Zhang.

Grade 7: Orooj Adil, Lidya Araya, Tina Au-Duong, Akshat Bhardwaj, Mengting Chen, Pallavi Cherukuri, Pavan Cherukuri, Kayla Chow, Trung Do, Lilianna Fonseca, Danielys Guzman Reyes, John Huynh, Annika Kogler, Jigwen Kuang, Athena Ky-missis, Yubin Liu, Gabriela Lopez, Nathan Mei, Cullen McSweeney, Aidan McWalter, Jingying Mei.

Arwen Merino Suarez, Wasif Sultan Mohammed, Elias Monroy-Ochoa, Melissa Morales, Emma Nguyen, Karen Ortiz-Vasquez, Rachel Ou, Kush Patel, Hailey Powers, Pranav Pragaswar, Amarah Sarwar, Amanda Silva-Costa, Kaylee Tang, Collin Tran, Justin Tsao, Ainsley Rufina Vigil Kaspar Dev, Alex Yu, Amanda Zhang, Brenda Zhang, Katrina Zheng.

Grade 6: Odin Boyd,

Finn Callaghan, Caley Chen, Santiago Delgado Ramirez, Baiwei Deng, Winta Fessahaie, Manar Gharbi, Brian Huynh, Vianna Huynh, Matteo Kacaj, Mia Leung, Karston Luo, Bonnie Meng, Amira Mohamed, Saesha Nijhawan, Eliana O'Connell, Elizondo Pichardo, Dafny Rodrigues Campos, Anany Kumar Somala, Shlok Tanna, Vanessa Tran, Kylee Walsh, Zuyuan Zhuo.

HONORS

Grade 8: Luis DeSouza Lauriano, Larissa DeFreitas, Gavin Doyle, Quadir Essex, Hira Fatima, Tais Fernandes Valentin, Filmon Fessahaie, Caydan Giamo Chaplin, Lucas Gomes, Bryan Gustafson, Christopher Habchy, Jacky He Lam, Amine Laichi, Rayana Mootoo, Harry Pham, Tedsen Pierre, Deila Mara Pires, Emily Ruan, Gabrielly Santos

Souza, Brian Tam, Sianna Tucker.

Grade 7: Kaiky Alves Firmino, Minh Bui, Ethan Coates, Aideen Cordero, Gabrielly Dos Santos, Jayla Douangmala, Dimi-tri Dufault, Susi Francisco Ribeiro, Arelanis Garcia, Nikola Hysenaj, Srutha Keerthi Komma, Rebecca Lafferty, Kelvin Mei, Halima Mohamed, Antonio Monteiro.

Yanleianis Ortiz Romero, Colin Parrell, Melvin Perez Lux, Farudji Pierre, Chanya Pogue, Eliezer Ramos III, Dharsath Rasu Senthilkumar, Arianna Schneider, Dallas Stone, Monica Tacuri Clavijo, Alexaidy Tejada Gonzalez, Fairley Volcy, Aaliyah Williams, Rachel Xie.

Grade 6: Khalil Abdalla, Oliver Bridges, Kellyanne Cabral, Swapnil Das, Patrick Donovan, Lilyana Ebbs, Humshini Elayaraja, Amanda Gonzalez, Miguel Jimenez Soto, Amna Khan, Kaloyan Mashov, Giandra Melanson, Catherine Mo-hanraj, Meredith Murphy, Cindy Nguyen, Victor Rocha.

Road To Responsibility Event Sept. 15

Road to Responsibility, one of the region's largest and most successful non-profit organizations supporting individuals with intellectual and developmental disabilities, will host its 34th Annual "Better Together" Gala on Thursday, Sept. 15th starting at 6 p.m. at Granite Links Golf Club in Quincy.

This year's annual mission driven event will feature live music from the Evan Goodrow Band, a champagne wall sponsored by Hingham Jewelers, a Plinko-inspired game, a mobile bidding auction, and dinner, which will wrap with a dessert buffet, coffee and dancing. A special program highlighting and celebrating the progress and change Road to Responsibility has made for individuals in the local community will also be featured.

This gala theme – "Better Together" – is a spin on previous years' theme of "Making Lives Better," combined with an acknowledgement of being back in person together for the first time in three years.

RTR is partnering with many local vendors and businesses as a way to make this year's gala extra special and to recognize regional commerce for their support over the decades.

"We're excited to be holding this year's gala live and in-person," said Christopher T. White, Ed.D., president and CEO of Road to Responsibility. "Please join us on September 15th when we will share and celebrate the accomplishments RTR has made this past year and raise funds to advance our mission to provide the

means, the opportunity, and the support necessary to allow individuals with disabilities to take their place as productive members of the community."

Sponsorship opportu-

nities are now available; tickets to the Gala go on sale May 5th. Contact Erin Cohen at ECohen@rtrinc.org for more information or visit roadtoresponsibility.org/34thannualgala/.



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- ✓ Retaining Walls, pier/dock designs and permitting.

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Real Estate

Quincy Real Estate Transactions April 19 - April 22

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Jennie W. Tillyer Trust
Yecheng Yang
Matthew E. & Margaret Olem & Margaret Silverberg
Anthony J. & Karen Capano, Scott V. & Merry T. McDonald
Yang X. & Lan F. Chen
Harry R. & Carol A. Hodges
Oak Grove Terrace LLC
Harvard Auctioneers Company
TWW LLC
Eric Toussaint & Rejean Dumouchel
John P. & Mary A. Murphy
Merrill J. & Annette O. Francis
Stephen M. & Susan C. Downing
Jin P. Wang

BUYER

Zhuo Z. Lei
Eric A. Hsiao & Amanda M. Chu
Bilal & Kristiana Elezi
13-15 Broadway Realty Trust
Bin Lin & Fen Xie
Yenchu Chen & I-Shih Huang
Alexei M. Bygrave & Ayesha Sengupta
26+6+1 LLC
Chihpin Wu
Minh Bui
Azam M. Farh & April Bargout
Twelve OC LLC
James W. Downing & Genevieve O'Brien
Lingfei Wang

AMOUNT

\$590,000.00
\$925,000.00
\$610,000.00
\$765,000.00
\$665,000.00
\$940,000.00
\$815,000.00
\$240,000.00
\$1,200,000.00
\$625,000.00
\$850,000.00
\$1,350,000.00
\$385,000.00
\$390,000.00

ADDRESS

114 Elliot Avenue
135 Summer Street Unit 6
52 Packards Lane Unit 5
13-15 Broadway
78 Safford Street
313-317 Copeland Street
11 Oak Grove Terrace Unit 403
100 West Squantum Street Unit 205
18-20 Appleton Street
118 Holmes Street Unit 103
56 Exeter Street
12 Old Colony Avenue
77 Adams Street Unit 1001
328 Billings Road

O'Donnell: Residential, Commercial Sales, Prices Up In First Quarter

Norfolk County Register of Deeds William P. O'Donnell reports that first quarter (January-March 2022) real estate stats showed an uptick in residential and commercial sales and sale prices, while overall numbers indicate a downturn.

"During the recently concluded first quarter of the 2022 calendar year, the average Norfolk County real estate sales price, both residential and commercial, increased 38 percent to \$1,261,018.1. Total real estate volume, again both residential and commercial, was \$2.56 billion, a 53 percent increase year over the same period in 2021."

O'Donnell further stated: "The lack of inventory and new construction have continued to push prices up. It remains to be seen if this trend continues as overall activity is starting to slow."

For the first quarter of 2022, the number of land documents recorded, (such as deeds, mortgages, home-steads, mortgage discharges, etc.) was 34,315, a 33 percent decline from the

first quarter of 2021.

"This figure tells us there is still a healthy real estate market, however we are not seeing the volume we saw in 2020 and 2021," O'Donnell said.

There were 6,664 mortgages recorded at the Registry during the first quarter of the calendar year 2022 compared to 14,001 for the same time period in 2021, a 52 percent decrease. However, total mortgage borrowing was \$7.5 billion for January through March compared to \$5.7 billion during the same period in 2021.

"With the increase in interest rates, consumers seem to be less inclined to borrow," O'Donnell said. "The discrepancy between the decrease in the number of mortgages and the increase in the amount of mortgage indebtedness is due in part to some substantial mortgage loans on a few commercial properties."

Norfolk County homeowners continued to benefit from the Homestead Act. A total of 2,378 declarations of homestead were recorded during the first half of the calendar year, a 12 percent decrease over the same period a year ago.

"The Homestead law provides limited protection against the forced sale of an individual's primary resi-

dence to satisfy unsecured debt up to \$500,000. I urge Norfolk County residents to consider this important consumer protection tool," O'Donnell said.

A sharp increase in foreclosure activity in Norfolk County is a cause for concern. A total of 20 foreclosure deeds were recorded in the first quarter versus only 6 filed during the first quarter of 2021. In addition, there was a significant 81 percent increase in the number of Notice to Foreclose Mortgage recordings, the first step in the foreclosure process.

From low inventory to higher prices and climbing interest rates, the housing market nationwide continues to present challenges for individuals and families as they home hunt.

"With so many market factors beyond buyers' control, it's vital to keep emotions in check and focus on those things you can control while looking for a house," said Jessica Ferastoaru, a housing specialist with Take Charge America, a nonprofit credit and housing counseling agency. "With some patience, diligence and flexibility, you should be able to

"While the eastern Massachusetts economy remains on a solid footing,"

O'Donnell said, "there are still those in Norfolk County experiencing economic hardship, in many cases through no fault of their own. The Registry continues to work with Quincy Community Action Programs, (617-479-8181 x376), and NeighborWorks Housing Solutions, (508-587-0950) to help homeowners who have received a Notice to Foreclose Mortgage document. A third option is to contact the Massachusetts Attorney General's Con-

sumer Advocacy and Response Division (CARD) at 617-727-8400."

O'Donnell concluded:

"The economy, particularly the job market in eastern Massachusetts, appears to be improving but inflation, rising interest rates and the lack of inventory may result in a slower real estate market going forward."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Hunting For A Home? Consider These Financial Factors During Your Search

find a home you love without sabotaging your financial security."

Ferastoaru shares six factors to consider when shopping for a home this year:

• **Consider adjusting your budget.** With continued high prices, you may want to reevaluate your budget. This includes not only the price of a house, but other costs like closing fees, association dues, insurance, taxes, maintenance and utilities. Be as specific and realistic as you can without stretching yourself beyond

your means.

• **Consider down payment assistance.** If you can pay a standard 20% down payment, great! If not, don't fret. Explore down payment assistance programs in your city, county or state with your lender or a nonprofit housing counselor. These programs help homebuyers with loans or grants to reduce the amount they need for a down payment.

• **Consider changing neighborhoods.** If you can't find anything in your preferred neighborhood,

think about expanding your search to surrounding areas. You may find the right home you wouldn't otherwise have seen.

• **Consider locking in your interest rate.** Interest rates are climbing and expected to rise higher. Depending on your timeline, talk with your mortgage lender about rate lock options and determine whether it makes sense to lock it in as you house hunt.

• **Consider a new build.** Rather than compete for existing homes, explore a newly constructed home. New builds provide newer floorplans, additional warranties and modern construction existing homes don't. Maintenance costs also likely will be lower. Granted, you may have to wait months for construction.

• **Consider waiting.** Depending on your situation, it may be a good option to wait. Although there's no way to predict the future, waiting may allow you more time to save additional funds to purchase down the road.



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COVID Cancels Monday's City Council Meeting

By SCOTT JACKSON

Monday's meeting of the Quincy City Council was cancelled because of COVID-19.

City Clerk Nicole Crispo said the meeting was called off because one councillor had tested positive for COVID-19 and several others had been exposed.

The council's finance committee, which consists of all nine councillors, had been scheduled to meet in-person Monday evening to discuss Mayor Thomas Koch's proposed \$16.4 million expansion of Pine Hill

Cemetery in West Quincy. The finance committee initially met to review that proposal on April 4, the first in-person council meeting in two years.

A regular meeting was set to follow the finance committee meeting, during which Koch planned to introduce a \$53 million district-improvement-financing bond order for improvements in Quincy Center as well as taking orders for three properties. Those properties include 1455 and 1459 Hancock St., where the city would construct a

new green space next to a proposed seven-story building at 1445 Hancock St., and 1620 Hancock St., a former pizzeria that has sat vacant since a fire in the 1990s.

The City Council is slated to meet again next Monday, May 2. In an interview earlier this spring, Koch said he planned to submit his proposed budget for fiscal year 2023, which begins July 1, during that meeting.

Crispo on Monday said it was uncertain when the next finance committee meeting to discuss the Pine Hill proposal would be held.

Concerts At The Crane: Broadway Vocalist Jean Danton, Accompanied By Luke Molloy

The Thomas Crane Public Library invites the public to a free concert Sunday, May 1 from 3 to 4 p.m. in the beautiful, historic Richardson Building featuring soprano Jean Danton accompanied by Luke Molloy on piano. The pair will be performing a mix of popular Broadway and jazz tunes.

Danton has appeared throughout the United States and abroad on the oratorio, opera, musical theatre and concert stage. She has performed under renowned conductors Christopher Hogwood, Helmuth Rilling, Martin Pearlman, Bruce Hangen, John Finney, Martin Josman, David Briskin, Tom Hall, and Keith Lockhart.

Danton made her Carnegie Hall debut with the Masterwork Chorus, and her Lincoln Center debut at Avery Fisher Hall with the National Chorale, in both instances performing Handel's Messiah. Her numerous concert performances include the Handel and Haydn Society, Boston Baroque, Carmel Bach Festival, Oregon Bach Festival, Baltimore Choral Arts Society, Nashua Symphony Or-



JEAN DANTON

chestra, Colorado's Breckenridge Music Festival, North Carolina Symphony, Bach Aria Festival, Associazione Culturale in concerts throughout Italy, and The American Church in Paris, France.

Danton has several solo albums on Albany Records,

Newport Classic, CDBaby, iTunes, and with New England Light Opera. Her latest album releases include A Very Merry Christmas and Thankful. Danton's television credits include vocals for documentaries on PBS, Lifetime, and Oregon Public Broadcasting. For more on Ms. Danton's recordings and upcoming engagements, visit her website and her facebook.

The event is sponsored by the Friends of the Thomas Crane Public Library. It will be livestreamed to the Crane Library's YouTube channel. Doors will open 15 minutes before the start of the program. Find more online at the library's Events Calendar.

AAA: Best Time To Book Flights, Top Destinations, Where To Stay This Memorial Day

With the official start to summer just six weeks away, AAA wants travelers to know if they're planning a Memorial Day getaway, start now if you haven't already. AAA Travel booking data shows that reservations

for flights, rental cars, cruises and hotels for Memorial Day nationally are up 122% over last year.

"We saw a notable increase in our travel bookings in early spring, which is a strong indication of

what to expect for summer," said Paula Twidale, senior vice president, AAA Travel. "Despite inflation and higher gas prices, people want to travel and we believe they will find ways to do so without breaking their budget."

Airfares - Best (and Worst) Time to Book for Memorial Day

Recent AAA booking data shows the best time

Cont'd On Page 24

Flag Raising Event June 1 Kicks Off 'Pride Month'

The United First Parish Church (Unitarian/Universalist) in collaboration with Quincy Pride will kick-off Pride month with a Flag Raising ceremony.

The flag raising will be held outdoors in front of the "Church of the Presidents" at 1306 Hancock St. across from the James R. McIntyre Government Center (old City Hall) on Wednesday, June 1, from 6:30 - 7:30 p.m.

In keeping with Quincy's rich history as a beacon for democratic principles and as a home for some of the most passionate and vocal champions of human rights, the Progress Pride flag-raising is a new first for the city as it celebrates the start of Pride Month 2022.

The event will include special presentations by Rev. Rebecca Froom, local representatives, including members of the City of Quincy LGBTQIA+ Commission along with a performance from the Quincy Choral Society.

In 2018, a group of residents formed an alliance and created Quincy Pride. Now in its fifth year, Quincy Pride will host its annual Q Pride Day Festival on June 5, from noon to 6 p.m. at Pageant Field.

All events are free and open to the public. Contact us at United First Parish at www.ufpc.org or Quincy Pride at www.facebook.com/QPrideDay or www.quincypride.com.

QHS Women's Athletic Hall Of Fame Induction Ceremony May 6

The Quincy High School Women's Athletic Hall of Fame will hold its induction ceremony for the Class of 2020 inductees Friday, May 6 at 7 p.m. at the Neighborhood Club of Quincy.

The 2020 ceremony had been postponed due to the pandemic.

For more information on purchasing tickets (\$60 per person), contact Christine Barrett at christinebarrett@quincy-publicschools.com.

Class of 2020 inductees:

1920: Mildred Wiley; 1974: Joanne Kussman; 1976: Terry Greenleaf and Patricia Kussman; 1977: Carole Lynch, Maryann McCarthy and Peggy Thorley; 1981: Linda Brennan, Donna Marcin, Ann McCarron and Maureen Walsh; 1982: Mary Kamb; 1983: Theresa Munroe; 1984: Susan Beven and Kristine Picarski; 1985: Beth Veneto; and coaches Mary Pratt and Peter Swanson.

Quincy Point Church

There will be in-person and "live Streamed" worship Sunday at 10 a.m. at Quincy Point Congregational Church, 444 Washington St.

The Live Stream can be viewed on the church Facebook and YouTube pages and at www.quincypoint-cong.org.

The service will also be followed by the 184th Annual Meeting of the church

in the downstairs Social Hall. Pizza and salad will be served.

The "Wings of Hope" award recipient will be announced and the plaque to remember the past winners of the "Churchmanship Award" will be revealed.

There is an elevator on the Abbey Road side of the building, complete with accessible parking.



Friends of Wollaston Beach

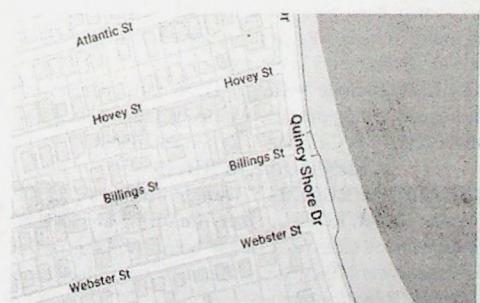
For immediate release - Maureen Mazrimas - 617-328-1121

CLEANUPS ON WOLLASTON BEACH - 2022

The jonquils and forsythia are all in bloom - and that signals that Spring is Here! "Spring Cleaning" for Friends of Wollaston Beach (FWB) means beach cleanups. As a popular bumper sticker says, *Clean Water Is Everyone's Business* and clean water begins with clean beaches. Please join us for:

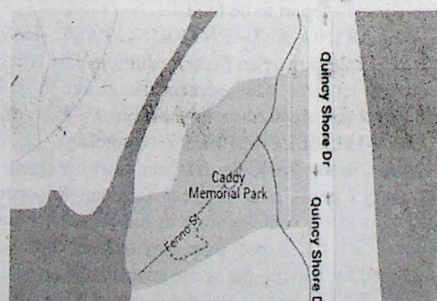
PARK SERVE DAY CLEANUP - APRIL 30, 2022 - 10:00 am - noon

Please meet at the north end of Wollaston Beach (Quincy Shore Drive) at the parking lot between Billings and Webster Streets - Please see Maureen Mazrimas



CLEANER - GREENER QUINCY - MAY 7, 2022 - 10:00 am - noon

Please meet at Caddy Park on the south end of Wollaston Beach Please see Bob Verney and Tom O'Brien



For information on other upcoming events - please see friendsofwollastonbeach.net, follow us on Facebook, tune into QATV, or look for articles in the Quincy Sun! To contact Maureen Mazrimas, email friendsofwollastonbeach@gmail.com

QUINCY POLICE CRIME AWARENESS JOURNAL

THURSDAY, APRIL 7

LARCENY/MOTOR VEHICLE (overdue rental), 4:22 p.m., Beards Exxon, 447 Southern Artery. See caller in QPD lobby. Late return on a Uhaul. Officer Miliken recovered vehicle at the Sonesta Suites Hotel in Braintree, 235 Wood Rd. No damage. Officer spoke to renter of vehicle and took keys. Beards contacted and towed vehicle for Uhaul. Party's belongings are still in vehicle. Will make arrangements to pick up belongings. Vehicle was an overdue rental. Paperwork with start form.

FRIDAY, APRIL 8

LARCENY (clothing), 8:35 a.m., Bicknell Street. Friend staying over last night took his clothes. Not sure what else is missing. Male visitor left. Report filed.

LARCENY (cellphone), 12:48 p.m., Willard Street. Happened last night. Someone used his cash app for over \$900. Report to be filed.

LARCENY (catalytic converter), 1:10 p.m., Washington Street. Stolen from car on premises. Has video - Acura. Report filed.

VANDALISM/PROPERTY (camera destroyed), 2:44 p.m., Southern Artery. Meet at the leasing office. Report to be filed.

VANDALISM/PROPERTY (window), 6:23 p.m., Edwards Street. Caller states a rock was thrown through front window earlier today. No suspect info, case number provided.

SATURDAY, APRIL 9

LARCENY (storage unit), 12:04 p.m., Weston Avenue. Items missing. Nephew went in took expensive items and sold them. Male in the QPD lobby now. Report to be filed.

SUNDAY, APRIL 10

LARCENY/MOTOR VEHICLE (just happened), 12:50 a.m., Arlington Street. 1998 Honda Civic. Unknown direction of travel. Reporting party states that his vehicle was locked and his window was smashed in. OFC states no suspect information, and will be returning to station with a MV form.

BREAKING AND ENTERING/PAST, 9:03 a.m., Quarry Street. Report.

LARCENY (iPhone), 3:31 p.m., Newport Avenue. Will be waiting by customer service. Report to be filed. Located by loss prevention in store, Sgt. Kelly to attempt notification to return.

MONDAY, APRIL 11

VANDALISM/PROPERTY (damaged storm door), 5:11 p.m., Sewall Street. Glass was broken by a baseball that came from the baseball field at the school. Caller just wanted incident documented. Case number provided. Incident closed.

TUESDAY, APRIL 12

LARCENY (packages missing), 2:28 p.m., Seaport Drive. Has female on video to show. See party out front by main entrance. Multiple deliveries missing from mail room. Report to be filed.

VANDALISM/PROPERTY (tires slashed), 4:22 p.m., School Street. Three tires slashed. Caller reported two days ago that someone put glue inside the locks. Officer informing the motor vehicle was an unregistered vehicle used to plow the lot. No cameras in the area.

LARCENY (female yelling), 11:56 p.m., Copeland Street. Female yelling outside. Woman yelling about a larceny that occurred at Callahan's. Report submitted.

WEDNESDAY, APRIL 13

VANDALISM/PROPERTY (broke windows), 12:47 a.m., Water Street. Reporting party following a male that just broke windows on front of his house walking down Phipps Street towards Gay Street. Hispanic male, black coat and backpack. Report submitted.

BREAKING AND ENTERING/PAST (business), 11:44 a.m., Centre Street. Door was open when they arrived to work this morning. Report to be filed.

VANDALISM/PROPERTY (past), 11:47 a.m., Bridge Street. Incident happened around 2:25 a.m. Have it on camera. Front door glass was broken. Identified suspect, parties agreed to work it out between themselves.

LARCENY (cellphone), 1:53 p.m., Hancock Street. Someone took her cellphone as she was putting air in her tires. Phone located prior to arrival.

VANDALISM/PROPERTY (apartment vandalized), 3:30 p.m., Pond Street. Reporting party returned home from work to find apartment destroyed by a friend. Friend is no longer in apartment. Officer out with suspect at Quincy Center MBTA station. Complaints. Officer will seek a complaint. Party will be medically transported.

VANDALISM/PROPERTY (car keyed), 7:31 p.m., West Squantum Street. Damage on car is to back bumper. Incident closed. No suspect info case number provided.

A Job Well Done On Page 13

THURSDAY, APRIL 14

VANDALISM/PROPERTY (windows keep getting broken), 12:35 p.m., Southern Artery. Would like to report incident. Possible BB rounds. Report to be filed.

VANDALISM/PROPERTY (two males fight), Hancock Street. Gone on arrival. One party has left broken glass door. Suspect was gone on arrival. Report to be filed.

FRIDAY, APRIL 15

BREAKING AND ENTERING/ATTEMPT (dwelling), 12:14 a.m., Standish Avenue. Reporting party states that she saw a black male attempting to break into her home. Witnessed through Ring camera. Reporting party states that male was wearing gray or white hoodie. Reporting party states that male fled towards Beale Street. Reporting party states that male attempted to get in through the front door, and when he couldn't he went to the side door and that is when he noticed the camera and fled. Unknown if any weapons. Report to be submitted. Suspect black male, light colored sweatshirt/jacket and a goatee.

BREAKING AND ENTERING/ATTEMPT (dwelling), 1:03 a.m., Standish Avenue. At the back door. Reporting party was seeing the male on her Ring camera and then she could no longer see him.

LARCENY/MOTOR VEHICLE (past), 1:43 a.m., Old Colony Avenue. Reporting party states that his motorcycle was stolen sometime within the last week. ZNEN BMS 150. Reporting party states that he parked the motorcycle at the rear of the house by the bulkhead. Reporting party states that his wife noticed it was missing. Reporting party states he has not used that motorcycle in a while and it should not be moved. In QPD lobby. Theft report signed.

LARCENY (pavers missing), 10:42 a.m., Hancock Street. In the basement office. Happened Wednesday night. Has video surveillance. Two males on camera taking paver stones. Incident closed.

LARCENY (by check), 12:08 p.m., Heritage Drive. Male in the QPD lobby now. Money stolen from HR employee, fraud deposit \$18,000 into fraud account. Report filed.

VANDALISM/PROPERTY (house egged), 12:41 p.m., Germain Avenue. Happened this morning about 2:30 a.m. See homeowner out front. Storm door dented. No suspect, case number provided.

VANDALISM/PROPERTY (rock through window), 6:26 p.m., Main Street. Caller states she came home and found a rock had been thrown through front window.

SATURDAY, APRIL 16

BREAKING AND ENTERING/ATTEMPT (past), 9:29 p.m., Sea Street. Side door to building. Lock broken/ someone trying to get in. Reporting party will meet officer in parking lot. Report to be filed.

SUNDAY, APRIL 17

VANDALISM/PROPERTY (slashed tire), 1:06 p.m., Falls Boulevard. In the parking lot. Male got out and slashed his tire in a minivan. Darker complexion male, left in a dark gray Mini Cooper. Had argument earlier over parking spot. Male who slashed tire is not seen, possibly fled. Reporting party waiting by his GMC Terrain. Reviewed security footage. Suspect seen, report to be filed.

MONDAY, APRIL 18

BREAKING AND ENTERING/PAST (business), 10:16 a.m., Falls Boulevard. Male on camera broke into the clubhouse, damaged side door, forced office door, stole computer, TV and packages - all seen on video. Report to be filed.

LARCENY (clothes), 12:10 p.m., Washington Street. Report to be filed.

LARCENY (package), 12:18 p.m., Willard Street. Male in another unit banging on reporting party's door. Ongoing issue - report to be filed.

BREAKING AND ENTERING/PAST (looking for advice), 2:28 p.m., Sea Street. Multiple past breaking and enterings reported. Management would like to speak to an officer for security advice. No new breaks. Party advised.

VANDALISM/PROPERTY (ongoing), 2:50 p.m., Furnace Brook Parkway. Suspect throwing eggs at reporting party's house over past car accident. Reporting party states his motor vehicles were egged between 1 and 5 a.m. Believes it is the suspect from previous cad call. Would like him cited for leaving the scene now that he committed this offense. No evidence it was the operator from this incident. Party provided a case number and advised. Will check with neighbors and get back to us (police) with any evidence.

BREAKING AND ENTERING/PAST (over weekend), 9:08 p.m., Mears Avenue. Caller just got home from

vacation and states her house was broken into.

TUESDAY, APRIL 19

BREAKING AND ENTERING/ATTEMPT (dwelling), 5:02 a.m., Cleverly Court. People trying to get into apartment. Sounded like a few males. Now running toward liquor store across street. Two males. Report on attempted burglary.

LARCENY (package), 2:04 p.m., Sea Street. Report to be filed.

LARCENY (credit card), 3:12 p.m., Beale Street. See caller in police lobby. Report to be filed.

BREAKING AND ENTERING/PROGRESS (dwelling), 3:28 p.m., Billings Road. Asian male, late 40s, black North Face vest, mask, maroon sweater. Officer Farina spoke with clerk who stated that the SP male is a frequent customer. Will call back once they see him again. Report to be filed. Report submitted for breaking and entering/daytime, putting someone in fear.

LARCENY (stolen packages), 3:46 p.m., Newbury Avenue. Reporting party waiting at the QPD lobby to report stolen packages and would like to speak with an officer. Report to be filed.

VANDALISM/PROPERTY (window), 7:18 p.m., Sixth Avenue. Caller just got home and her front window is broken. No sign of break-in; she was provided with the case number. Reporting party will contact landlord.

LARCENY (extortion), 9:18 p.m., Wilson Avenue. Reporting party is in station lobby. Would like to report on-line extortion. Report submitted for extortion.

WEDNESDAY, APRIL 20

BREAKING AND ENTERING/PAST, 12:39 p.m., Quarry Street. Detective Pepdjonovic to file report.

VANDALISM/PROPERTY (slashed tire), 4:37 p.m., Hancock Street. Employee from UPS called on behalf of his driver. Caller states a man on bike slashed the tire on the truck. Truck is in front of 10 Weston Ave. Driver is with truck. Report.

VANDALISM/PROPERTY (Amazon), 5:19 p.m., Quarry Street. Amazon driver just threw a package through caller window. Case number provided. Window that was broken is outer door of apartment complex. Does not believe damage was malicious, purely accidental. Voice message left for landlord. Landlord advised over the phone by Officer Graham. Landlord considered damages minor and did not need any further services.

VANDALISM/PROPERTY (motor vehicle vandalism), 6:15 p.m., Hancock Street. Reporting party stated she left her vehicle parked at about 9 a.m. She returned from work and noticed that both passenger side doors of her vehicle were keyed. She stated she has no idea who might have done it. Reporting party advised. Incident closed.

ASSAULT AND BATTERY (in park behind school), 7:24 p.m., Moody Street Ext. Reporting party states a group of youths attacked another male party and then ran away. 785 and 784 transporting two juveniles to speak with parents. Report filed.

Total Calls For Service (April 7 - 20): 2,118

Breaking & Entering Motor Vehicle: Manet Avenue, Island Avenue, Southern Artery (2), Billings Road, Walnut Street, 100 block Hancock Street (2), Braintree Avenue (2), Russell Street, Petrel Road, Carlmark Street, Nelson Street (2)

Breaking & Entering in the Past: Quarry Street, Mears Avenue, Sea Street, Falls Boulevard, Centre Street, Quarry Street

Breaking & Entering in Progress: Billings Road
Breaking & Entering Attempt: Standish Avenue, Cleverly Court

Larceny Motor Vehicle: Old Colony Avenue, Arlington Avenue, Southern Artery

Entries in the Quincy Police Crime Awareness Journal are compiled and submitted by the Quincy Police Department. The following are included in the journal:

Assault and battery, breaking and entering/progress, breaking and entering/attempted, larceny over/under, attempted larceny, larceny motor vehicle, armed robbery, attempted rape, vandalism private property and indecent exposure

The journal is published by *The Quincy Sun* as a public service to make local residents more aware of crime activity in their neighborhood.

Readers and the public are also welcome to view the Press Journal that is published (on Tuesday) of every week on the Quincy Police website: https://www.quincyma.gov/departments/police/resources/press_journal.php#outer-88

On Wednesday, April 6, at approximately 7:22 a.m., Officer Bresnahan responded to a report of a breaking and entering to a motor vehicle that occurred overnight.

The victim reported that he realized his iPad and a hammer had been stolen from his vehicle when he entered the vehicle that morning. He checked his Ring video camera, which showed that his vehicle was broken into sometime around 3 a.m. The victim utilized his Find My iPhone app and was able to "ping" the location of his stolen iPad to a parking lot on Russell Park. The victim drove to the parking lot where he was able to recover his iPad and hammer from three individuals seated in a motor vehicle that was parked in the lot. The vehicle then fled the area.

The victim contacted the Quincy Police and provided the license plate of the vehicle. With this information, and subsequent interviews and follow up investigation, the owner of the vehicle was summonsed to Quincy District Court charging her with seven (7) counts of breaking & entering in the nighttime and conspiracy. Detectives believe that she and two unidentified persons were responsible for at least seven motor vehicle breaks that occurred in the city.

Great work!

If you are ever faced with a similar situation (a stolen iPhone or iPad pinging to a location), please do not approach the individual(s) alone. Contact us and we will assist. Safety is most important. And remember - ALWAYS lock your vehicle doors and remove valuables!

Another Job Well Done:

On Sunday, April 17, Officer Rolfsen was working the day shift assigned to West Quincy section of the city along with his canine partner, Archer. His duties included traffic enforcement, impaired operator detection, overdose reduction, and criminal interdiction.

At approximately 10:40 a.m., he was operating east-bound on Furnace Brook Parkway when he observed a blue Ford Mustang traveling towards his direction in a negligent manner. The operator was drifting the motor vehicle, almost completely sideways, around the corner which led to Copeland Street. The vehicle in front of Officer Rolfsen had to swerve to the right to avoid being struck by the Mustang.

Officer Rolfsen activated his emergency lights and sirens and conducted a motor vehicle stop of the vehicle in the area of Copeland Street and Furnace Brook Parkway. He informed the operator the reason he was being stopped and inquired upon his negligent driving behavior. The operator stated he was sorry and that he was out for a "morning drive."

City, USS Salem Awarded \$99,000 Travel, Tourism Recovery Grant

The Baker-Polito Administration, along with the Executive Office of Housing and Economic Development and the Massachusetts Office of Travel & Tourism (MOTT), recently announced \$4 million in awards to 80 tourism organizations, chambers of commerce, and municipalities as part of the Travel and Tourism Recovery (TTR) Grant Program.

The City of Quincy and the USS Salem/Shipbuilding Museum are recipients of a \$99,000 (TTR) Grant to develop a new Discover Quincy visitors guide complete with new content, images, sections, ads, maps, and increased distribution in Massachusetts and New England, as well as an updated website and digital marketing campaigns with the USS Salem.

"Grant funding like this makes it possible for Quincy to highlight to tourists, and those in our own community, all that our city has to offer," said Mayor Thomas Koch. "This funding will support tourism efforts that had been halted during the pandemic."

Funds from the TTR Grant Pilot Program are dedicated to marketing projects that support the My Local MA campaign, enhance tourism recovery, and have the potential to increase non-resident visitation. The program's goal is to strengthen the Massachusetts economy through the development and enhancement of the state's tourism industry.

"We are so thankful for all who supported the City of Quincy's application including our grant partner the USS Salem/Shipbuilding

Museum," said Dagny Ashley, director of Tourism. "We are very excited to launch our new Discover Quincy Visitors Guide, complete with everything Quincy has to offer including attractions, dining, cultural resources, visual and performing arts, shopping, and accommodations. The guide will also be available digitally on the Discover Quincy website and displayed at the City of Quincy Welcome Center."

The grant also allows for increased distribution to locations in Massachusetts and New England promoting Spring and Summer travel to visitors. In addition, the TTR Grant will fund the City's partner in this grant, the USS Salem's marketing campaign including digital, print and an updated website.

don.

HONORS

Grade 5: Mackenzie Florindo, Ronan O'Connor, Amy Tewodros.

Grade 8: Sean Keil, Cady Kurdari, Lukas Tewodros.

Sixteen students from Quincy are listed on the second term honor roll at the Saint Agatha School in Milton.

HIGH HONORS

Grade 5: Libby Grattan,

Aubrielle Kelly,

Grade 6: Kaelynn Clifford, Colleen Keil, Jacob Lai, Wyatt Rogers, Madelyn Sahady.

Grade 7: Jacob Gratch, Jack Leuchte, Paulina Ly-

A Job Well Done

By **QUINCY POLICE SGT. KARYN BARKAS**
Public Information Officer
Quincy Police Department

As Officer Rolfsen requested the operator's license and registration, he could observe, in plain view, four loose orange pills in the driver's side door. The operator then stated his license was suspended. Officer Rolfsen asked the operator to exit the vehicle and requested a second unit to his location. Officer Sansevero arrived moments later. The operator was then placed into handcuffs; Officer Rolfsen then confirmed that the operator's license status using his mobile data terminal. He advised the operator that he was under arrest. It was also determined that the operator had an active warrant out of Quincy District Court for violating an abuse prevention order.

As Officer Sansevero stood with driver, Officer Rolfsen re-approached the motor vehicle to identify the orange pills located in plain view. He immediately recognized the loose "E/404" orange pills as Amphetamine (commonly known as Adderall). He asked the operator if he possessed a valid prescription for these pills. The operator stated he did not have the prescription on him.

A further search of the motor vehicle yielded a large quantity of Suboxone strips, Alprazolam (commonly known as Xanax), and several non-marked orange pills in a black backpack located behind the driver's seat. The operator also had properly prescribed prescription medication in his possession.

Based on the totality of circumstances, and his training and experience, Officer Rolfsen concluded that the operator possessed the Xanax pills (94) and the Suboxone strips (165) with the intent to distribute them to others as the drugs were packaged in a manner intended for distribution. Additionally, he concluded that the amount of drugs seized exceeded the amount consistent with personal use.

A total of \$394 was located in the possession of the driver, as well as three cellular phones. The cash and cell phones were seized pending civil forfeiture, as Officer Rolfsen believed the cash was proceeds from illegal narcotic sales and the cell phones were used to facilitate those transactions. All non-drug evidence was packaged and placed into evidence. All drug evidence was packaged and will be sent to the MA

State Police Crime Lab for further analysis.

The operator, a 36-year-old man from Braintree, was transported to the Quincy Police Department by Officer Sansevero to be booked in the usual manner. He was charged with negligent operation of a motor vehicle, operating a motor vehicle with a suspended license (subsequent), possession with intent to distribute Class B (Suboxone), possession with intent to distribute Class C (Xanax), and possession with intent to distribute Class B (Adderall). An operating after suspension form was filed and faxed to the Registry of Motor Vehicles.

Great job!

Research shows that many people who become addicted to heroin or other opioids began their drug use by taking drugs from family members or abusing painkillers they were prescribed. The Quincy Police Department urges residents to dispose of all prescription drugs as soon as the medication is no longer needed. For your convenience, the Department maintains a drug disposal receptacle in the lobby of the Quincy Police Station located at 1 Sea St.. You can bring your unused medications twenty four hours a day, seven days a week. You don't need an appointment and no one will ask you any questions!

There is also a National Drug Take Back Day being held on Saturday, April 30, from 10 a.m. to 2 p.m. Officers will be in the parking lot of the Quincy Police Station to collect your expired and unused prescription medication. No need to even leave your car!

ACCEPTED: Prescriptions, over-the-counter medications, vitamins, samples, medication for pets, ointments, lotions, liquid medications in glass or leak-proof containers.

NOT ACCEPTED: Needles (sharps), thermometers, bloody or infectious waste, medications from businesses or clinics, hydrogen peroxide, aerosol cans, and inhalers.

Used needles and other sharps are dangerous if not disposed of safely because they can injure people and spread infections that cause serious health conditions. Manet Community Health Center offers a syringe disposal kiosk for safe disposal at their North Quincy site at 110 West Squantum St. The kiosk is located in the main entrance vestibule.

Used sharps can be brought to the kiosk in a secured sharps container (coffee cans, small laundry detergent containers can be used) during the following hours: Monday, Wednesday, Thursday from 8:30 a.m. - 9 p.m.; Tuesday, Friday from 8:30 a.m. - 5 p.m.; and Saturday from 9 a.m. - 1 p.m.

Play Area Improvement Project At Point Webster Middle School

Speaker of the Massachusetts House of Representatives Ron Mariano and Quincy Mayor Tom Koch on April 21st announced plans to redesign the play area at the Point Webster Middle School.

The project is funded through the state's Fiscal Year 2022 budget which included \$500,000 for playground and landscape improvements at the school. The project is preliminarily scheduled to be ready for the start of the school year in the fall.

This project will replace the current asphalt play area with a fenced 150-foot by 95-foot synthetic turf for school and neighborhood kids to enjoy. The new play area will be accessible through the school gym's exit, the school building's exit, and a new walkway which will connect it to Lancaster Street.

Entry to the field will meet MAAB/ADA accessibility requirements.

The school's parking lot will also be repaved.

"As Speaker, ensuring that schools across the Commonwealth are equipped with the necessary resources and facilities for students to not only thrive in school, but to enjoy it as

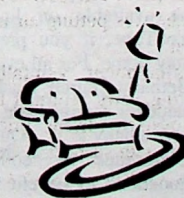
well, is one of my top priorities," said House Speaker Mariano. "As both an alum and former teacher at Point Webster Middle School, I am particularly proud of the funds provided by the FY22 Budget for this new turf field, and I look forward to seeing the joy that it brings to the students here in Quincy."

"These improvements will provide the kind of dedicated and safe outdoor play space that is so important to the growth and enjoyment of our young people," Mayor Koch said. "I'm thrilled our students at Point Webster and kids throughout the neighborhood will have this great resource, and I am incredibly grateful to Speaker Mariano for a lifetime of

commitment to the Quincy Public Schools that in ways large and small has done so much over the years to make it among the very best public school systems in the Commonwealth."

"The Quincy Public Schools and in particular the Point Webster Middle School community are very grateful to Speaker Mariano and Mayor Koch for their generous support of this very important and much needed improvement to the grounds of Point Webster," said Quincy School Superintendent Kevin Mulvey. "This project will give our students and families an exceptional recreation space that will bring many years of enjoyment to them and the entire community."

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THE STRENGTH OF A STORY

Earn the Eyes and Ears of Any Audience

CARMEN MARIANO Ed.D.

ALPHA DELTA KAPPA Xi Chapter is sponsoring a presentation by former Quincy Public Schools Assistant Superintendent Carmen Mariano Ed.D., on his 2021 published book - 'The Strength Of A Story - Earn the Eyes and Ears of Any Audience.' The presentation will be held at Quincy High School on Monday, May 2 at 4 p.m. All are invited to attend.

Quincy Public Schools Enrollment Tops 9,900

Cont'd From Page 1

ued to climb throughout the school year - 29 new students were registered between March 23 and April 13.

"I've noticed over the course of the pandemic, every time you're reporting it, or at least this year, the numbers just keep going up and up and up," said committee member Douglas Gutro. "It's been interesting."

Mulvey said the increase appears to be leveling off and he does not anticipate surpassing the 10,000-student threshold.

"It looks like it's evening out right now, believe it or not, based on what we're taking a look at. I don't think we'll break 10,000, but you never know," he said.

Mayor Thomas Koch asked if such an increase during the course of the school year is normal, and whether other districts have seen similar increases. Owens said the increase appears to be unique to Quincy.

"Other districts are reporting drops in enrollment and eliminating positions," she said. "I know recently Braintree announced they're going to be cutting some elementary positions because they're down by a couple hundred students."

"We are seeing students

come from outside the United States," Owens added. "People were not allowed to do that for the last two years, so we're probably seeing some delayed immigration as part of it. But people are definitely moving within Massachusetts as well."

Students have also left the district throughout the year, Owens said. A hundred new students have enrolled at Quincy High School this year, for example, but the school's overall enrollment is nearly the same as it was in October.

Committee member Paul Bregoli called the increase in students over the year "a significant jump" and asked if additional staff would be needed. Mulvey said more staff may be needed at North Quincy High School in the fall, whether they are new hires or transfers from Quincy High School.

"We're doing all that analysis now in preparation for our budget presentation, but we do anticipate asking for additional staff at North to get those class sizes down," the superintendent said.

Enrollment in the Quincy Public Schools peaked at nearly 19,000 in the 1970s and has declined since then, Koch said.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy, will have a Communion Service this Sunday.

Music will be provided by Paul Frazer, and Rev. Patrick McCorkle will preach his sermon. There will be no church school classes that day. Coffee Hour will be held after services, with coffee, light refreshments and good conversation.

The Sunday Service will

be available on line via YouTube, if you prefer to stay home. For all events at Bethany Church, masks and sanitizer are available.

Bethany's Outreach Committee is collecting donations to benefit World Central Kitchen, a charitable organization serving hot nourishing meals during natural disasters and conflicts. WCK is currently working in Ukraine and neighbor-

proval.

The Senate bill originally included a provision calling for the installation of electric vehicle (EV) charging stations along the Massachusetts Turnpike. An amendment introduced by Keenan and adopted by the Senate would also require the installation of charging stations at eleven public transportation stations.

"The plan was to put them at five MBTA stations, five commuter rail stations and a ferry station - basically those that have surface parking or garage parking," Keenan said in an interview.

"The thought behind it was the bill came out of committee and to the Senate floor with charging stations for the Mass Pike, so the thought was, 'well, we're trying to encourage people to switch to EVs or get off the roads, and we know there will be a period of time where people will be deciding which way they want to go, so if we can incentivize them to not get on the road or drive to the local commuter rail stop or MBTA station rather than get on the highway, expressway, Mass Pike, that last mile by electric will be really impactful and it will incentivize people to ride on public transportation.'"

If that provision is ultimately included in the legislation enacted by the governor, the eleven new charging stations would have to be installed by July 1, 2023. Keenan said it would be up to the state Department of Transportation and the MBTA to determine where those stations are installed, which type of charging station is installed, and whether they are free to use or if there is a charge for using them.

When asked if he would prefer that the EV charging stations be free to use or not, Keenan expressed concern that someone might drive to a public transit station just to charge their vehicle or leave it there overnight - though in both cases that means that person made a switch to electric.

"One concern I have is that people will just pull in and charge their vehicles and maybe not use public transportation, but I guess that's better than people

ing countries. Checks will be collected during services until May 15th, or you can mail a check to the Church office, address below, with a notation that the donations is for WCK.

On Saturday, May 14th the annual Spring Craft and Yard Sale will take place from 9 a.m. until 3 p.m. with extreme markdowns on Yard Sale items at 2 p.m. until closing. Tables will be

Senate Passes Climate Bill

using gas-fueled vehicles. They may pull in overnight and charge their vehicles; same thing, that's better as long as they don't leave them there all night long," he said.

"So, details as to hours of operation to prevent people parking overnight and using them, cost, all those things will be ironed out. But the idea was to get them in transportation hubs to encourage people to use them and get on public transportation."

"There are some vehicles out there that are hybrid-electric, which means you can charge them or use gas. For those, this would make all the sense in the world. Some of them have a range of 12 to 24 miles on a basic charge, so if you could get people to commute to their commuter rail station, to a ferry or a train station, they may never have to use gas. They could do it by charging at the T stations or charging overnight and going to the T stations, and if they need a quick charge after they can do that."

The Senate bill seeks to increase the number of electric vehicles on the road by enhancing rebates available to Massachusetts residents buying new and used EVs. To help protect taxpayers, Keenan introduced, and the Senate adopted, an amendment that would prohibit buyers of used electric vehicles from getting rebates unless the prior owner had kept the vehicle for at least two years. The amendment would also provide an additional \$1500 rebate to low-income purchasers of EVs.

The third amendment Keenan introduced and the Senate adopted makes municipally owned colleges eligible for grants through the state's Green Jobs Initiative. The grant program provides funding to state public institutions of higher education looking to facilitate workforce development efforts to train and retain students in clean energy industries. Quincy College, the only municipally owned college in the state, would not have been eligible for the grant program without the amendment.

The fourth amendment filed by Keenan that the Senate adopted would add a

inside and outside, weather permitting.

Church website is: bethanycongregational.org. Email address is: bethanycongregational@yahoo.com. Telephone number is: 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to Broadhorizonsbethany.com or call 617-471-0022.

representative with public-health expertise to the Commonwealth's Stakeholder Working Group to Align Gas System Enhancement Plans.

Keenan said he introduced seven amendments in total. One amendment introduced but not adopted - which he will now pursue as separate legislation - would provide additional tax benefits for those taking public transportation.

"We filed an amendment for transportation tax credits so our state code would match the federal code in terms of giving commuters a credit for what they spend on commuter rail passes, MBTA passes, bus fare passes, for bicycles and what they may spend on purchasing a bike and maintaining a bike, and also it would require employers to provide a pre-tax plan for people so they can get a pre-tax credit for what they spend on transportation," Keenan said.

"There are a lot of people who can't afford electric vehicles, and so how would they benefit in this process and how can we encourage them to be part of this, and that's to encourage them to take public transportation. If we give them a tax benefit for those things, we think that's a positive."

Keenan noted it is possible roads could become more congested as more and more people purchase EVs, which is why it makes sense to encourage public transportation.

"There is a concern that with the electric vehicles, people will feel like they can drive more because they're not having the environmental impact, and there is a concern about what that will mean for our roads - will they be more congested?" he said.

"The switch to electric is great, it will help with clean air, but ultimately will it mean longer commutes because the roads are more crowded because people feel like they can drive cheaply and without harming the environment? That's why we focused a little bit on public transportation on our end."

More electric vehicles on the road could also mean less revenue generated by the state's gas tax. Keenan said the state may consider a tax on miles driven as a replacement to the gas tax.

"The gas tax revenue, we know, is not a long term revenue. How that will be replaced? One, we hope it will be replaced through better quality of air, and that will mean health benefits ultimately on our premiums - and these are quite a way off, but that's one of the things," he said.

"There has been some talk about a miles-driven tax. You wouldn't pay a gas tax, you would pay a tax based on how many miles you drove. That has been put up for study a few times but has not reached the stage of actually being studied here in the commonwealth, so that is something that has to be looked at as well."

Moving forward, Keenan said he anticipates the state and municipalities will begin purchasing more electric vehicles, potentially even for police departments.

"Yes, in fact there has been some pilot programs even for police vehicles," he responded when asked if the state and municipalities would purchase more EVs.

"There was some concern about whether the vehicles would be kind of robust enough to do police work and what they are finding is that they are. They have decent speed and they can idle without polluting the environment - police cars are constantly idling - and they expect them to last as long as regular police vehicles."

"So that's even starting to pick up and that was considered one of the areas where there was uncertainty about whether you'd be able to police in an electric vehicle, but now you're seeing pick-up trucks even as electric vehicles, so there really is no limit it appears. There are some concerns about disposable batteries and so forth long term, but there is a general sense that that is less of a concern for the environment than the pollution that occurs now."

The Senate bill includes a number of other provisions to help meet the state's goal of achieving net-zero emissions by 2050. For instance, it allocates \$100 million to a Clean Energy Investment Fund to support infrastructure development in the clean energy industry, updates the procurement process for wind energy, and creates a 10-municipality demonstration project allowing all-electric building construction by local option.

"It focuses on vehicles, on buildings - those are two of the bigger areas. It creates the clean energy investment trust fund, which will be available for draw. There is a focus to some degree on offshore wind. The House had more of an emphasis on offshore wind than the Senate, so those details will be worked out," Keenan said of the bill.

"There is a sense in the Senate of urgency to do this transition from combustibles to renewables. Some of the target dates that were set in the last piece of legislation and in this legislation are ambitious, but the hope is we will meet them, and it will have a pretty significant impact."

Events Planned For Hancock-Adams Common

By SCOTT JACKSON

A series of events are planned for the Hancock-Adams Common over the coming months following the Family Fun Day that took place there this past weekend.

The Board of License Commissioners on April 19 granted special-use permits and one-day beer and wine licenses to the city of Quincy for a half dozen events on the Hancock-Adams Common, the park that connects City Hall to the United First Parish Church. The board also granted the same approvals for the Quincy Food Truck Festival, which will take place on Oct. 1 on nearby Coddington Street.

The events scheduled for the Hancock-Adams Common include Country Fest

on May 15, the Beantown Swing Orchestra on June 4, a patriotic concert on July 3, a summertime event on Aug. 7, and a performance by the Quincy Symphony Orchestra and Quincy Choral Society on Sept. 3.

"The mayor wants to create sort of a monthly event — that's what he's hoping to do — for the rest of the year," Mark Carey, an aide to Mayor Thomas Koch, told the licensing board.

The Country Fest on May 15 will run from 2 to 6 p.m. Beer and wine will be sold during the event, Carey said, and patrons are encouraged to purchase food from area restaurants and bring it with them.

"In lieu of bringing in

food trucks, we want them to go to our local establishments to bring a picnic kind of a thing if they can," he said.

The Beantown Swing Orchestra will perform from 2 to 4 p.m. on June 4. Like Country Fest in May, beer and wine will be available, and patrons are encouraged to bring food from local restaurants.

The July and August events "are a little bit up in the air at this point," Carey said. The US Coast Guard Band had been scheduled to perform on July 3, but canceled, as did the band scheduled to play in August.

"We're still trying to replace those," Carey said.

The concert on Sept. 3 will run from 2 to 4 p.m.

It will include both a beer and wine garden and food trucks.

The Quincy Food Truck Festival on Oct. 1 will take place from noon to 6 p.m. on Coddington Street. Carey said five bands have been booked to perform that day.

In addition to those events the city of Quincy is organizing, the licensing board on April 19 granted special-use permits and one-day beer and wine licenses to the Wollaston Hill Neighborhood Association for its annual Saturdays in the Park concert series at Safford Park. The WHNA will also host an Octoberfest event there on Oct. 8.

The Saturdays in the Park concerts will take place from 3 to 8 p.m. each Saturday in August. WHNA President Walter Hubley said The Townshend would be providing beverage service during the events and Craig's Café would be providing food service.

More information on those events, including a list of performers, can be found online at wollastonhill.com.

In other business on April 19, the licensing board:

Granted a special-use permit to Quincycles and the Bicycle Commission for their Quincy Rides the Spine Event on May 21 starting at 8 a.m. The 9.5-

mile ride will begin at Central Middle School, travel north along Hancock Street to the Neponset Bridge, then head south via Hancock and Washington Streets to the Fore River Rotary, and return via those same roads to Central Middle School.

Granted motor II and garage/repair licenses to Axis Motor Company d/b/a Axis Motor Group for the premises at 165 Hancock St., formerly OC Motor Sales and Repairs, following a change in ownership. The shop's hours of operation will be 10:30 a.m. to 7 p.m., six days a week.

Granted a garage/repair

Cont'd On Page 17

READERS FORUM

Thanks Council For Net-Zero Squantum School Resolve

Editor, the Sun,

Kudos to the Quincy City Council for resolving that we aim for a new Squantum School that produces at least as much energy as it uses, and especially to the sponsors of the resolution: Councilors Liang, Mahoney, Adronico, Harris, Phelan, and DiBona.

So-called net-zero buildings achieve dramatic reductions in energy usage through efficiency measures like triple-paned windows, electric heat pumps, maximizing insulation, and using daylight instead of electric

lighting whenever possible; they also produce their own energy, with technologies like solar panels. In addition to saving big on energy bills and contributing to a livable global climate, net zero schools have been shown to improve students' comfort and even their academic performance.

Net-zero schools aren't pie in the sky. Already, planned schools in eight Massachusetts cities and towns, including five schools currently under construction, use net zero

design, with three more net zero schools already in use in the Commonwealth. Because Mayor Koch has promised to sign the council's resolution, we have reason to hope that Quincy, too, can begin to reap the benefits of net-zero school design—not only in the new school but, as Councilor Mahoney said at the March 21 city council meeting, in all future city buildings.

David Reich and Martha Plotkin
Phillips Street
Quincy

Abigail Statue Underscores What People Can Do To Bring About Change

I want to comment on changes and updates to the political climate in the city. My letter today is to say thank you to the residents of Quincy who brought about change with reference to the Adams statues. The women of Quincy and other concerned people brought about this change of direction. The history of Quincy will continue to be a focal point of

the city.

This is an example of what people can do to bring about change in a situation by acting together for a cause. Remember that the city belongs to the people. It does not belong to the politicians, developers or other influencers who would use Quincy to enrich themselves off the city and its citizens.

I hope this has been a vi-

tal lesson of what a city can do to bring about change in a positive way. Even if we no longer live in Quincy, we still are citizens of the city and keep its wellbeing in our hearts. I'm proud of being born and raised here, and I will continue to keep a watch on what's best for Quincy and our residents.

Charles Ross, Jr.
Still from Quincy
Lakeland, FL



FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program



PHASE 2 Still Available

The Sons of the American Legion, Squadron 294, Morriste American Legion Post in Quincy is still selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Phase 1 along the walkway to the island's main flag pole is sold out but bricks for **PHASE 2** are still available.

PHASE 2 engraved bricks will form a patio in front of the flower bed located on the Pleasant Street side of the island in Fort Square.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. A sample brick appears above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:
S.A.L. Squadron 294
81-83 Liberty St.
Quincy, MA 02169

For more information or to order, call 617-407-1841

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Events, Activities For Children At Crane Library In May

By JULIE RINES

Children's Coordinator

Thomas Crane Public Library

The following events and activities for children are scheduled at the Thomas Crane Public Library in May.

Pajama Storytime for ages 1-5 (In Person)

Join us for a monthly family pajama storytime for the whole family on the first Wednesday of each month at 6:30 p.m. This program is especially for children ages 1-5 accompanied by an adult.

This month we will meet on May 4th when we will read stories, sing songs, recite rhymes, and more all about Bugs.

Music and Movement with Miss Rubi (Outside)

Join us on Saturday, May 7th at 10:30 a.m. to sing and dance with Rubi Lichauco outdoors on the library lawn!

Rubi brings her popular preschool program to our front lawn, so put on your favorite dancing shoes and join us for this lively mix of music and movement. Please bring a stufie along with you to join the fun.

This program is especially good for children ages 0-4, but anyone who needs a dance break will have a lot of fun.

We are so happy to be seeing Miss Rubi in person again! In case of inclement weather, we will move to Zoom. The link will appear on our website if needed. Please check our calendar, Facebook or Instagram page for the latest update before setting out for the library.

Sponsored by the Friends of the Thomas Crane Public Library.

Phoenix Book Club for grades 5-8 (In Person)

We will be meeting on Tuesday, May 10th at 7 p.m. in the Main Library Children's Room.

Children in grades 5 through 8 are invited to join us to discuss a new theme or genre each month. Children choose their own books from a list of suggestions or they can suggest their own choices to Miss Amanda. Each month children will meet and share their thoughts on the book they read and the theme or genre.

This month our theme will be Oversize books. The Oversize collection is a group of books that are too tall to fit comfortably on our regular shelves so we need to put them in a special collection with extra tall shelves. Because they aren't with the rest of the fiction collection they get overlooked. Take some time this month to look through this collection for something you may never have noticed before.

Preschool Discovery @ Wollaston (In Person)

Drop by the Wollaston Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Thursday, May 12th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month we'll be exploring the ocean by sorting shells, getting a close look at sand, eating like whales, and maybe even making our own waves!

Night Owls Book Club for Grades 3 and 4 (In Person)

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Thursday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

On May 12th we'll be discussing Hamster Princess: Harriet the Invincible by Ursula Vernon.

Perfect for fans of Babymouse and Chris Colfer's Land of Stories, this laugh-out-loud new comic hybrid series will turn everything you thought you knew about princesses on its head.

Copies of the book are available to check out in the Main Library Children's room or as an e-book on Overdrive/Library.

Wonderkid Storytime (In Person)

Join us for a series of storytimes all about being your best you! In partnership with Squantum Elementary School, every month we will present a storytime focused on a theme or topic to help kids learn about themselves, other people and the world around them.

On May 14th at 10 a.m. our storytime will be about Responsibility. This family storytime is geared toward elementary school students and their families but older preschoolers may also be interested.

Dungeons and Dragons (In Person and Online)

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, May 17th for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half to play this campaign. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Registration is required for this program. Register

through our online calendar. This program is for ages 10-15.

This program will be IN PERSON in the Main Library Children's Room. Character sheets will be provided.

Can't join us in person you can also join us ONLINE just let us know how you will be attending when you register and we'll send you the link.

Preschool Discovery @ Adams Shore (In Person)

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Wednesday, May 18th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month we'll be exploring the ocean by sorting shells, getting a close look at sand, eating like whales, and maybe even making our own waves!

Graphic Novels ONLY book club for grades 3-5 (In Person)

Children in grades 3-5 are invited to join us on the third Wednesday of each month for our new Graphic Novels Only book club. Each month we will discuss a different graphic novel.

Join us on Wednesday, May 18th when we will discuss City of Dragons: The Awakening Storm by Jaimal Yogis and Vivian Truong.

Copies of the book are available to check out in the Main Library Children's room or as an e-book on Overdrive/Library.

Asian American and Pacific Islander

Voices Storytime (In Person)

Join us on Friday, May 20th at 10 a.m. to celebrate Asian American and Pacific Islander Heritage Month with a storytime full of our favorite works from AAPI authors & illustrators.

Preschool Discovery @ Main Library (In Person)

Drop by the Main Library Children's Room with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Saturday, May 28th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month we'll be exploring the ocean by sorting shells, getting a close look at sand, eating like whales, and maybe even making our own waves!

Keenan - A Regular Rider - Says MBTA Safe, Reliable

Cont'd From Page 3

When asked if the MBTA needs to make any changes in light of the incident at Broadway, Keenan said the transit agency has spent the past several years making safety and other improvements.

"They're committed to safety. They've invested a lot of money into safety and upgrades," he said, adding

that the T made \$1.9 billion in capital investments in 2021.

"That covers a whole wide range of projects, so they are really working on the T, investing a lot of money. They're doing it as quickly as they can but it's just not quick enough — those cars are old."

The MBTA is currently in the process of constructing a

new, \$400 million bus maintenance facility at the site of the former Lowe's store on Burgin Parkway in Quincy. Demolition of the shuttered home improvement store began this month.

"The MBTA bus yard over at Lowe's — I don't know if you've driven by, but Lowe's is basically gone," Keenan said. "That project is moving on pretty

quickly and that is obviously a priority of theirs because it ties into the electrification of the fleet."

Keenan said he has worked with the MBTA on designs for the new facility and wants to ensure that nearby residents will be able to pass through the site to get to the Quincy Adams station.

"We've been working with them on some of the layouts in the area. We want to make sure, for instance, that people who live in the neighborhood still have the ability to traverse across

the parking lot to get to the MBTA — that was part of the deal with Lowe's — so there will be a designated walkway," Keenan said.

"We've been working with the T to make sure that it's safe and secure and that the lighting is in place and that there are emergency call boxes along the path."

The new bus facility is slated to open in 2024 and is being designed to accommodate a fleet of 120 battery-electric buses, all indoors. Both battery-electric and diesel buses will operate out of the facility when

it first opens, and the T will purchase more battery-electric buses as the diesel models age out.

The MBTA's existing bus maintenance building at 954 Hancock St. currently houses 86 buses and, because of its size, can only accommodate the fleet's oldest buses. It is uncertain what will happen to that site once the facility on Burgin Parkway opens.

Mayor Thomas Koch has expressed an interest in the Hancock Street site, which is adjacent to Veterans Memorial Stadium.

Benefit Concert May 7 Celebrates 'Gamechangers'

On Saturday, May 7 at 7 p.m., Milton Community Concerts at First Parish of Milton, 535 Canton Ave., presents "Gamechangers: A Musical Celebration," a free benefit concert inspired by Jackie Robinson, which recognizes and celebrates past

and current-day risk-takers, groundbreakers, and boundary shifters who provide inspiration through their courage, vision, and determination.

An outstanding and diverse lineup of singers in music ranging from jazz to

opera.

Net proceeds go to support Bridge Over Troubled Waters, Inc., an agency providing life-changing services for homeless, runaway, and at-risk youth. Visit miltoncommunityconcerts.com.

Children's Chorus 'Spring Concert' May 15

South Shore Children's Chorus (SSCC) will present a "Spring Concert" on Sunday, May 15, at 2 p.m. at Milton High School Auditorium, 25 Gile Rd., Milton.

SSCC's "Spring Concert" features more than 130 student singers from across the greater South Shore region performing works by

uplifting choral pieces from the folk and choral traditions. The ensemble features student singers from grades K-12, engaged in SSCC's three age-leveled ensembles — Training Choir (grades K-2), Intermediate Choir (grades 3-6) or Advanced Choir (grades 7-12) — throughout the 2021-22

school year.

For tickets to SSCC's "Spring Concert," visit southshorechildrenschorus.org/blog-layouts/tickets.

Seats are reserved at the time of purchase online, limited to venue capacity.

Free parking is available on site.

Quincy Access Television

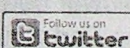
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Quincy, MA 02169



www.qatv.org

617-376-1440

617-376-1441



Public Access Channel 8

Thursday, April 28
6:00pm: Bethany Congregational Church
8:00pm: Coffee Break Chats

Friday, April 29
11:30am: LIVE: Currently in Quincy
8:00pm: NQHS vs. QHS Softball 4/25

Saturday, April 30
11:00am: Alive & Kickin'
1:00pm: QHS vs. NQHS Boys Volleyball 4/27

Sunday, May 1
11:30am: Good News
1:00pm: The Call

Monday, May 2
11:30am: LIVE: Currently in Quincy
7:00pm: Greater Boston Paranormal Society

Tuesday, May 3
7-9am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, May 4
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, April 28
4:30pm: Zoning Board of Appeals 4/26
7:30pm: State View: Senator John Keenan

Friday, April 29
7:30pm: TCPL: Events Calendar
8:00pm: QRD TV Production Workshop 2022
9:00pm: TCPL Presents: Aging Strong

Saturday/Sunday, April 30/May 1
9:30am: State View: Senator John Keenan
10:00am: TCPL: Events Calendar
11:00am: QRD TV Production Workshop 2022
12:00pm: City Council Incl. Finance Committee 4/25
4:30pm: Zoning Board of Appeals 4/26
7:00pm: City Council Incl. Finance Committee 4/25

Monday, May 2
7:30pm: LIVE: City Council

Tuesday, May 3
4:00pm: LIVE: Board of License Commissioners
7:30pm: Meet the Artist

Wednesday, May 4
6:00pm: In the Know: Norfolk County Sheriff
7:00pm: City Council 5/2

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

Sen. Keenan Working On Multiple Sclerosis, Substance-Use Bills

By SCOTT JACKSON

Sen. John Keenan said he is working to pass a number of bills he has filed on Beacon Hill that address several issues, including treatment for multiple sclerosis patients and licensure for recovery coaches.

Keenan, a Quincy Democrat, discussed his proposed legislation during a recent interview. Among the pieces of legislation he has filed is a bill that would ensure multiple sclerosis patients are able to stay on the same medication even if they switch insurance providers.

"We've got an MS, multiple sclerosis, continuity of care bill that we're working on that would allow people who found the right medication for their MS to stay on that medication even if they lost their job or go to a new insurer. If they are laid off or if their employer changes insurance companies, it would allow them to stay on that same medication," he said.

"We've heard from people that when the change of conditions has occurred,

some insurance companies force them to start the process of finding the right medication all over again. With MS, if you plateau here and you regress because of a medication change, you never pick up what you lost during that period where you regressed. You never get back to where you were, so we think that's really important."

Keenan said he has also filed a bill to establish a licensing process for recovery coaches. If they were licensed, Keenan said the services provided by recovery coaches would then be covered by insurance.

"Peer-to-peer counseling has been found very, very helpful and very, very effective. On the substance-use side, it takes the form of recovery coaches. They have been providing service to their peers, they have lived experience, meaning they've struggled with addiction and are in recovery, and they offer themselves to others in terms of providing supports and direction for people in recovery," he said.

"Presently though none of those services are covered by insurance so the idea would be to get recovery coaches licensed and then that permits the providers of those services to be reimbursed by insurance. So, if they are associated with a program like Bay State down the street, if they've got recovery coaches, Bay State can't bill for them right now. They're providing that service, but they can't bill for it. This would license recovery coaches and allow the service provider to be compensated for the services by insurance companies."

The senator has also filed legislation related to dual diagnoses related to both substance use and mental health.

"We do have a couple dual diagnosis bills. If people have mental health and substance-use issues, often times they will get mental health treatment and once that's kind of undertaken, before substance-use treatment, which is often closely related, the facility or the

Cont'd On Page 24

Events Planned For Hancock-Adams Common

Cont'd From Page 15

license to Squantum Auto Inc. d/b/a Donovan Bros., a Squantum Auto Company for the premises at 610 Hancock St., formerly Donovan Bros. Auto Service, following a change in ownership. The store's hours are 8 a.m. to 6 p.m.

Granted a gasoline/repair license to Aksdeen LLC d/b/a Vibrant Gas/Quincy

Auto Repair for the premises at 818 Hancock St., previously Mason Shell, following a change in ownership. Its hours of operation are 6 a.m. to 9 p.m.

Granted a fortune teller's license to Furnace Brook Astrology for the premises at 229 Copeland St. It will be open from 10 a.m. to 7 p.m. by appointment only.

The board also warned the manager of 99 Ranch

Market, located at 475 Hancock St., about tractor-trailers that have been parked in the parking lot near nearby residential buildings. Ward 5 Councillor Charles Phelan Jr. said delivery vehicles should be using a truck route rather than using the parking lot. The truck route was one condition the City Council imposed when it permitted a supermarket to open on site in the 1990s, he said.



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QUINCY VOTES! Logo Design Contest

Quincy Votes! is a non-partisan volunteer group working to inform and empower all community members in Quincy to engage in local issues and to substantially increase voter turnout in city elections.

High school and college students in or from Quincy are invited to design a logo for our new group. The top three designs will win cash prizes and receive a newspaper subscription donated by *The Quincy Sun*. The winning design will become our new logo!

3RD PLACE — \$50

2ND PLACE — \$100

1ST PLACE GRAND PRIZE — \$250

Contest: The community, including "Quincy Votes!" members, will vote on the designs, taking into consideration how well the entries represent our goal of encouraging civic engagement in the city of Quincy.

Entries must be original and, if chosen as our logo, must not be used for any other purposes (that is, the designer agrees to turn over the copyright to Quincy Votes!).

Specs:

300 dpi in .jpg format

6 x 6 inches in size

CYMK for settings

In addition to any color versions,
please include a black and white version
on a transparent background

DEADLINE FOR ENTRIES EXTENDED
— MAY 15

QUINCYVOTES@GMAIL.COM



FILL A SHALLOW saucer with chlorine-free water and place rocks in and around the water to attract toads to your landscape. Photo courtesy of MelindaMyers.com

Enlist Nature's Help For Managing Garden Pests

By MELINDA MYERS

Put away the harsh chemicals and work in concert with nature to manage pests in the garden. Create an inviting habitat for nature's pest controllers to enlist their help with your gardening efforts.

Lady beetles, praying mantis and other beneficial insects feed on damaging pests like aphids. Just tolerate a bit of damage and wait for the good guys to move in and clean up the problem.

Grow a few plants to attract these and other beneficial insects to your landscape. Dill and its relatives attract parasitic wasps, co-reopsis brings in the aphid-eating lacewings, and milkweed attracts lady beetles as well as monarch and other butterflies. Add some hysop to attract the pirate bugs that eat thrips, spider mites and leafhoppers. Then plant members of the aster family to attract spiders that eat a variety of insects.

Invite songbirds into your gardens. They add motion and color to the landscape and help manage garden pests. Most songbirds eat a combination of fruits, berries, seeds, and insects.

Their diet varies with the season. During spring and summer, they eat lots of insects and spiders when they are plentiful, easy to catch and an important part of their hatchlings' diet.

A birdbath will help attract them and beneficial insects to the garden. Select one with sloping sides for easy access to the water. Add a few seed producing flowers like black-eyed Susans, coneflowers, salvia, coreopsis and more. If space allows, include a few berry producing shrubs like dogwoods and evergreens for shelter.

Leave some leaf litter under trees and shrubs and in the garden for toads that dine on slugs and other insects. Include a shallow pond or water feature. Even a shallow saucer filled with chlorine-free water is effective. Place rocks in and around the water for added toad appeal. Purchase or make your own toad abode from a ceramic or clay pot. Place it in a shady location near a garden filled with protein-rich insects. Set it directly on the soil and elevate one side with stones or use a cracked or broken pot that provides an entryway for the toad.

If you can't wait for nature's help, look for more eco-friendly options. Knock aphids and mites off plants with a strong blast of water. Trap slugs with shallow cans filled with beer. Trap and kill aphids in yellow bowls filled with soapy water.

Use barriers of floating row covers to keep pests like cabbage worms, Japanese beetles and bean beetles off plants that don't need bees for pollination. These fabrics let air, light

and water through so just loosely cover the plants at planting, anchor the edges and allow the plants to support the fabric.

Use these fabrics to help manage squash vine borer and squash bugs. Cover squash plants at planting. Remove the fabric as soon as the plants begin flowering for bees to pollinate the flowers. Only use this method if these pests were not a problem in this area of the garden the previous growing season.

Remove and destroy, smash, or prune out pest-infested stems as they are found. Enlist the help of young gardeners. Teach them the difference between the good and bad bugs in the garden. Then show them how to pluck, drop and stomp the plant-damaging pests. They'll burn off some excess energy while helping maintain your garden.

If you decide to intervene with a chemical control, look for the most eco-friendly option on the market. Always read and follow label directions as these chemicals are designed to kill insects and if misapplied can harm beneficial insects as well.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Summit for her expertise to write this article. Her website is www.MelindaMyers.com.



'BIKES' by artist Paul Riley is among the art to be featured at a new exhibit at the Milton Public Library's Wotiz Gallery. Courtesy Photo

Artist Paul Riley Featured At MPL Exhibit

The Milton Public Library will host an art exhibit in its Wotiz Gallery showing the paintings of local artist Paul Riley, from May 2 to May 31st.

This display highlights some recent artwork by this talented craftsman, including watercolors and acrylics. The artist's career as a mechanical designer and a teacher of drafting and design has influenced the style of his art. As an educator, Riley inspired many

students to explore their creativity and be lifelong learners. After retiring, the artist pursued an interest in art and began taking painting classes and he moved from line drawing to more expressive free form.

Riley has recently found watercolors to be a rewarding medium. His appreciation for lighting is seen in paintings such as "Sunset Lake" and "Nauset Light." Riley continues to chronicle places he has travelled, as

viewed in "Cuba Images." Still growing as an artist, he embraces experimentation with subject, technique and medium. Riley remains open to innovative expression and enjoys the challenge of identifying a wide array of subjects to paint.

The Milton Public Library is located at 476 Canton Ave., Milton. For more information about applying for a library exhibit, email jhlady@ocln.org or call the Reference Department at (617) 898-4964.



QUINCY RESIDENT Vaughn Allen Goodwin was among the participants who took part in a recent Moral March on Wall Street. Courtesy Photo

Quincy Resident Vaughn Allen Goodwin Participates In Moral March On Wall Street

The Massachusetts Poor People's Campaign (MAPPC) officially kicked off its mobilization efforts for the Poor People's & Low-Wage Workers' Assembly & Moral March on Washington by sending group from Massachusetts to participate in the Moral March on Wall Street on April 11 in New York, which is the New England stop of the Poor People's Campaign: A National Call for Moral Revival's National Mobilization Tour for the June 18 event.

MAPPC joined state Poor People's Campaigns from New York, Maine, Rhode Island, and Vermont at this New York event to build momentum for the June 18 national event. Impacted people and activists from across Massachusetts, as well as the other New England states, gave testimony about their experiences with the five interlocking

injustices and told why they are committed to being part of this moral fusion movement.

"The MAPPC has been working with partner organizations, including climate justice activists, healthcare advocates, peace activists, unions, and faith and moral leaders, among others, to lay the groundwork to mobilize and arrange for people in Massachusetts be part of this crucial June 18 event in Washington," said the MAPPC TriChairs: Vaughn Allen Goodwin, Dr. Savina Martin, and Rev. Jose Perez. "All roads lead to D.C., and we are ramping up our efforts to unite as many folks as possible in this fight against the five interlocking injustices: systemic racism, poverty, ecological devastation and denial of healthcare, militarism and the war economy, and the false

moral narrative of religious nationalism."

Vaughn Allen Goodwin is a resident of Quincy.

The Poor People's Campaign: A National Call for Moral Revival says the Poor People's & Low-Wage Workers' Assembly & Moral March on Washington and to the Polls on June 18 will be "a generationally-transformative declaration of the power of poor and low-wealth people and our moral allies to say that this system is killing ALL of us and we can't ... we won't ... we refuse to be silent anymore!"

On April 4, the Poor People's Campaign released "A Poor People's Pandemic Report: Mapping the Intersections of Poverty, Race and COVID-19." It can be found at <https://www.poorpeoplescampaign.org/pandemic-report/>.

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Marco Vizcarra Exhibits At The QArts Gallery In May

Discover the beauty found in more than 20 stunning watercolors on exhibit at the QArts Gallery, May 5 - June 19.

Marco Vizcarra describes his painting this way: "My watercolors navigate a wide range of subjects and are nourished by natural beauty, the splendor of colors and shapes, dramatic contrast, and the inexhaustible scenery of natural views."

An architecture professor in his native Peru, Vizcarra moved to America with his family in 2009. That was the beginning of his self-taught journey through his preferred medium of watercolor. You won't want to miss the mastery of his work.

"Watercolor is the closest technique to the eternity of a moment, and that painting is the most formidable weapon to fight against the destruction of time that passes and passes without remedy," Vizcarra said. "I think that through painting we honor all the wonders that exist in our habitat. I believe painting is the best weapon to fight against wars and injustice, as well as giving us back the dream of being a humanist, a sensitive species capable of loving, respecting, creating, and living in peace."

During his one-man-



WATERCOLOR PAINTINGS by Marco Vizcarra will be featured at an exhibit at the QArts Gallery May 5 - June 19. During his one-man-show, Vizcarra has donated five original watercolors as a silent auction fundraiser titled Art For Ukraine. Photos of some of those watercolors appear on this page. *Courtesy Photos*

show, Vizcarra has donated five original watercolors as a silent auction fundraiser titled Art For Ukraine. Ninety percent of the proceeds will go to the agency Red Cross Ukraine, for humanitarian aid, with 10 percent to the artist to cover the cost of framing for these pieces. All will have a minimum opening bid of \$650. The highest bidder will be notified following the end of the exhibit.

For more information about Marco Vizcarra, his work, and the silent auction details, visit the Quincy Art Association website, www.quincyartma.org.

Gallery hours are Thurs-

day and Friday 2 to 5 p.m., and Saturday and Sunday from noon to 5 p.m. Meet the artist at the reception, Saturday, May 14, beginning at 2:30 p.m. Free and open to the public.

During your visit, also check out the featured Artisan in the Window, Surfside Ceramics Studio of Quincy, and shop our one-of-a-kind creations by fine art crafters and artisans.

The QArts Gallery is located at 1229 Hancock St., Quincy, (across from Quincy College). For more information about the gallery, classes, events, and other news, visit www.quincyartma.org.



WATERCOLOR ENTITLED "Boats Peru" by artist Marco Vizcarra.



WATERCOLOR ENTITLED "Flags" by artist Marco Vizcarra.



WATERCOLOR ENTITLED "Boats" by artist Marco Vizcarra.



ABOVE: WATERCOLOR ENTITLED "The Big Bell Tower of Lavr Kiev Ukraine" by artist Marco Vizcarra.

LEFT: WATERCOLOR ENTITLED "Harbor" by artist Marco Vizcarra.



NORTH QUINCY'S Max Guadiano, right, tries to beat the force out tag by the Milton shortstop during the Steve Sullivan Tournament at Adams Field on April 21.



NORTH QUINCY first baseman Kevin Pritchard eyes a pickoff throw as a Milton base runner makes it back safely.

NQ Baseball Bows To Milton In Tourney Championship

By TOM JOYCE

The North Quincy High baseball team faced a tough opponent April 21.

The Raiders faced the Milton Wildcats in the championship game of the Steven J. Sullivan Tournament. Serving as the home team in this one, Milton won by the Mercy Rule after four-and-a-half innings. Milton came out on top in this one, 11-0. With the loss, the Raiders fell to 4-3 on the season. The tournament is named for Steven Sullivan, who passed away at 28 years old in 2016 after battling cancer. Sullivan was an assistant coach for North Quincy and he played baseball for Quincy High before moving on to play at Westfield State. He was a good friend of Raiders head coach Matt Edgerly.

Milton took an early lead in this one, going up 5-0 in the first inning.

One Raiders player reached base in the top of the first; Max Guadiano got



RAIDERS STARTING pitcher Kyle DeBoer hurls one in against Milton.

Quincy Sun photos/Tom Gorman

walked with one out in the inning.

In the bottom of the first inning, a walk, error, and single loaded the bases for Milton with no outs. A triple to right field scored all three of those runners and gave Milton a lead they would

never surrender. A ground-out got an out, but Milton's offense wasn't done just yet. A double to right field scored a run. In the next plate appearance, a sacrifice fly to right field scored the fifth run of the game. Two more Milton batters reached



RAIDERS' RELIEF PITCHER Alex Montero hurls one in.

base -- on an error and walk respectively, but neither scored. The final batter struck out swinging.

The Raiders had a one-two-three top of the second inning at the plate, and Milton added two more runs in the inning. A triple and

single to start things off put two runners on base for the team. Then, a sacrifice fly gave Milton one run. A triple in the following at-bat gave Milton another run. However, the Raiders recovered, finishing the inning with back-to-back strikeouts with

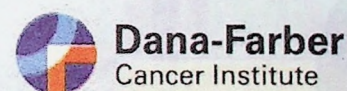
a runner in scoring position.

Although the Raiders loaded the bases in the top of the third, Milton was able to preserve the shutout.

Scotty Ritz got hit by a pitch with two outs in the inning, to get the offense

Cont'd On Page 21

NEED A MAMMOGRAM? THE VAN IS COMING

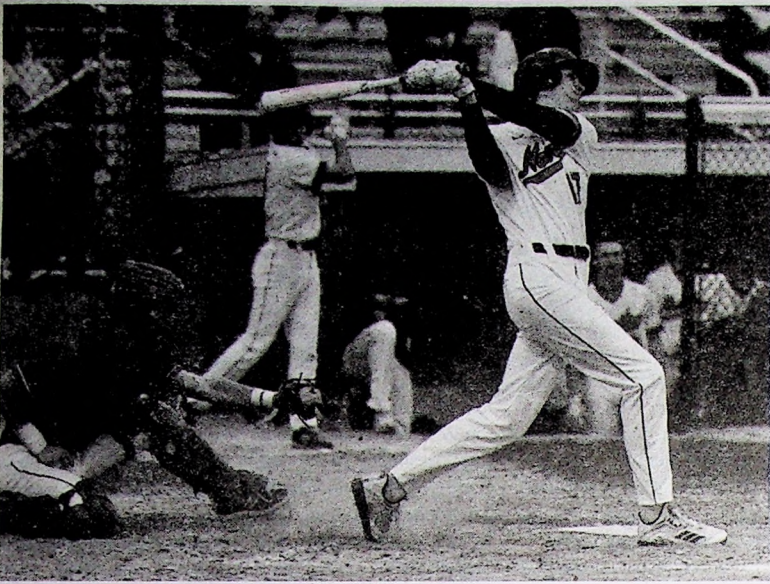


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Pre-registration is required, and most forms of insurance are accepted.



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NORTH QUINCY'S Charlie Baker cracks a hit against Milton. Quincy Sun photos/Tom Gorman



NORTH QUINCY'S Patrick McDonald steals second as he slides head first beating the tag of the Milton shortstop.

NQ Baseball Bows To Milton In Tourney Championship

Cont'd From Page 20

going. Then, Gaudiano hit a ground ball single to right field, and Johnny Lynch drew a six-pitch walk to lead the bases. However, the Raiders weren't able to have an at-bat with the bases loaded. On the second pitch of the at-bat, Milton picked off the runner on second base, ending the inning.

Milton would go on to add four more runs in the third inning. A pair of walks followed by a single to left field made it an 8-0 game. After that, a two-RBI double to center field put Milton up 10-0. Following a fly out and a strikeout, Milton struck again. A hard ground ball single scored the other runner. Milton had a single and a strikeout after that to end the inning.

Vinny O'Leary hit a single for the Raiders with two down in the top of the fourth. However, the inning came to a close after Zach



RAIDERS' SHORTSTOP Vinny O'Leary dives to snag a Milton grounder.

Taylor reached base on an error, but Milton got an out as the other runner tried to reach third base.

Milton loaded the bases on an error with two outs in the bottom of the fourth inning. However, the team wouldn't score again; a strikeout ended the inning.

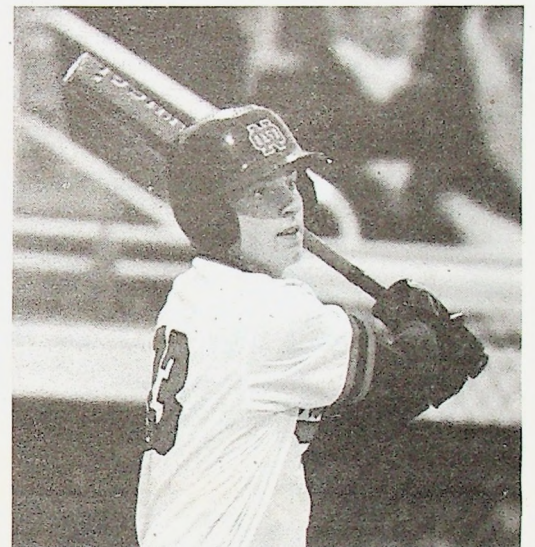
Although the Raiders had a couple of batters reach base in the last frame, they

weren't able to keep the game going. Patrick McDonald drew a six-pitch walk with one out in the inning. Then with two outs, Guadiano drew a walk. McDonald stole second base following the second pitch of the at-bat.

The two runners advanced into scoring position — second and third base respectively — during the

next at-bat of the inning. A passed ball and a wild pitch put them in that position. However, Milton ended the inning and the game with a strikeout.

The roster for the Raiders this season includes: junior Vinny O'Leary, senior Johnny Lynch, senior Jackson Murphy, senior Scotty Ritz, freshman Max Guadiano, sophomore Charlie



NORTH QUINCY'S Zach Taylor watches the flight of his hit.

Ambroult, sophomore John Toland, sophomore Will Conley, junior Zach Taylor, senior Patrick McDonald, sophomore Charlie Baker, junior Kevin Pritchard, junior Brendan McGourty, junior Kyle DeBoer, senior Carson Douglas, junior

Alex Montero, and senior Scotty Gutro. The team's head coach is Matt Edgerly.

The next game for the Raiders is this Thursday, April 28 at home against the Scituate Sailors; the game will take place at Adams Field (4 p.m. start time).

Quincy Baseball Falls To Foxboro In Tourney Consolation

By TOM JOYCE

The Quincy High baseball team held the lead for much of their game against Foxboro April 21.

The Presidents took an early lead and added to it. However, their opponent had a strong offensive performance late in the contest to take and protect the lead. Foxboro defeated the Presidents 11-5 in this one on April 21 at Adams Field in Quincy. It was the consolation game of the Steven J. Sullivan Tournament. With the loss, the Presidents fell to 2-5 on the season.

After four innings, the Presidents held a 5-0 lead, but that would not last.

Foxboro turned the top of the fifth inning into a 10-run inning where it wiped away the Presidents' lead and took a five-run lead of its own.

While the inning started with a flyout to center field, Foxboro had some offensive

success. Each of the next 10 batters reached base; this included six base hits. Each of them scored a run. The final run of the inning came on a wild pitch; that batter flew out to center field.

Foxboro then added another run on back-to-back triples in the bottom of the sixth inning. This gave them an 11-5 lead which would also be the final score.

The Presidents weren't able to make a comeback in this one; they loaded the bases to start the top of the fifth inning and then recorded three straight outs. After that, the team had one batter reach base in the final two innings of the game.

However, the beginning of the game was different. The Presidents were the dominant team over the first several innings of the contest.

For example, they held a 3-0 lead after the first in-

ning.

Presidents starting pitcher Zachary Donaghue was sharp early in the game. He struck out a pair of batters in the first inning. This included the final batter striking out looking on a breaking ball.

Joseph Hennessy hit a leadoff single for the Presidents, Coleman Ross drew a walk with one out, and Donaghue knocked in the first run of the game. He had an RBI single to center field. Then, with both runners in scoring position, Kellen Kopp's single knocked in another two runs. This put the Presidents up 3-0. Foxboro then recorded two outs to end the inning.

Just three Foxboro batters reached base in the second, third and fourth innings combined, and the Presidents offense padded its lead in that span. Emmett Bandzak hit an RBI single

up the middle with runners on first and second with two outs in the bottom of the third. A strikeout then ended the inning.

And in the bottom of the fourth inning, the Presidents took their 5-0 lead. With one out, Drew Boretti and Hennessy had singles to left field. And with two outs, Ross knocked in a run. He had an infield grounder that Foxboro tried to get the runner out twice on. However, the runners were safe at both second and first base and the runner scored. This gave the Presidents a 5-0 lead going into the top of the fifth.

The Presidents played Foxboro in the tournament because the team lost 4-3 to its in-city rival, the North Quincy Raiders, in the first

round of the tournament. That game was played on April 20 at Adams Field.

The Presidents have a highly-experienced roster this season; 17 of the 19 players on the varsity roster this season are seniors.

The roster for the Presidents includes: sophomore outfielder Owen Desmond, senior second baseman Kellen Kopp, senior catcher Spencer Stebbins, senior outfielder Jerry Caldwell, senior outfielder/pitcher Zachary Donaghue, senior outfielder/pitcher Nicholas Ferrara, senior catcher Emmett Bandzak, sophomore infielder Jack Dunn, senior shortstop Dylan Green, senior outfielder Clayton Corley, senior outfielder/pitcher Daniel Freeman, se-

nior infielder/pitcher Drew Boretti, senior third baseman Coleman Ross, senior first baseman/pitcher Joseph Hennessy, senior outfielder Tyler Larsen, senior infielder Donovan Stebbins, senior first baseman Matt Najjar, senior first baseman/pitcher Patrick Walsh, and senior third baseman Josh Whittaker. The team's head coach is Rick Beach.

The next game for the Presidents is this Friday, April 29 on the road against the Pembroke Titans (4 p.m. start time).

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The Quincy Sun.com

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Raiders Down Presidents In First Round Sullivan Tourney

By TOM JOYCE

The two sides battled hard, but the North Quincy High baseball team came out on top in this one.

The Raiders faced their in-city rival, the Quincy Presidents, at Adams Field in Quincy April 20. It was a tight ballgame, but the Raiders topped the Presidents 4-3 to win the first round of the Steven J. Sullivan Tournament. It's a four-team tournament that typically takes place over April break. It's named for Steven Sullivan, who passed away at 28 years old in 2016 after battling cancer. Sullivan was an assistant coach for North Quincy and he played baseball for Quincy High before moving on to play at Westfield State.

With the win, the Raiders improved to 4-2 on the season. With the loss, the Presidents fell to 2-4.

The Raiders struck first

in this one, going up 1-0 in the top half of the first inning.

Freshman Max Guadiano drew a five-pitch walk with one out in the frame, then senior Johnny Lynch legged out an infield single that advanced Guadiano to third base. Alex Montero grounded into a fielder's choice, hitting a ball to the third baseman. However, the Raiders got a run out of it. Then, the inning ended when Presidents starter Drew Boretti (7 innings, 4 hits, 1 walk, 11 strikeouts) got his second strikeout of the game.

On the mound, Kevin Pritchard (6 innings, 5 hits, 1 walk, 7 strikeouts) was sharp for the Raiders. He only allowed one hit in the first four innings of the game: a single to left field hit by Emmett Bandzak in the bottom of the third.

Meanwhile, the Raiders

held a 4-0 lead after four innings.

Guadiano made it 2-0 Raiders in the top of the third by ripping a hard ground ball into right field for an RBI double. His hit scored Scotty Ritz, who singled in the previous at-bat.

An inning later, the Raiders doubled their lead.

Zach Taylor got hit by a pitch to start the inning. With one out, he stole a base and advanced to third on a bunt single by Jackson Murphy.

Both batters scored as a result of the following at-bat. Murphy stole second and Taylor scored as the Presidents tried to get Murphy out. Then Murphy advanced to third base on a wild pitch. And Murphy scored on a sacrifice fly that Ritz hit to left field.

Although they trailed, the Presidents fought back.

Kellen Kopp hit an in-

field single to start the bottom of the fifth. Pritchard recovered with back-to-back strikeouts, but Kopp stole second during the second at-bat of the inning. Spencer Stebbins knocked him in with a single to left field with two outs in the inning. However, Pritchard picked him off to end the inning.

Kopp shined an inning later as well. With two outs, he ripped a two-RBI single to center field to make it a 4-3 game. The next batter, Zachary Donaghue, was hit by a pitch to load the bases. However, Pritchard escaped the jam, striking out the next batter.

The Raiders also protected this one-run lead in the bottom of the seventh. They put Taylor in to close out the game. It worked.

He struck out the first batter he faced, gave up a single to Boretti, and then shortstop Vinny O'Leary

helped turn a double play to end the game.

The Raiders advanced to the tournament's championship game against Milton while the Presidents faced Foxboro in the consolation game one day after this game.

The roster for the Raiders this season includes: junior Vinny O'Leary, senior Johnny Lynch, senior Jackson Murphy, senior Scotty Ritz, freshman Max Guadiano, sophomore Charlie Ambroult, sophomore John Toland, sophomore Will Conley, junior Zach Taylor, senior Patrick McDonald, sophomore Charlie Baker, junior Kevin Pritchard, junior Brendan McGourty, junior Kyle DeBoer, senior Carson Douglas, junior Alex Montero, and senior Scotty Gutro. The team's head coach is Matt Edgerly.

The roster for the Presi-

dents includes: sophomore outfielder Owen Desmond, senior second baseman Kellen Kopp, senior catcher Spencer Stebbins, senior outfielder Jerry Caldwell, senior outfielder/pitcher Zachary Donaghue, senior outfielder/pitcher Nicholas Ferrara, senior catcher Emmett Bandzak, sophomore infielder Jack Dunn, senior shortstop Dylan Green, senior outfielder Clayton Corley, senior outfielder/pitcher Daniel Freeman, senior infielder/pitcher Drew Boretti, senior third baseman Coleman Ross, senior first baseman/pitcher Joseph Hennessy, senior outfielder Tyler Larsen, senior infielder Donovan Stebbins, senior first baseman Matt Najjar, senior first baseman/pitcher Patrick Walsh, and senior third baseman Josh Whittaker. The team's head coach is Rick Beach.



QUINCY'S MARY SACCOACH slides safely into third as North Quincy's Chloe Melchin awaits the throw. The Presidents defeated the Raiders 9-4 Monday.



QUINCY STARTING PITCHER Erin Davies hurls one in against North Quincy.

Quincy Sun photos/Tom Gorman

Quincy Downs North Quincy In Softball, 9-4

By TOM JOYCE

The Quincy High softball team enjoyed some success at the plate on Monday night.

The Presidents tacked on some runs early in their in-city rivalry game against the North Quincy Raiders

on Monday at Mitchell/McCoy Field. The Presidents won this one 9-4. With the win, they improved to 2-5 on the season. With the loss, the Raiders fell to 1-3 on the season.

The Presidents jumped out to a 6-0 lead in the first

inning and a half of this one. Mary Saccoach led off the first inning with a double. With one out, Kate Downey got hit by a pitch and Emma Glavin knocked in a run on a single. The Presidents then had a pop-out, but Erin Davies drove

in another run on a swinging bunt. After that, the team recorded another out to end the inning.

Offensively, the Raiders had a one-two-three inning in the bottom of the first, and the Presidents tacked on four more runs in the

top of the second. One of those runs came on an RBI single from Maggie Lynch; She drove in Bridget Hoare, who previously singled with one out in the inning. Hoare reached third base on a stolen base and passed ball, putting her in position to be

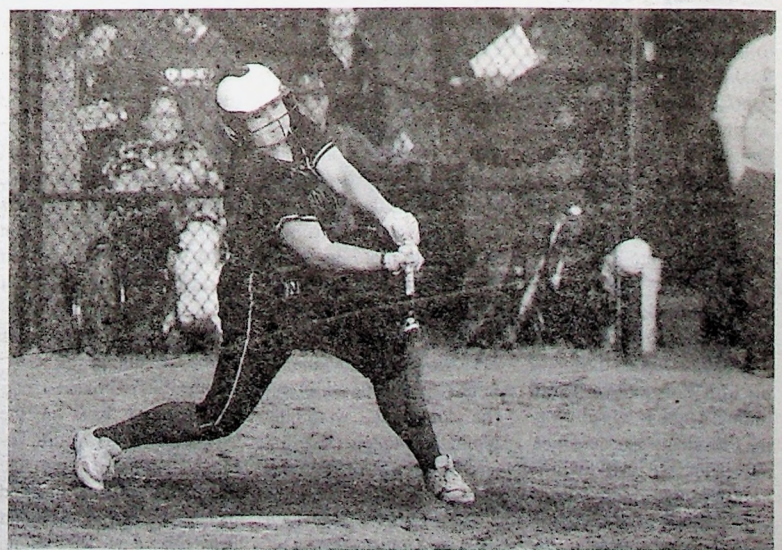
driven home. Downey then had a single to left field, and Glavin smashed a three-run home run to put the Presidents up 6-0.

Although they were down, the Raiders wouldn't stop battling. They loaded

Cont'd On Page 23



QUINCY'S EMMA GLAVIN, right, is greeted at home by teammates after she hit a three-run homer against North Quincy.



NORTH QUINCY'S Emma Boylan cracks a double.



NORTH QUINCY'S Brooklynn Rizzo prepares to run as Quincy third baseman Cady Kelly reads for a grounder.
Quincy Sun photos/Tom Gorman



NORTH QUINCY starting pitcher Maureen O'Brien throws to a Quincy batter.

Quincy Downs North Quincy In Softball, 9-4

Cont'd From Page 22

the bases with no outs in the bottom of the second.

The Raiders cut the deficit in half. Chloe Melchin, Orla O'Driscoll, and Mary Stanton loaded the bases by hitting back-to-back-to-back singles to start the inning. And with one out in the frame, Emma Boylan drove them home. She smashed a double to right field that rolled to the fence. This made it a 6-3 ballgame.

After that, however, the Presidents recovered; they recorded back-to-back outs to finish the inning.

Neither team scored in the third, but the Presidents took an 8-3 lead in the top of the fourth. With one out, Lynch and Downey hit back-to-back singles and Glavin knocked in a run with a deep double to center-left field. Cady Kelly Hansbury then knocked in the other run; she had a fielder's choice

where she grounded out to first base, but a run scored. The Raiders recovered, getting a strikeout to end the inning.

The Raiders threatened in the bottom of the fourth; two runners got on base for the team. However, the Presidents stopped them from scoring.

Even so, the Raiders tacked on another run in the bottom of the fifth; Brooklynn Rizzo led off the

frame with a double. After the Presidents recorded two outs, Melchin had an RBI single to make it an 8-4 game. She hit a grounder past the second baseman. The Presidents recovered, getting an out to end the inning.

The Presidents went on to add one more run in the top of the sixth; Hansbury hit a sacrifice fly to left field with one out, scoring a runner from third base. The

Presidents protected their lead for the final two innings of the contest.

Erin Davies was the starting pitcher for the Presidents while Maureen O'Brien started for the Raiders; both of them pitched complete games.

The roster for the Raiders this season includes: junior pitcher Maureen O'Brien, junior infielder Marybeth Smith, junior infielder/outfielder Keira Murphy, junior catcher/infielder Mary Stanton, sophomore outfielder Brooklynn Rizzo, senior outfielder Orla O'Driscoll, sophomore outfielder Avery Abrahamovich, sophomore infielder Caroline O'Donnell, freshman infielder Chloe Melchin, sophomore outfielder Emma Boylan, sophomore infielder/outfielder Casey O'Connell, and freshman catcher/infielder Avery Wood. The team's head coach is Liz Kelly and its in-

terim head coach is Suzanna Friel.

The roster for the Presidents this season includes: sophomore Paige Mann, junior Bridget Hoare, sophomore Mary Saccoach, senior Leila Akhouzine, senior Sophie Mayo, senior Adriana Moosick, senior Kate Downey, junior Cady Kelly Hansbury, senior Paige Raber, junior Maggie Lynch, junior Hailey Concannon, senior Cinneide Santoro, senior Madeline Mayo, senior Colleen Moran, senior Antenella Ibrahim, senior Emma Glavin, and senior Erin Davies. The team's head coach is Greg Sommers.

The next game for the Presidents is Friday, April 29 at home against the Pembroke Titans (4 p.m. start time). The next game for the Raiders is Thursday, April 28 on the road against the Scituate Sailors (4 p.m. start time).

Boston Celtics Youth Basketball Camp At QHS June 27-July 1; July 11-15

A Boston Celtics youth basketball camp will be held June 27 to July 1 and July 11-15 at Quincy High School. Camp hours will be 8:30 a.m. to 3 p.m. Monday through Friday.

The camp is managed by Joe Amorosino, Sr. This year's camp directors will be Roger Kvam and Christina Deiorio.

Kvam will be the program director for the June 27-July 1 Celtics Camp at QHS. He is a member of the Quincy High School Boys' Basketball Hall of Fame.

Deiorio will be the program director for the July 11-15 Celtics Camp at QHS. This will be her third year working for the Celtics Camps.

Deiorio grew up in Stoughton and attended Stoughton Public Schools and Cardinal Spellman in High School. She was a four-year varsity basketball player and two-year captain under Coach Pat Lamb. She went on to play at Curry College, and was captain her senior year.

Deiorio received her undergraduate degree in 2015 and her master's degree in elementary education in 2017 both from Curry College. She is a fourth grade teacher at Snug Harbor Elementary School in Quincy.

At Snug Harbor, she works for extended education programs such as after-school tutoring. She



ROGER KVAM (above) and Christina Deiorio (right, with basketball camp participants) will be the directors of a Boston Celtics youth basketball camp at Quincy High School June 27-July 1 and July 11-15. Courtesy Photos



visual and team defensive lectures, he is an outstanding teacher of fundamentals in all aspects of the game of basketball.

Amorosino brings a passion to the court that is inspiring and at the same time teaches the mind set needed to become a better player. He is one of the longest running basketball camp administrators in the country and has coached basketball at all levels. He has been inducted into four halls of fame including: Sharon High School Athletic Hall of Fame where he played both basketball and baseball; Quincy High School Basketball Hall of

Fame where he coached for many years; Plymouth State University Athletic Hall of Fame and the Massachusetts Basketball Coaches Hall of Fame.

Amorosino is the Massachusetts Basketball Coaches Association Executive Director Emeritus and is the Presidential Service Award recipient for his over 50 years of dedication and commitment to high school basketball.

For more information on the basketball camp, visit the website WWW.celtics.com/camps.

To contact Amorosino email joeamo@bellsouth.net.

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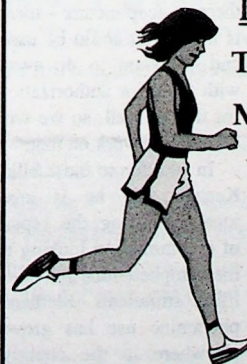
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Norfolk Sheriff, DA, Treasurer Host Public Safety Alliance Summit

Norfolk County Sheriff Patrick McDermott recently joined Norfolk County District Attorney Michael Morrissey and Norfolk County Treasurer Michael Bellotti to host a summit of local public safety officials to discuss ways that county and local agencies can collaborate on providing services and protection to county residents.

The goal of the summit was to begin the process of developing a Public Safety Alliance (PSA) to make the delivery of services and programming more effective and efficient across Norfolk County.

"The Public Safety Alliance is an opportunity for all of us to improve the quality and speed of care and services that we provide in Norfolk County," said Sheriff McDermott. "Each of the agencies and departments who attended the summit are doing excellent work, and this is a chance for us to make sure that we're working together to ensure everybody gets the services, programs, and opportunities they deserve."

The PSA is modeled off of the success of the national TRIAD program, which creates partnerships

between Sheriff's Offices, local police and fire departments, and local councils on aging.

Sheriff McDermott noted that many of the programs that are offered by departments such as the Sheriff's Office and local police and fire departments, though, are not focused solely on seniors and would benefit from a greater focus on collaboration across all sectors of Norfolk County.

"Commitment to public safety is not measured by arrest and prosecution rates – it entails supporting and strengthening our communities and the people who live in them," Dist. Atty. Morrissey said. "Public safety officials work most effectively when we work well together."

Norfolk County Treasurer Michael Bellotti praised the aims of the PSA. "I appreciate the opportunity to work with Sheriff McDermott and District Attorney Morrissey on these very important issues," he said.

Representatives from the police and fire departments of the 28 towns and communities of Norfolk County were in attendance at the summit, as well as State Representative Bruce Ayers,



NORFOLK COUNTY Sheriff Patrick McDermott recently joined Norfolk County District Attorney Michael Morrissey and Norfolk County Treasurer Michael Bellotti to host a summit of local public safety officials to discuss ways that county and local agencies can collaborate on providing services and protection to county residents. Representatives from the police and fire departments of the 28 towns and communities of Norfolk County were in attendance at the summit, as well as state Representative Bruce Ayers, a member of the Joint Committee on Public Safety and Homeland Security. *Courtesy Photo*

a member of the Joint Committee on Public Safety and Homeland Security. The summit was held at LaScala Restaurant in Randolph on Thursday, April 14th. Future conversations about the direction of the PSA will involve additional community stakeholders, including Councils on Aging, emergency responders, and community leaders.

Sen. Keenan Working On Multiple Sclerosis, Substance-Use Bills

Cont'd From Page 17

program where they got the mental-health treatment is not approved for insurance purposes to provide substance-use treatment. So, people have to be released from one program then go to another program," Keenan explained.

"So, our thought is, if there is a program or a facility that is treating substance use and they have the ability to treat mental health, then a person could stay there, and have it covered by insurance. Or, if they're in a mental health facility that is also equipped to address the substance issues, they can stay there as well."

Another bill Keenan has filed would make it easier for patients to receive alternatives to opioid pain medication.

"We have legislation that deals with prior authorization for alternatives to opioid pain medication," he said. "If you hurt your shoulder and the doctor wants to give you pain medication, the doctor doesn't have to get prior authoriza-

tion from your insurance company. [The doctor] just writes a script and you get the medication.

"Based on a bill that we filed a couple years ago that passed, insurance companies now have to offer alternative pain medication treatments whether it is physical therapy, acupuncture – there is many that could be used and we want to do away with the prior authorization for that as well, so we will continue to work on that."

In addition to those bills, Keenan said he is anxiously awaiting the report of a commission looking at methamphetamine and other illicit stimulants. Methamphetamine use has grown elsewhere in the country, and Keenan said he was concerned about its potential impact in Massachusetts.

"I was hearing more and more from first responders, from law enforcement, that the prevalence of methamphetamine was climbing, and it was becoming quite concerning. Stimulants overall but methamphet-

amine in particular," he explained.

"We put a commission together to look at methamphetamine and stimulant use. Methamphetamine has raged across other parts of the country. For whatever reason, that has not yet occurred here. I had a real concern that it was coming, based on what I was hearing, so that commission has looked at it – best ways to respond to it, treat people for it. There will be a series of recommendations that they will make. We're already a little behind on it, but hopefully we won't get so far behind that we have a methamphetamine epidemic on our hands.

"You see it also with stimulants. You're starting to read about how cocaine, which is a stimulant, is now pressed with fentanyl. So, a stimulant has been used as a vehicle for fentanyl, so people are using cocaine thinking it's a stimulant and there is also a bit of fentanyl in there, which can be quite deadly."

AAA: Best Time To Book Flights, Top Destinations, Where To Stay This Memorial Day

Cont'd From Page 11

to purchase airfare is about two weeks before Memorial Day with travelers paying an average of \$445 per ticket. Those who like a longer planning window will pay slightly more since flights reserved 28 – 60 days ahead of the holiday are coming in at an average of \$470 each. Sunday offers the lowest airfare followed by Friday (an average price of \$543 and \$596, respectively).

AAA advises that travelers looking for a last-minute deal by waiting to book the week of Memorial Day will end up paying almost double – an average of \$845 per flight. AAA also wants travelers to know that in the past, the cheapest day to fly for Memorial Day weekend has consistently been Saturday. This year, however, it is the most expensive day to fly. As expected, Friday is the most popular air travel day and Memorial Day is the lightest.

When looking at the average costs of airfare for each day over Memorial Day weekend (Friday, Saturday, Sunday and Monday) for 2022 compared to 2021, flights are skewing about \$160 more this year.

Think Like an Early Bird

Travelers who want to get away for Memorial Day should start planning now. To maximize time, savings and alleviate stress, AAA recommends working with a trusted travel agent. These industry experts have many resources at their disposal to help plan and organize a trip that fits a traveler's specific needs and budget. They can

easily look at a variety of options and scenarios to find deals and savings not always available to the public. AAA also offers travelers the following advice:

- **Flexibility is key** – where and when you travel – fly on off-peak times/days, pick a hidden gem closer to home or opt to stay at an all-inclusive resort with plenty of on-site activities. This limits the need for a rental car and paying a la carte for entertainment and dining.

- **Book early** – flights, hotels, tours, cruises, car rentals – the earlier the better to lock in the best rate and make sure to ask about discounts for pre-paying. Something else a travel agent can help navigate. While booking a little further out may cost a bit more, it does provide peace of mind that you have your tickets and can do things like select your seats from a wider available inventory.

- **Travel with your bubble** – small group travel rose in popularity during the pandemic when many opted to vacation with people they were in close contact with. Consider taking a group trip to divvy up costs for things like activities and accommodations. If everyone is spread out, a travel agent can help manage the logistics.

- **Protect your investment** – the first step to planning your trip is to purchase travel insurance. This provides a safety net should something unexpected happen ahead of or during your trip. This is another example of where a travel agent is useful. They know

you, your trip, your budget and your specific needs and can easily walk you through what travel insurance policy makes the most sense.

Top Destinations include Big Cities and Beaches

Travelers are targeting big cities and beaches for their Memorial Day getaways this year. These are the top 10 domestic/Caribbean destinations according to AAA Northeast bookings for flights, tours, car rentals and hotels:

1. Orlando
2. Hawaii
3. Alaska
4. Bermuda
5. Aruba
6. Dominican Republic
7. Bahamas
8. Jamaica
9. Mexico
10. Nashville

Travelers heading abroad are choosing classic destinations like:

1. Ireland
2. Iceland
3. England
4. Italy
5. Mediterranean cruises/ European river cruises
6. Greece
7. France
8. Switzerland
9. Portugal
10. Spain

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FRANKLIN ST. BP 60 Franklin St.	GRANITE MART 308 Willard St.	7-11 363 Hancock St.
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PERSONAL

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. S.C.

Happy 80th Birthday, Bob
Hau'oli Lā Hānau

PERSONAL

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
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Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. R.B.

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OBITUARIES

Bridget Liuzza, 78

Bridget (Coughlan) Liuzza, age 78, a longtime resident of Quincy, died, Wednesday, April 13, 2022 at home.

Bridget was born in Cum, Lahardane, County Mayo, Ireland, to the late Patrick and Jane (Harte) Coughlan. Raised and educated there, she immigrated to the United States in 1961, settling in Brookline. She lived in Quincy for the past fifty-two years.

Bridget was a homemaker who was devoted to her family, especially her grandchildren. She enjoyed actively supporting their many activities and accomplishments. She was an avid reader, had a talent for ceramics, and loved hunting for treasures at estate sales.

Beloved wife for fifty-seven years of Vito Liuzza.

Devoted mother of Carol Ann Mungovan and her husband Timothy of Wellesley, and Susan M. Sarro and her husband Mark of Dover.

Loving grandmother of Patrick, Maeve, William, and Catherine Mungovan, Nathan and Martin Sarro.

Dear sister of Patrick Coughlan, Martin Coughlan, both of Ireland, Mary Lohan and her husband Thomas of West Roxbury, Catherine Smargie of Newton, and the late Ann Bernini. Bridget is also



BRIDGET LIUZZA

survived by many nieces and nephews.

At the request of the family, funeral services and interment took place privately.

For those who wish, donations in Bridget's memory may be made to Dr. Walter J. O'Donnell's BRAC Research. Checks can be made payable to 'Massachusetts General Hospital' and mailed to Walter J. O'Donnell, M.D., c/o Massachusetts General Hospital, 55 Fruit St., Cox 201, Boston, MA 02114. In the memo of the check, please include the following: Dr. O'Donnell's BRAC Research.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Sarah E. Kennedy, 34

Sarah E. Kennedy, age 34, of Weymouth, formerly of Pembroke and Quincy, died, Wednesday, April 20, 2022, after a long struggle with addiction.

Sarah was born in Weymouth, raised and educated in Quincy, and was a graduate of North Quincy High School, Class of 2005. She had attended Salem State University, University of Massachusetts Boston, and received a certificate in phlebotomy from Quincy College. She lived briefly in Weymouth, previously in Pembroke for several years, and earlier in Quincy for most of her life.

She had been employed as a nursing assistant at several local healthcare facilities.

Sarah enjoyed music and playing the guitar. She also loved her cat, Pretty.

Beloved daughter of the late Carol F. (Jackson) Kennedy, James B. Kennedy, Captain, Quincy Fire Department, retired and his wife Jean of Quincy.

Devoted sister of Daniel J. Kennedy, Quincy Fire Department and his fiancée Laurel Dane of Braintree, James B. Kennedy, Lieutenant, Cambridge Fire Department and his wife Kerry of Quincy, and her twin sister, Shawna C. Kennedy of Quincy. Step-sister of Megan Ghergurovich and her fiancé Stephen Cronin of Scituate.

Loving aunt of James and Reese Kennedy.



SARAH E. KENNEDY

Much-loved granddaughter of the late M. Virginia (Curry) and Joseph C. Jackson, Deputy Chief, Quincy Fire Department, retired, the late M. Patricia (Healy) and James B. Kennedy, Jr.

Sarah is also survived by many aunts, uncles, and cousins.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Wednesday, April 27, from 4 - 7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated at Divine Mercy Parish in Saint Ann's Church, 757 Hancock St., Quincy, on Thursday, April 28, at 10:30 a.m. Interment to follow at Pine Hill Cemetery, West Quincy.

For those who wish, donations in Sarah's memory may be made to the charity of your choice.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Margaret A. Svizzero, 81

Margaret A. (Foster) Svizzero, age 81, of Canton, formerly of Fort Pierce, Fla., Holbrook, and Quincy, died peacefully, Saturday, April 16, 2022, at Beth Israel Deaconess Medical Center in Boston, surrounded by her loving family.

Margaret was born, raised, and educated in Quincy. She was a graduate of Quincy High School, Class of 1958. She lived in Canton for the past few years, previously in Fort Pierce, Fla. for twenty years, and earlier in Holbrook for over twenty-five years.

Margie was employed as a bookkeeper for A.C.T., Inc. in Holbrook for many years. The company was formerly owned and operated by her late husband, Dino, and is now operated by their son, Mark.

Margie was an avid golfer and enjoyed knitting, reading, and cooking. She enjoyed the company of her Havanese, Jessie. Most of all, she was devoted to her family, especially her grandchildren, actively supporting their many activities and accomplishments. Margie was known as the life of the party wherever she went.

Beloved wife for fifty-seven years of the late Dino D. Svizzero.

Devoted mother of Mark J. Svizzero and his wife Linda of Holbrook, Tracy A. Rappold and her husband Christopher of Norton, and Joseph S. Svizzero of Scituate.



MARGARET A. SVIZZERO

ate, R.I.

Loving grandmother of Anthony and Michael Svizzero, Payton and Antonia Rappold, and Nicholas Svizzero.

Cherished great-grandmother of Caleb.

Margie is also survived by several nieces and nephews.

Funeral Services were conducted at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Thursday, April 21. Interment Blue Hill Cemetery, Braintree.

For those who wish, donations in Margaret's memory may be made to the Pancreatic Cancer Action Network, 1500 Rosecrans Ave, Suite 200, Manhattan Beach, CA 90266 (pancan.org) or the American Cancer Society, 3 Speen St., Suite 250, Framingham, MA 01701 (cancer.org).

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

PLEASE RECYCLE



THIS NEWSPAPER

Helen Antonopoulos, 94

Helen (Stameris) Antonopoulos, 94, of Milton passed away Friday, April 22, in Scottsdale, AZ.

Born Sept. 3, 1927, in Brookline, MA. Helen was the youngest of 4 children born to the late Arthur and Theoni (Manousos) Stamiris.

Beloved wife of 57 years to the late George Antonopoulos. She is survived by her two daughters, Diane Christias and her husband Lefteri; and Irene Zafferes and her husband James; also



HELEN ANTONOPOULOS

survived by her three grandchildren, Diane Gent and her husband Adam; Alexis Zafferes and her fiancé Jonathan Roth; Stavros Christias and his wife Devnie; and great grandson, Zachary Gent. She is also survived by many nieces and neph-

ews both here in the United States and in Greece.

Her Orthodox faith and Greek heritage were of paramount importance to her. She worked tirelessly to preserve and perpetuate both of these through the many organizations she supported throughout her lifetime. Helen was the driving force who started the local Greek school in Quincy, MA, from which grew the founding members of St. Catherine Greek Orthodox Church in Wollaston, MA (now in Braintree, MA). She was a lifelong active member of the Church and the Ladies Philoptochos Society. She was also a Life Member and

a Board of Trustee of The Hellenic Nursing and Rehabilitation Center in Canton, MA. She was an active fundraiser for the Hellenic Children's Cardiac Fund at Boston Children's Hospital. Her career as a travel agent spanned 45 years.

Helen and her late husband, George, enjoyed entertaining family and friends and had many holidays and gatherings in their home throughout the years.

A viewing will be held at St. Catherine Greek Orthodox Church, 119 Common St., Braintree, MA 02184 on Thursday, April 28, from 9:30-11 a.m. followed by the Funeral Service at 11 a.m. Burial will be at Milton

Cont'd On Page 27

Edward H. Tabak, 91

Edward H. Tabak, of Quincy, passed away on Tuesday, April 19, 2022, at the South Shore Hospital in Weymouth after a short illness. He was 91. Edward is a proud veteran of the Korean War.

Edward was the beloved husband of 64 years to Barbara A. (Matson) Tabak. He was the devoted father of Jean M. Lee of Marshfield, Marilyn J. Lucey of West Bridgewater, and Joseph E. Tabak and his wife Susan of Weymouth. Edward was the loving grandfather of Kristin Lee of Florida, Jessica Lee of Braintree, Stephanie Lee of Braintree, Sam Blatt of Connecticut, Nicole Lee of Marshfield, Steven Lucey, USAF of Tampa, Florida, Ryan Lucey of West Bridge-



EDWARD H. TABAK

water, Jillian Tabak of Weymouth, Nicholas Tabak of Weymouth, Keryn Cristoferi and her husband Mason of Weymouth. He was the loving great grandfather of Colton Willman.

His funeral service was celebrated on Monday, April 25, 2022, in Keohane Funeral Home, 785 Hancock St., Quincy.

Services concluded with interment and military honors in Cedar Grove Cemetery, Boston.

In lieu of flowers, memorial contributions may be sent to the charitable organization of one's choice.

See Keohane.com for directions and online condolences.

In Loving Memory of
Edith I. Grasselli
11-12-1936 — 4-27-2021
1 Year Anniversary



Sadly missed by family and close friends



Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

OBITUARIES

Thomas W. Logan, Jr., 78

Thomas W. Logan, Jr., age 78, a longtime Quincy resident, died peacefully, Friday, April 22 at South Shore Hospital, in the comfort of his loving family.

Thomas was born in Cambridge, to the late Thomas W. and Barbara H. (Hamilton) Logan. Raised in Quincy, he was a graduate of Quincy High School, Class of 1961, and later attended the Franklin Institute. He lived in Quincy's Houghs Neck for 70 years. He loved his home, the beach, and the fabulous views of the sunrise.

He was the head custodian for the City of Quincy's Public Libraries for 20 years. Previously, Tom had worked as a carpenter for the Lars Lundin Company in Quincy for 15 years. In retirement, he also worked in maintenance at the Holy Trinity Parish in Quincy for several years.

Tom served in the U.S. Naval Air Reserve in the early 1960s.

As a young man, Tom was a member of Boy Scout Troop #6 in Houghs Neck and was one of the first to earn the Eagle Scout award.

He was an avid Boston sports fan and enjoyed spending time with family and friends.

Most of all, he was especially proud of his grandchildren, supporting their many activities and accomplishments.

Beloved husband and junior high school sweetheart of Barbara A. (O'Neill) Logan. They would have celebrated their fifty-sixth wedding anniversary on April 24, 2022.

Devoted father of Karen M. Wenger and her husband



THOMAS W. LOGAN, Jr.

Michael of Carver, Thomas W. Logan III and his wife Stacey of Dedham, Scott R. Logan and his wife Kathryn of Quincy, Matthew D. Logan and his wife Marissa of Pembroke.

Loving grandfather of Kevin, Timothy, and Meaghan Wenger, David, Allison, Shane, Collin, Madison, Hunter, and Jake Logan. He was also grandfather of the late Michael S. Logan.

Dear brother of Ralph Logan and his wife Diane of Rockland. Tom is also survived by many nieces and nephews.

A Funeral Mass will be celebrated in Holy Trinity Parish at Most Blessed Sacrament Church, 1015 Sea St., Quincy, on Monday, May 2, at 10 a.m. Relatives and friends are invited to attend.

For those who wish, donations in Tom's memory may be made to Holy Trinity Parish, c/o 227 Sea St., Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Helen Antonopoulos, 94

Cont'd From Page 26
Cemetery.

In lieu of flowers, her family requests that donations in her honor be made to St. Catherine Greek Orthodox Church, 119 Common St., Braintree, MA 02184, or The Hellenic Nursing and Rehabilitation Center, 601 Sherman St., Canton,

MA 02021. "In memory of Helen Antonopoulos."

May her memory be eternal.

Assisting the family is Hamel-Lydon Chapel & Cremation Service of Massachusetts, Quincy. For more information or to leave online condolences please visit HamelLydon.com.

**More Obituaries
online at
www.TheQuincySun.com**

**More Quincy news:
TheQuincySun.com**

Hamel-Lydon Chapel & Cremation Service Holds Monthly Bereavement Support Group Meeting

Hamel-Lydon Chapel & Cremation Service of MA recently held its monthly Bereavement Support Group meeting at the Kennedy Center (Quincy Council on Aging/Elder Services).

Facilitated by Michelle Lydon, funeral director, and Rose Pope, community church liaison, the monthly group meets to provide a safe space of support and sharing for those who are grieving the loss of a loved one.

Special guest speaker at the April meeting was Mother Olga of Sacred Heart who is the founder and Mother Servant of the Daughters of Mary of Nazareth in Quincy.

During this special meeting Mother Olga was able to bring comfort to all in attendance. She thoroughly discussed specific losses, whether it be a parent, a child, or a close friend and offered her hand of blessing to attendees.



HAMEL-LYDON CHAPEL & CREMATION SERVICE of MA recently held its monthly Bereavement Support Group meeting at the Kennedy Center (Quincy Council on Aging/Elder Services). From left to right: Michelle Lydon, funeral director; John Lydon, former Quincy city councillor and owner of Lydon Funeral Home; Mother Olga, Mother Servant of the Daughters of Nazareth; and Rose Pope, community church liaison.

Courtesy Photo

She also touched on different ways of coping with these emotions. Mother Olga told the attendants to "try not to be alone during grieving times," and that is the basis of why Hamel-

Lydon Chapel will continue to hold these meetings for anyone who needs the space and some company as they grieve the loss of their loved one.

All are welcome to at-

tend the monthly Bereavement Support Group at the Kennedy Center. The next meeting is scheduled for Thursday, May 26 from 1 to 2 p.m.

Cleaner, Greener Quincy Set For May 7

Mayor Thomas P. Koch announces the city's annual Cleaner, Greener Quincy will be held on Saturday, May 7th.

The annual city-wide cleanup has drawn over 1,500 volunteers to help clean local parks, beaches, marshlands, open spaces, trail networks, and other areas. The clean-up will take place from 9 a.m. to noon in a variety of locations throughout the city.

"We are thrilled to have so many community-minded people of all ages help keep our city looking beautiful," Koch said. "We take pride in how clean and neat

our city is and a big part of that effort is building buy-in within our communities, especially amongst our young people, in keeping it that way year round."

Volunteer leaders who have a project and a team can participate in Cleaner, Greener Quincy by emailing Paul Doherty at pdoherty@quincyma.gov. The city will provide tools, bags, trash pick-up, and a Cleaner, Greener t-shirt to those that participate. If you are an individual looking to join a cleanup team, you can email Doherty to be connected to a group.

Following the cleanup,

Koch will sponsor a Volunteer Appreciation Barbecue at Pageant Field from 12:30 to 2 p.m.

In addition to cleanups, many of the city's garden clubs have started beautification efforts along the Squantum Causeway, in Houghs Neck, and throughout Wollaston. A number of other neighborhood and community organizations from Merrymount, Quincy Point, Montclair, Faxon Park, Adams Shore, North Quincy, and other areas also do cleanup and neighborhood beautification projects.

City crews will cleanup winter debris along our

City beaches that morning. Equipment will be deployed along our shoreline in Squantum, Merrymount, Adams Shore, Houghs Neck, Germantown, and Quincy Point.

"The pandemic has allowed more people to explore their own city, its parks, open spaces, walking trails, and municipal beaches," Koch said. "We thank our volunteers that help keep these beautiful natural resources clean not just during our event but throughout the year as well. These places are an important part of the quality of life in our great city and I thank all those that help out."

Quincy High School Fashion Show May 12

After a long two-year break, The Quincy High School Fashion show is back.

The faculty and students of Quincy High School are excited to announce that the 2022 Annual Quincy High School Fashion Show will take place on Thursday, May 12th at 7 p.m. in the Lloyd Hill auditorium.

The long-awaited Fashion Show will feature the work of over 60 fashion students, including mini-collections from a small group of Fashion Majors. TONI&GUY Hairdressing Academy will add the finishing touch with hair and make-up.

This year's fashion students were excited to return to the classroom, be creative, and produce the Fashion Show for 2022. They great pride in all their

hard work throughout the year and are privileged to be able to showcase that work, with an industry savvy production. This year they will welcome some special guests as some alumnae will come and join the show with their collections created in the two previous years. See garments created from commercial patterns as well as some original concepts and designs as well as Eco-Friendly designs made from recycled and reclaimed materials.

QHS fashion majors have appeared on fashion TV competitions and go on to premier fashion schools around the country. Come see this year's high school collections so you can say, "I saw them before they were famous!"

Tickets are \$6 if purchased in advanced and

\$8 at the door. Tickets are available at the QHS Main Office or through a fashion student (cash only).

Also offered is dinner and a show tickets as well. Culinary students and staff will prepare a buffet style

dinner for you before the show. Dinner and Show Tickets are \$20 and include reserved seating.

Call Robin Kaplan 617-376-3377 by May 2nd to reserve your spot.

B.C. High Seniors From Quincy Honored At Awards Ceremony

Boston College High School recently held its annual Senior Awards Ceremony to celebrate the accomplishments of the members of the class of 2022.

Students were recognized for their leadership in various co-curricular activities and their academic excellence.

The following Quincy residents were recognized during the ceremony:

Ivan Chiu, Kairos Leader

#101; Ryan Dear, Mother Teresa Leader Award; John Hall, Marci Kearney Senior English Award; Aaron Huang, Stephen J. Collins Chinese Award; Andrew Johnson, Kairos Leader #99, St. Louis Project Leader Award, National Honor Society and St. Ignatius Loyola Senior Award; Adam McDermott, Concert/Chamber Choir; and Dylan Rizzo, Stephen J. Collins Spanish Award.

AAA: Average Gasoline Price Up Six Cents To \$4.13 Per Gallon

Massachusetts's average gas price is up six cents from last week (\$4.07), averaging \$4.13 per gallon. Monday's price is 12 cents lower than a month ago (\$4.25), and

\$1.30 higher than April 25, 2021 (\$2.77). Massachusetts's average gas price is 1 cent higher than the national average.

The recent dip in pump prices has reversed, with the national average for a gal-

lon of regular gas rising four cents over the past week to \$4.12. Upward pricing pressure on concerns that less Russian oil will enter the global market is countered by fears of a COVID-induced economic slowdown

in China, the world's leading oil consumer. These opposing forces are causing the oil price to hover around \$100 a barrel.

"As long as the price of oil stays elevated, the price at the pump will struggle to

fall," said Mary Maguire, AAA Northeast Director of Public and Government Affairs. "Consumers may be catching a little break from March's record-high prices, but don't expect any dramatic drops."

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-19

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 10, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of 190 Washington Street, LLC for a Variance to remove the structures located at 190, 192 and 196 Washington Street in order to construct a (9) nine unit multi-family townhouse in violation of Title 17 as amended Chapter 4.1 (table of dimensional requirements), Chapter 5.1.4 (parking setbacks), Chapter 5.1.11 (parking spaces) and Chapter 5.1.8 (off street parking requirements) on the premises numbered 190 WASHINGTON STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

4/21/22, 4/28/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-23

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 10, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of James Burke for a Special Permit/Flood Plain/Variance to subdivide the existing lot into 2 lots and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 4.1 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 25 SHENNEN STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

4/21/22, 4/28/22

NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

April 28, 2022

City of Quincy

1305 Hancock St

Quincy, MA 02169

617-745-7168

On or about May 6, 2022 the City of Quincy will submit a request to the U.S. Department of Housing and Urban Development (HUD) for the release of *Community Development Block Grant* funds under Title I of the Housing and Community Development Act of 1974, as amended, to undertake a project known as *Manet Community Health Center 110 W. Squantum St* for the purpose of *build and placement of a Radiology Suite on the existing North Quincy Manet Health Center. The Radiology Suite would join an already existing onsite laboratory, pharmacy to provide a more comprehensive, same day service for patients and the community without delays.*

Estimated Total HUD Funded Project Costs \$300,000.00

The activities proposed are categorically excluded under HUD regulations at 24 CFR Part 58 from National Environmental Policy Act (NEPA) requirements. An Environmental Review Record (ERR) that documents the environmental determinations for this project is on file at 34 Coddington St., 3rd Floor, Quincy, MA 02169 and may be examined or copied weekdays 8:30A.M to 4:30P.M.

PUBLIC COMMENTS

Any individual, group, or agency may submit written comments on the ERR to the *City of Quincy*. All comments received by May 5, 2022 will be considered by the *City of Quincy* prior to authorizing submission of a request for release of funds.

ENVIRONMENTAL CERTIFICATION

The *City of Quincy* certifies to HUD that *Thomas P. Koch* in his capacity as *Mayor* consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. HUD's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities and allows the *Manet Community Health Center* to use Program funds.

OBJECTIONS TO RELEASE OF FUNDS

HUD will accept objections to its release of fund and the RE's certification for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the *City of Quincy*; (b) the RE has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR part 58; (c) the grant recipient or other participants in the development process have committed funds, incurred costs or undertaken activities not authorized by 24 CFR Part 58 before approval of a release of funds by HUD; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections must be prepared and submitted in accordance with the required procedures (24 CFR Part 58, Sec. 58.76) and shall be addressed to HUD at COVID-19OEE-BOS@hud.gov. Potential objectors should contact HUD to verify the actual last day of the objection period.

Thomas P. Koch, Mayor, City of Quincy

4/28/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-26

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 10, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of Billings Quincy LLC for a Finding to convert the existing commercial office building into a new hotpot restaurant in violation of Title 17 as amended Chapter 3.4 (finding) on the premises numbered 7 BILLINGS ROAD, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

4/21/22, 4/28/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING

City of Quincy

ZONING BOARD OF APPEALS

CASE ZBA 22-30

Pursuant to the provisions of Title 17 of the Quincy Municipal Code as amended, the **QUINCY ZONING BOARD OF APPEALS** will hold an **Open Public Hearing** on **Tuesday, May 10, 2022 at 6:00pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169**. On the application of Attorney Patrick Foley for a Variance/Finding to renovate and construct an addition to the existing single family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 3.4.3 (nonconforming structures) on the premises numbered 115 INTERVALE STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

4/21/22, 4/28/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO22P0785EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Jay Yuan-Jieh Yang

Also known as:

Jay Yang

Date of Death:

02/17/2022

To all interested persons:

A Petition for Formal Ad-

judication of Intestacy and

Appointment of Personal

Representative has been

filed by Yuan-Jin Yang of

Millilani, HI requesting that

the Court enter a formal De-

cree and Order and for such

other relief as requested in

the Petition.

The Petitioner requests

that: Yuan-Jin Yang of Mill-

ilani, HI be appointed as Per-

sonal Representative(s) of

said estate to serve Without

Surety on the bond in unsu-

persived administration.

IMPORTANT NOTICE

You have the right to ob-

tain a copy of the Petition

from the Petitioner or at the

Court. You have a right to

object to this proceeding.

To do so, you or your at-

torney must file a written

appearance and objection

at this Court before: 10:00

A.M. on the return day of

05/11/2022. This is NOT a

hearing date, but a dead-

line by which you must

file a written appearance

and objection if you object

to this proceeding. If you

fail to file a timely written

appearance and objection

followed by an affidavit of

objections within thirty (30)

days of the return day, ac-

tion may be taken without

further notice to you.

UNSUPERVISED

ADMINISTRATION UNDER

THE MASSACHUSETTS

UNIFORM PROBATE

CODE (MUPC)

A Personal Representa-

tive appointed under the

MUPC in an unsupervised

administration is not re-

quired to file an inven-

tory or annual accounts

with the Court. Persons

interested in the estate are

entitled to notice regard-

ing the administration direct-

ly from the Personal Repre-

sentative and may petition

the Court in any matter

relating to the estate, in-

cluding the distribution of

assets and expenses of

administration.

WITNESS, Hon. Patricia

Gorman, First Justice of

this Court.

Date: April 4, 2022

COLLEEN M. BRIERLEY

Register of Probate

4/28/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. NO21P2931EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Matthew Kwok Kit Fung

Also known as:

Kwok K. Fung,

Kwok Kit Fung

Date of Death:

09/28/2021

To all interested persons:

A Petition for S/A - Formal

Appointment of Personal

Representative has been

filed by Cecilia M. Yu of

Quincy, MA requesting that

the Court enter a formal De-

cree and Order and for such

other relief as requested in

the Petition.

The Petitioner requests

that: Cecilia M. Yu of Quincy,

MA be appointed as Personal

Representative(s) of said es-

tate to serve Without Surety

on the bond in unsupervised

administration.

IMPORTANT NOTICE

You have the right to ob-

tain a copy of the Petition

from the Petitioner or at the

Court. You have a right to

object to this proceeding.

To do so, you or your at-

torney must file a written

appearance and objection

at this Court before: 10:00

A.M. on the return day of

05/18/2022. This is NOT a

hearing date, but a dead-

line by which you must

file a written appearance

and objection if you object

to this proceeding. If you

fail to file a timely written

appearance and objection

followed by an affidavit of

objections within thirty (30)

days of the return day, ac-

tion may be taken without

further notice to you.

UNSUPERVISED

ADMINISTRATION UNDER

THE MASSACHUSETTS

UNIFORM PROBATE

CODE (MUPC)

A Personal Representa-

tive appointed under the

MUPC in an unsupervised

administration is not re-

quired to file an inven-

tory or annual accounts

with the Court. Persons

interested in the estate are

entitled to notice regard-

ing the administration direct-

ly from the Personal Repre-

sentative and may petition

the Court in any matter

relating to the estate, in-

cluding the distribution of

assets and expenses of

administration.

WITNESS, Hon. Patricia

Gorman, First Justice of

this Court.

Date: April 11, 2022

COLLEEN M. BRIERLEY

Register of Probate

4/28/22

QCAP Raising Money For Local Hunger Relief Programs

On Sunday, May 1, Quincy Community Action Programs (QCAP) will be among thousands of virtual participants to lace up for Project Bread's 54th annual Walk for Hunger.

For the third year, the Quincy-based nonprofit will participate in the event through The Commonwealth Program which gives 60 percent of all funds raised by teams from likeminded organizations and agencies back to support their own hunger relief programs, with the remaining 40 percent applied to the statewide anti-hunger effort. To date, QCAP has raised more than \$2,400 through the Commonwealth Program.

Historically, the Walk for Hunger, the nation's oldest continual pledge walk, takes place the first Sunday of May on the Boston Common. The 2022 fundraiser will be the third event to be done virtually and is expected to raise more than \$1 million to support Project Bread's work to increase food access for people of all

ages in Massachusetts.

"Currently, 1 in 5 Massachusetts households with children is struggling without enough to eat and that number jumps dramatically for Black, brown, and immigrant households," says Erin McAleer, Project Bread CEO. "Participating in the Walk for Hunger is one way in which residents can take action to fund school and community meal sites and Massachusetts' only statewide hotline that connects residents with a range of food resources, including SNAP assistance. We can drive community change together."

Money raised through the Walk is funding Project Bread's work to ensure kids have reliable access to food, directly helping individuals and families, and advocating at the state and federal levels for expedited and efficient relief for those in need. Walk funds are also supporting community organizations, like Quincy Community Action Programs, that are helping residents to

access food now and grants to ensure communities have the resources necessary to sustain and grow local anti-hunger programs. In 2021, 28 nonprofits participated in The Commonwealth Program and raised more than \$165,000 to support their own work.

For 57 years, QCAP has been dedicated to reducing poverty and helping low-income families achieve economic stability. Through partnerships, community engagement, and advocacy for racial, social, and economic justice, the nonprofit provides pathways to assist families and individuals from diverse backgrounds in their efforts to realize economic opportunity and create meaningful connections to improve the quality of their lives. Fighting food insecurity is a primary area of focus for QCAP through its Southwest Community Food Center, Food Delivery Program and a Mobile Pantry Program, and wrap-around services for youth and families. Over the past

year, Project Bread has granted more than \$50,000 to QCAP as one of the nonprofit's Community Partnerships Program Agencies, helping the nonprofit to hire a full-time bilingual Food Center Worker and an Inventory Specialist to help launch its Mobile Pantries in order to meet the increased need in the community during the pandemic.

On Walk Day, a team of 10 participants will hit the pavement in Quincy starting at 18 Copeland St. to Quincy Center under the umbrella "QCAP Team." Their goal is to raise \$1,500 to purchase new equipment and furnishings needed to complete the organization's Client Welcome Area in its new Food Center building at 18 Copeland St.. In this area, clients will have daily access to rescued food, library books from the Little Free Library, supplies, resources, and more. A celebratory treat in Quincy Center will follow.

"We are thrilled to continue our long partnership

with Project Bread through the Community Partnerships Program and the Walk for Hunger," says Kristen Schlapp, QCAP's chief operating officer. "Together, QCAP and Project are able to leverage our strengths and networks to find creative solutions to food security issues in our community. There is a need for food security in Quincy and the Greater South Shore region, an issue that QCAP has been addressing since 1965. Our continued collaboration with Project Bread will ensure that low-income residents of Quincy and the surrounding towns facing food insecurity are not lost in the crowd. QCAP works collaboratively with Project Bread to create innovative solutions to address food insecurity on a local level and on a state level as we continue to advocate for more support."

This year's event will include virtual programming with McAleer, elected officials, as well as walkers and volunteers posting and sharing their experiences along their neighborhood routes

and why they are walking to help end hunger. Families with kids, individuals and teams of corporate employees are encouraged to find creative ways to connect virtually and fundraise together.

To register for the event and create a personal or team fundraising page for The Walk for Hunger or to make a donation, visit projectbread.org/walk or call (617) 723-5000. There is no registration fee or fundraising minimum to participate. Participants who raise \$500 or more are recognized as Heart & Sole walkers, and receive access to personalized fundraising support, exclusive event gear, and invitations to events.

People experiencing food insecurity should call into Project Bread's toll-free FoodSource Hotline (1-800-645-8333), which provides confidential assistance to connect with food resources, including SNAP benefits, in 180 languages and for the hearing impaired. For more information, visit: www.projectbread.org/get-help.

Abi D'Amato Participating In Project Bread's Walk For Hunger

Abi D'Amato of Quincy, will lace up for Project Bread's 54th annual Walk for Hunger Sunday, May 1. She will be among over a thousand virtual participants to walk in their own neighborhoods to raise more than \$1 million to help get food assistance to kids and families across the Commonwealth.

Historically, the Walk for Hunger, the nation's oldest continual pledge walk, takes place the first Sunday of May on the Boston Common. The 2022 fundraiser will be the third event to be celebrated virtually.

"As the pandemic continues to take a financial toll on people and entire communities, we must do everything we can to help the 1 in 6 households struggling to afford food," says Erin McAleer, CEO of Project Bread. "Participating in Project Bread's Walk for Hunger is one way we can all do something tangible to make sure our neighbors can get food to meet their most basic need. Our community has shown we have the power to create meaningful change. This year it is especially important. As the effects of the pandemic begin to wane, so do many of the hunger relief measures temporarily put in place to help people. But food insecurity won't end with the pandemic, and we're fighting for permanent support to all families who need it."

D'Amato, 45, has been participating in Project Bread's Walk for Hunger since 2008 alongside her fa-

ther, 80, with other friends and family members joining them along the route throughout the years. Together, they walk under the team umbrella "Blisters for Bread," wearing their Walk for Hunger Heart & Sole t-shirts as top fundraisers for the event. Last year, she raised more than \$13,000 which includes company matches from her employer Berkshire Residential Investments. To date, she has raised over \$56,000 for the cause.

"This year, I look forward to spending time with family and raising awareness for local food insecurity while walking around my parents' neighborhood in Medfield," says D'Amato. "It saddens me to think about people not being able to afford to feed themselves and their families. The Walk is one way my family and I can help."

Money raised through the virtual Walk is funding Project Bread's urgent mission to ensure kids have reliable access to food, to directly help individuals and families, and to advocate at the state and federal levels for expedited and efficient relief for those in need. Walk funds are also supporting community organizations that are helping people access food locally and ensuring communities have the resources necessary to respond to the hunger crisis now and over the long road to recovery ahead.

This year's event will include virtual programming with McAleer, elected offi-

cials, as well as walkers and volunteers posting and sharing their experiences along their neighborhood routes and why they are walking to help end hunger. Families

with kids, individuals and teams of corporate employees are encouraged to find creative ways to connect virtually and fundraise together.

LEGAL NOTICE

DISTRICT COURT, FAMILY DIVISION CLARK COUNTY, NEVADA

In the Matter of the Marriage of:

MEHMET KANIK
Plaintiff,

vs.

ZEYNEP HAZAR-KANIK
Defendant.

CASE NO.: D-21-635358-D

DEPT. NO.: S

SUMMONS-DOMESTIC

NOTICE! You have been sued. The Court may decide against you without your being heard unless you respond within 20 days.

To the above-named Defendant:

This action is brought by the Plaintiff to recover a judgment against you, the Defendant, to:

1. Dissolve the contract of marriage existing between Plaintiff and Defendant.

You are hereby summoned and required to serve upon the Plaintiff or Plaintiff's attorney if he/she so represented, whose address is 4461 Wilder Pl., Las Vegas, NV 89121, an answer to the complaint, which is hereby served upon you, within 20 days after service of this summons upon you, exclusive of the day of service.

(The State of Nevada, its political subdivisions, agencies, officers, employees, board members, commission members, and legislatures each has 45 days after service of this summons within which to file an answer to the complaint.)

If you fail to do so, judgment by default will be taken against you and for the relief demanded in the complaint.

STEVEN D. GRIERSON
CLERK OF COURT
By: Joshua Raak
Deputy Clerk
9/29/2021

Family Courts and Services Center
601 North Pecos Road
Las Vegas, Nevada 89101

Regional Justice Center
200 Lewis Avenue
Las Vegas, Nevada 89101

4/7, 4/14, 4/21, 4/28, 5/5/22

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO21P2867EA

Commonwealth of
Massachusetts
The Trial Court

Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Mary F. Rossi

Also Known As:

Mary Frances Rossi

Date of Death:

March 18, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner **William J. Rossi** of
Norwell, MA.

a Will has been admitted to informal probate.

William J. Rossi of Norwell, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

4/28/22

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO22P0839EA

Commonwealth of
Massachusetts
The Trial Court

Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Margret I. Kuhn

Also Known As:

Margret I. Kuehn

Date of Death:

December 5, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Manfred Kuehn** a/k/a
Kuhn of Quincy, MA.

a Will has been admitted to informal probate.

Manfred Kuehn a/k/a Kuhn of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

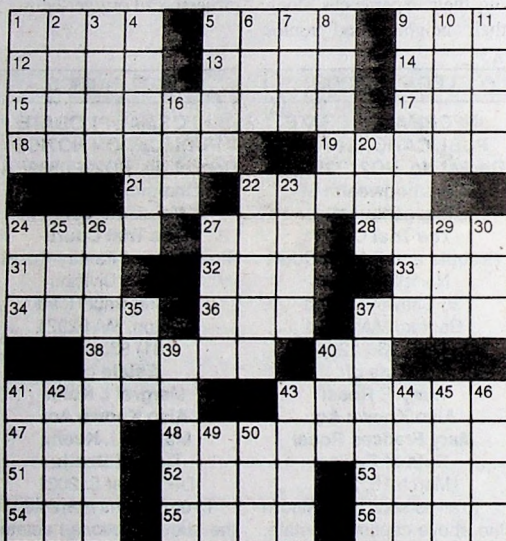
The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

4/28/22

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Karate level
5 Caprice
9 Perch
12 Writer Wiesel
13 Car
14 Man-mouse link
15 Time between vernal equinoxes
17 "Viva — Vegas"
18 Wesley of "Blade"
19 Striped critter
21 Symbol of strength
22 Chirp
24 Right on the map?
27 — chi
28 Evening, in an ad
31 Duo
32 Grass shack
33 Feedbag tidbit
34 Big name in scat
36 Boom times
- 37 "Mad Money" network
38 Beetle Bailey's boss
40 Italian river
41 "Untrue!"
43 "Jurassic Park" bird
47 Paris pal
48 Game for one
51 Pouch
52 Daring Knievel
53 Village People hit
54 Exist
55 Fill fully
56 Fashion line?
- DOWN**
- 1 Porgy's love
2 Carolina college
3 Actress Taylor
4 Oolong brewer
5 Methods
6 Shade
7 Call — day
8 Code name?
9 Puzzle answer
10 Persia, today
- 11 To-do list item
16 "Toy Story" dinosaur
20 Understanding
22 Hosiery shade
23 Funny folks
24 Paris summer
25 Piercing tool
26 Start of summer or winter
27 Hoodlum
29 Bar bill
30 List-ending abbr.
35 Small batteries
37 Patients' shares
39 Kentucky Derby prize
40 Bit of butter
41 Houston acronym
42 Actor Epps
43 Anger
44 Marathoners' stat
45 Killer whale
46 500 sheets
49 Eggs
50 Allow



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MAGIC MAZE

— ISLAND: ISLANDS OF IRELAND

SNKHDAXURVPMJGE
DAXVSQNLAKIFEDN
AXVTCQOLMJHFRCI
AYWUDAERIPINOLL
JHFDDBNSZXHNVMTW
RQN(STPATRICKS)OO
MTKIDIMLLIHASHB
FDATFBBHEEGZOEL
YWVELFTBTTPURRQU
ONLKRAUIAHOEFD
CAZXRGSPWRRVCVUH

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: — AND PEPPER

Achill Great Puffin Rough
Bere Haulbowline Rabbit St. Patrick's
Castle Inch Rathlin Valentia
Copeland Mid Rossmore

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Earring is missing. 2. Light is missing. 3. Glasses are missing. 4. Jacket is opened. 5. Light is missing. 6. Glasses are missing. 7. Hair is shorter. 8. Sleeve is shorter. 9. Hair is shorter.

Trivia test

by Fifi Rodriguez

1. LANGUAGE: What is the practice of chiromancy?
2. GENERAL KNOWLEDGE: What is unusual about the date the Chinese New Year is celebrated each year?
3. ACRONYMS: What phrase does "http" stand for?
4. MUSIC: Which Beatles' song asks listeners to "take a sad song and make it better"?
5. TELEVISION: What is the name of SpongeBob Squarepants' best friend in the animated series?
6. GEOGRAPHY: Nairobi is the capital of which African country?
7. MOVIES: Which two male actors starred in "The Sting" (1973)?
8. ANIMAL KINGDOM: What is a baby oyster called?

9. HISTORY: In its planning stages, which World War II attack was coined "Operation Z" by the Japanese?
10. LITERATURE: During which war is the novel "All the Light We Cannot See" set?

Answers

1. Predicting the future by reading the lines on your palms
2. It varies between Jan. 21-Feb. 20, depending on the lunar calendar
3. HyperText Transfer Protocol
4. "Hey Jude"
5. Patrick
6. Kenya
7. Paul Newman and Robert Redford
8. A spat
9. The attack on Pearl Harbor, Dec. 7, 1941
10. World War II

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Wishing Well®

8 7 4 3 7 4 6 4 7 6 7 4 7
L I B R N E G U I T N I
5 4 8 7 2 4 3 2 8 2 7 3 6
E D O A L E I I V F T F V
2 7 6 3 5 3 2 3 7 4 7 3 2
E I E T V R I E V R E P S
5 4 5 4 3 7 6 2 3 7 3 5 2
E S N T A T Y G I A R T O
5 6 7 4 6 8 6 8 4 8 4 8 3
F O K A U E R E N N D D E
6 7 3 8 2 8 7 8 2 5 8 4 5
A E D U O R N E D U S I L
4 6 4 6 5 6 5 6 5 6 5 6 6
N P G P W R E O E V K A L

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) The often-skeptical Aries might find that an answer to a question is hard to believe. But check it out before you chuck it out. You might well be surprised at what you could learn.

TAURUS (April 20 to May 20) Your resolute determination to stick by a position might make some people uncomfortable. But if you're proved right (as I expect you to be), a lot of changes will tilt in your favor.

GEMINI (May 21 to June 20) You might feel conflicted between what you want to do and what you should do. Best advice: Honor your obligations first. Then go ahead and enjoy your well-earned rewards.

CANCER (June 21 to July 22) That financial matter still needs to be sorted out before you can consider any major monetary moves. Pressures ease midweek, with news about a potential career change.

LEO (July 23 to August 22) A workplace problem threatens to derail your well-planned project. But your quick mind should lead you to a solution and get you back on track without too much delay.

VIRGO (August 23 to September 22) An opportunity opens up but could quickly close down if you allow pessimism to override enthusiasm. A trusted friend can offer the encouragement you need.

LIBRA (September 23 to October 22) You've come

through a difficult period of helping others deal with their problems. Now you can concentrate on putting your energy to work on your own projects.

SCORPIO (October 23 to November 21) Forget about who's to blame and, instead, make the first move toward patching up a misunderstanding before it creates a rift that you'll never be able to cross.

SAGITTARIUS (November 22 to December 21) Good news for the travel-loving Sagittarian who enjoys galloping off to new places: That trip you had to put off will soon be back on your schedule.

CAPRICORN (December 22 to January 19) A mood change could make the gregarious Goat seek the company of just a few friends. But you charge back into the crowd for week-end fun and games.

AQUARIUS (January 20 to February 18) A decision you made in good faith could come under fire. Best advice: Open your mind to other possibilities by listening to your challenger's point of view.

PISCES (February 19 to March 20) You can avoid being swamped by all those tasks dangling from your line this week by tackling them one by one, according to priority. The weekend brings good news.

BORN THIS WEEK: You have a fine business sense and a love of the arts. You enjoy living life to its fullest.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals T

BJQT HJQ HJDQE BFTHQG YMNQ
YNFOO UJMUMOFHQY, GM LMA
HJDTQ JQ BFY IADHOL ME
YHQFODTI CDYYQY?

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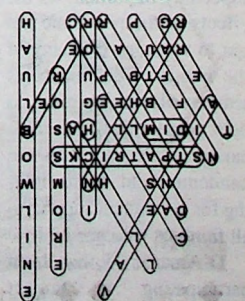
King Crossword

Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



When the thief wanted some small chocolates, do you think he was guilty of stealing kisses?

CryptoQuip answer

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Forget “the slap heard round the world,” let’s talk about how the Academy “missed the boat!” They should have dragged every living Oscar winner they could get to dress up the show. When they gave “The Godfather” tribute, they also should have gotten Diane Keaton, James Caan and Talia Shire to be there with Francis Ford Coppola, Al Pacino and Robert De Niro.

Paramount+ just premiered three episodes of the 10-episode limited series “The Offer: The Making of Francis Ford Coppola’s ‘The Godfather.’” The series has Matthew Goode playing producer/actor Robert Evans, Giovanni Ribisi as mobster Joe Colombo, Dan Fogler as Coppola and Patrick Gallo as Mario Puzo. A fourth “Godfather” film was canceled when Puzo, who authored the book and then the screenplays with Coppola, died in 1999.

After the James Bond tribute, the lights should have come up on all living Bonds, on stage, such as Pierce Brosnan, Timothy Dalton, George Lazenby and, of course, Daniel Craig. Happy to say, James Caan and Pierce Brosnan are co-starring in the hitman thriller “Fast Charlie,” with Caan playing a mob boss and Brosnan as his 20-year fixer/hitman. Caan also has “Acre Beyond the Rye” in pre-production, co-starring Lance Henriksen, Hallmark leading lady Lacey Chabert and Armand Assante. Brosnan co-stars in the Dwayne Johnson superhero film “Black Adam” and also “The Out-Law,” starring Adam Devine, Ellen Barkin and Lil Rel Howery.

Disney’s “Black Widow,” Scarlett Johansson, and Marvel’s “Captain America,” Chris Evans, are sneaking behind their studios’ backs to make “Project Artemis” (about the space race) for Apple TV+, directed by “Ozark’s” Jason Bateman. Johansson also has Wes Anderson’s “Asteroid City,” along with Margot Robbie, Tom Hanks and Bill Murray. Chris Evans, in addition to being the voice of Buzz in “Light-year,” also has Netflix’s “The Gray Man” with Ana de Armas and Ryan Gosling, and Apple TV+’s “Ghosted,” with de Armas and Adrian Brody, coming up.

It wasn’t that long ago that Alexander Skarsgard, currently playing the recurring role of Lucas Matsson in “Succession,” complained, “Starting out in Sweden, where most people are tall and blond, I was labeled ‘stupid, sexy and hunky’ on a list, and people didn’t take me seriously.” After 76 episodes of “True Blood” and winning an Emmy for “Big Little Lies,” he felt secure enough to take his shirt off and play Tarzan to great success. Now starring opposite Nicole Kidman again in “The Northman,” his co-star Ralph Ineson observed, “He’s made himself look like some kind of a monster for this part, and I thought, ‘That’s not a body-builder, that’s a serious actor.’” Since Skarsgard never stops working...stupid, sexy and hunky absolutely works for him!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	÷		+		16
—		×		—	
	×		—		18
×		×		×	
	×		+		15
20		16		15	

1 2 3 5 5 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Silver-Plated Pitchers – Silver-plated pitchers were made by Reed & Barton, a company founded in Taunton, Massachusetts, in 1822. The pitchers look like the double-faced stoneware pitchers made by the Martin Brothers in England between 1875 and 1915. Similar pitchers were also made by Royal Doulton. The silver examples are known as “Sunny Jim.” The ones pictured are about 6 1/4 inches high, and each holds about 56 ounces (7 cups) of liquid. Many figural pitchers, steins and mugs had names that were used in advertising brochures. The silver pitchers were pictured in magazine ads in the 1920s and ‘30s. They were discontinued in the 1950s, but may have been made until the 1980s.

Three slightly different versions were made with different rims. These are probably the first two types of the pitchers. The third variant, which was probably at the end of the production, has a handle with a higher curve that was attached to the rim only at the outermost area of the scroll.

Q: I inherited a lot of piano sheet music when my mother passed away, much of it from the World War II era. Titles include “Bell Bottom Trousers,” “March of the Free,” “Wings of Victory” and “I Am an American.” Is anyone interested in collecting these?

A: Some old sheet music is collectible, but most sell online and in flea markets, antiques shops and house sales for a few dollars. Subject, cover art, rarity and condition help determine the price. Some collectors look for music on a particular subject, but many collectors buy sheet music for the cover art. Covers with ar-

tistic illustrations or pictures of historical events, old cars or trains, or political events increase the value. Someone who is interested in patriotic music from the World War II era might be interested in your music. It’s hard to sell the music yourself unless you’re used to selling online. You might try a consignment shop in your area.

CURRENT PRICES

Advertising crock, Wesson Oil, For Making Good Things To Eat, stoneware, white glaze, blue band and lettering, straight sides, rolled rim, 4 x 4 inches, \$25.

Rug, penny, felt, six-sided, made up of multicolored circles within circles, gray, purple, burgundy, orange and black, c. 1885, 32 x 36 inches, \$300.

Furniture, pie safe, poplar, two doors each with three punched tin panels, wide drawer over two paneled doors, paneled sides, late 1800s, 72 x 39 inches, \$465.

Purse, shoulder tote bag, Chanel, black caviar leather, large stitched CC logo on front, black leather interior with zipper pocket, 12 x 16 x 4 inches, \$1,040.

TIP: The less you handle an antique or collectible the better. Always pick it up with two hands.

“The Label Made Me Buy It: From Aunt Jemima to Zonkers – The Best Dressed Boxes, Bottles, and Cans from the Past.” Learn about tobacco, citrus fruit, food labels, firecracker packages and product stickers that are eagerly bought, sold and traded through auctions, shows, organized clubs and the Internet. To order, visit www.kovels.com.

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STICKELERS [sic]

by Terry Stickels

Can you determine the missing number in the last figure below?

33	12	5
46	67	72
60	-4	9
19	83	?

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Strange BUT TRUE

- In 2013, Belgium created five limited-edition stamps that smelled and tasted like chocolate (but were not, in fact, edible).
- Gambling slips from ancient China that date to between 201 BC and 187 BC are the first recorded instance of a lottery. It’s believed these lotteries likely helped finance large government projects, such as the Great Wall of China.
- There are more tanning salons in major American cities than McDonald’s or Starbucks.
- A parenting tradition in Maharashtra, India, involves tossing babies from the side of a 50-foot temple and catching them in a sheet. The practice is thought to endow newborns with courage and intelligence.
- The person who graduates last in his class from West Point Military Academy is called “the goat” and receives a dollar from each classmate, as well as membership in a club that includes Gen. George Custer.

- The average woman wears six different bra sizes throughout her life.
- While Merriam-Webster defines “hussy” as “a girl or woman who behaves in a disrespectful or inappropriate way or who has many casual sexual relationships,” the word is actually derived from the 13th-century “husewife,” meaning mistress of the household.
- To help combat driver fatigue and boredom on long, straight roads of up to 90 miles in Australia, the government posted signs labeled “Fatigue Zone” featuring trivia questions and answers.
- In 2009, Patricia Demauro brought \$100 to a craps table in Atlantic City. Four hours and 18 minutes later, she had rolled 154 times, setting a world record for craps rolls. The odds of her accomplishing such a feat? One in 1.56 trillion!
- Ice cream was invented in 7th-century China and originally consisted of buffalo milk, flour and camphor.

Thought for the Day: “Spring is nature’s way of saying ‘Let’s party!’” – Robin Williams

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Now here’s a tip!

by Jo Ann Derson

- “If you add a teaspoon of sugar to your biscuit mix or to the dough for rolls, it will help them to brown well, and they will come out of the oven with golden tops.” – J.R. in Michigan
- Two ways to save money on laundry expenses: First, spring and summer are an excellent time to get into line-drying clothes – especially towels and jeans that take longer to dry thoroughly in a dryer. Then, clean out and shorten your dryer’s vent hose to make your machine more energy efficient. It cuts down on drying time, too, saving you time AND money.
- “Got an odd job coming up? Before you go out and purchase an expensive limited-use tool, check with friends and neighbors to see if you can borrow instead

of buying. Check with local hardware stores to see if it’s cheaper to rent, too.” – S.L. in Kentucky

• “I have pets that leave hair and dirt on the couch. When I wash my cushion covers, one thing I always do is put them back on the pillows when they are not quite dry. They stretch better when they’re a little bit damp. I had a terrible time a few years ago when I let them dry all the way and couldn’t get them back on!” – H.P. in Arizona

• “To clean burned-on bits from your cast-iron skillet, scrub with a plastic scrubbie and salt as an abrasive. Dry immediately and rub with oil to keep moist.” – R.T. in Ohio

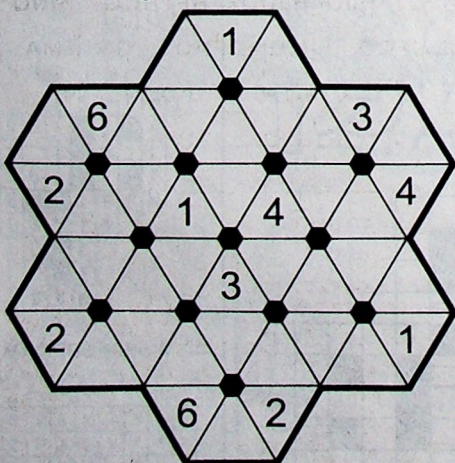
Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



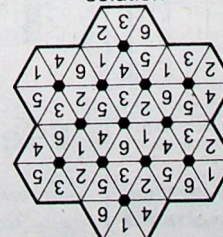
DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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SNOWFLAKES

solution



Stickelers Answer

Go Figure! answers

15	16	20
15	5	2
×	×	×
18	9	8
—	×	—
91	6	1
+	1	÷
7		

the two numbers in each of the paired boxes is 79.

Super Crossword WHO TO WHO?

ACROSS

- 1 Otis of elevator fame
7 One-named co-star of "Crime Without Passion"
12 "Striped" fish
16 Trick-or-treating mo.
19 Sine and cosine, say
20 Korean, e.g.
21 "I smell —"
22 Golf standard
23 Road trip between apparitions?
26 LAX guess
27 Bobby on ice
28 Otis on "The Andy Griffith Show," e.g.
29 Darling
30 Above, in verse
31 Unrefined
32 Phone conversation between ministers?
37 Little Bighorn tribe
40 Summer mo.
41 Many millennia
42 "The Wire" channel
43 Organic compound

44 Choose as a member

- 47 — Locka, Florida
49 Get back together, as alumni
51 String of vehicles between gas station patrons?
56 Pointer
57 Market segment
58 A fifth of XV
59 Old fess. led by Nasser
60 Nuts are high in it
61 In the least
63 Maine city near Bangor
65 New York stage awards
67 Conga line between Arab leaders?
73 Pistons great Thomas
74 "The Chronic" rapper
75 Love a lot
77 Sahara viper
80 Soothing treatment, for short
81 One in a pod
82 Cher and Adele, voicewise

85 License plate

- 86 Rugs between casino high rollers?
91 Eminent
92 Publicize
93 "The — falling!"
94 Went by taxi, e.g.
95 Eminent lead-in
96 French noble
98 Multipurpose truck, in brief
99 Perfected
100 Guy peddling between clodhoppers?
107 Hooter
108 Playwright Levin
109 Antagonist
110 Tara of "Sharknado"
111 Lick like a cat
114 Common co. name ender
115 Brief romances between Copenhagen residents?
120 School gp.
121 Ax part
122 Pop or bop
123 Fidgets
124 Cur's noise
125 Potting dirt
126 Exhausted

127 Attack like a cur

- DOWN
1 Hence
2 Lion player
3 "Believe — not!"
4 Gal in the family
5 Depilatory treatment
6 Moving about
7 Myopic cartoon "Mr."
8 Pale gray
9 With
10 Very fuel-inefficient wheels
11 In first place
12 Gin joint
13 Songlike
14 Buy for less
15 Draconian
16 Regular at the Met, maybe
17 Spanish region
18 Fish with a heavy net
24 Come — (lures)
25 Genetic stuff
32 Orange juice stuff

33 Siesta takers

- 34 Ballet garb
35 Back part
36 Julia Child or James Beard
37 Nasal partitions
38 Some Alaska natives
39 Repeating polka sound
44 Demier —
45 Non-Rx
46 "Pick me! I know this!"
47 Strong pain reliever
48 Architect I.M.
49 Little-seen instance
50 Outer: Prefix
52 In the military
53 Vitamin's relative
54 Heavy brass
55 Drought relief
62 Maui wreath
64 Worrywart's cry
65 Grammy-winning Beck album of 1996
66 Caesar of TV
68 Piper's skirt
69 Tortilla treat
70 Hershey chocolate bar with crisped rice
71 Vague idea
72 See 9-Down

76 Spurred (on)

- 77 Barley beard
78 Store proprietor
79 Cop's vehicle
81 Chi lead-in
83 Angle lead-in
84 Photo —
87 Lewd look
88 Texas city
89 This, to Jorge
90 1982 Disney sci-fi film
96 El — (city of legend)
97 African river
98 Exhausted
99 Revealed
100 Twanging spring sound
101 Ebb-and-flow phenomena
102 Frequently, in verse
103 Inn offerings
104 Raise
105 Deep blue
106 Makes mad
111 Talk like Daffy Duck
112 Vicinity
113 "Hey ... you!"
116 Wiggling fish
117 Enzyme suffix
118 Diarist Anaïs
119 Actor Butterfield of "Ender's Game"

celebrity extra

by Dana Jackson

Q: I keep seeing Elle Fanning in different TV shows, but I haven't seen her older sister, Dakota, in a long time. Is she still acting? — S.D.

A: Dakota Fanning was born in Conyers, Georgia, to athletic parents. Her mother was a pro tennis player, and her father played minor-league baseball. According to IMDb.com, little Dakota used to put on plays in her backyard. When audience members noticed her natural talent, the family moved to Los Angeles, and it wasn't long before Dakota became a star in movies like "The Cat in the Hat" and "War of the Worlds." In 2011, Dakota enrolled at NYU, majoring in women's studies.

She hasn't quit acting, however. She starred in the limited series "The Alienist" on TNT, which was set in the late 19th century. You also can see her in the new HBO series "The First Lady," where she plays President Gerald Ford's daughter, Susan.

Elle Fanning, who is four years Dakota's junior, also was a child actress. At age 13, she stepped outside her sister's shadow with the lead

role in the sci-fi flick "Super 8," followed by the Disney live-action film "Maleficent" and its sequel. Like her sister, she's a frequent nominee at award shows, mainly for her starring role in the Hulu series "The Great." She's starring in "The Girl from Plainville," also on Hulu. Fanning fans will be thrilled to learn that both Dakota and Elle will play sisters in "The Nightingale," an upcoming film based on the bestselling novel set in World War II.



Elle Fanning in "The Girl from Plainville" Photo credit: Hulu

Q: I was so sad to read that the actress who played Jerry's mom on "Seinfeld" passed away. Is the actor who played his father still with us? — K.M.

A: Sadly, the hilarious Barney Martin, who played Jerry's dad, Morty, on the classic sitcom, died in 2005 at the age of 82. Liz Sheridan, who played Jerry's mom, passed away recently at age 93, just two weeks after we lost Estelle Harris, who played George's (Jason Alexander) petite mom on the show. You can watch reruns of "Seinfeld" on the Comedy Central channel or stream all nine seasons on Netflix.

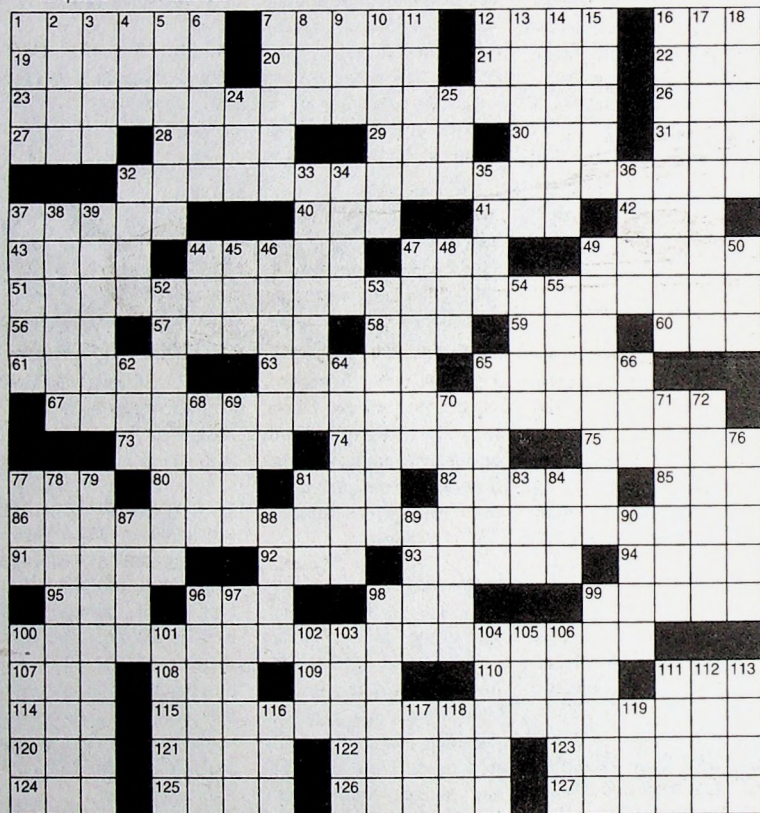
Q: I saw that James Patterson's latest novel is written in collaboration with Dolly Parton. How did this come about? — P.F.

A: Prolific author James Patterson is a big fan of fellow septuagenarian Dolly

Parton and approached her with an idea about his latest manuscript. They met up in Nashville, found they had a lot in common — having both grown up in small towns — and began the creative process of writing a novel and an accompanying album of the same name: "Run Rose Run." Both were released in March, and there's talk of a feature film as well. Parton told "Entertainment Weekly" that she'd like to play the role of Ruthanna, a retired country music star, in the film. The leading role of the Nashville hopeful, AnnieLee, has yet to be cast, but Patterson promises the part is "a real star-maker."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

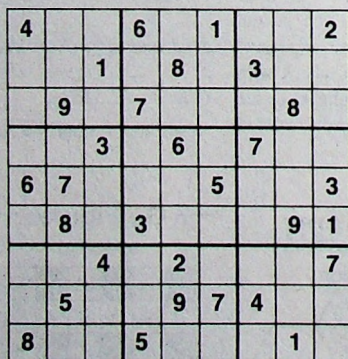
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|-------|----------------------|-------|
| 1. Clothing tag | — B — | Boutonniere location | — P — |
| 2. A churchman | — A — | "— of Interest" | — E — |
| 3. Fire truck feature | — D — | Pantry | — R — |
| 4. Graph | — T — | Bracelet trinket | — M — |
| 5. Bring joy to | E — | Chalkboard rock | S — |
| 6. Fake | — H — | Spring blossom | — E — |
| 7. Moesha actress | — Y — | Actor Marlon | — O — |
| 8. Meddle | — N — | Ice cream server | — C — |
| 9. Memorial Day flower | — O — | Young canine | — U — |
| 10. Red gem | — N — | Attic | — R — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

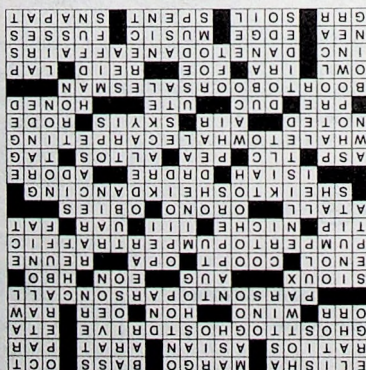
DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Super Crossword

Answers



Even Exchange answers

- | | |
|-------------------|-------------------|
| 1. Label, Label | 5. Elate, Slate |
| 2. Parson, Person | 4. Chart, Charm |
| 3. Ladder, Larder | 8. Snoop, Scoop |
| 7. Brandy, Brando | 9. Poppy, Pappy |
| 6. Phony, Peony | 10. Gamel, Garrel |

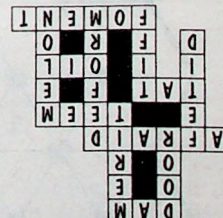


- TTA
MEFTON
♥ RIMTE
♥ EMTE
DRAFIA
LIO
FIFT
DEFTI
♥ ADM
♥ MEFDRO
♥ OMNEL
♥ ORDO

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

FEAR KN&T

answer



Weekly SUDOKU

Answer



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Amber Waves



by Dave T. Phipps

Out on a Limb



by Gary Kopervas

R.F.D.



by Mike Mariand



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Swell	_____	_____	_____	_____
TAILED	_____	_____	_____	_____
Skill	_____	_____	_____	_____
LATENT	_____	_____	_____	_____
Tip	_____	_____	_____	_____
PINTO	_____	_____	_____	_____
Soak	_____	_____	_____	_____
SOBBAR	_____	_____	_____	_____

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

7	6	3	2	6	5	4
2	7	4	3	5	6	4
1	1	1	3	4	2	7
1	5	6	3	7	2	5
5	4	2	7	1	2	6
6	3	4	4	4	1	2
7	5	1	7	2	4	4

©2022 Concepts Puzzles Dist. by King Features Synd., Inc.



Dog Bitten in Snout Keeps Licking Wound

DEAR PAW'S CORNER: My dog "Jesse" was bitten on the face by another dog, injuring his snout and nose so badly that it required several stitches. I can't get Jesse to stop licking and pawing at the wound, and now he's tearing out the stitches. The wound looks infected. What should I do? — Kamo M.

DEAR KAMO: Head straight back to the veterinarian to get the wound treated for infection and closed up again. This time, have Jesse fitted for a cone-shaped E-collar. It's jokingly called the "cone of shame," but is an important medical device for helping to heal just such an injury. Dogs really don't like E-collars, and they can cause stress, but if he's able to paw at the wound, it must be worn. You can take it off

Jesse at mealtimes so he can access his food, but it must go right back on.

There are a few other protective collars available that are more comfortable, like padded rings, but these may not stop the pawing.

Jesse's also licking his nose, which is understandable since it probably feels weird and swollen and itchy. This can be a problem area because dogs naturally lick their nose throughout the day. The vet may give you medicine to help it heal or may recommend an over-the-counter antibiotic ointment. Put the medicine on as directed.

Help reduce the chance of infection by having clean, fresh water for Jesse to drink (to clean his tongue before licking his nose) and replacing any manky old dog toys (which have a lot of germs) with clean chew toys. Don't let Jesse sniff at or eat nasty stuff (dogs love roadkill and other animals' poo) until the wounds heal.

Send your questions, tips, and comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of April 25, 2022

Video On Demand

1. Sing 2 (PG) animated Chris Pine
2. The Contractor (R) Jennifer Lopez
3. Marry Me (PG-13) Lady Gaga
4. House of Gucci (R) Lady Gaga
5. Encanto (PG) animated
6. Belfast (PG-13) Jude Hill
7. Panama (R) Cole Hauser
8. Licorice Pizza (R) Alana Haim
9. Boon (NR) Neal McDonough
10. Ghostbusters: Afterlife (PG-13) Carrie Coon

DVD, Blu-ray Sales

1. Sing 2 (PG) Universal
2. Scream* (R) Paramount
3. Encanto (PG) Disney
4. The Matrix Resurrections (R) Warner
5. Death on the Nile* (PG-13) 20th Century
6. Sing 2-Movie Pack (PG) Universal
7. Yellowstone: Season 4 (TV-MA) Paramount
8. Ghostbusters: Afterlife (PG-13) Sony Pictures
9. Sonic the Hedgehog (PG) Paramount
10. Marry Me (PG-13) Universal

*2022

Source: Comscore/Media Play News

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Hitori

answer

4	2	7	1	5	7
4	4	4	4	3	9
2	1	2	7	4	5
9	2	1	7	2	5
5	2	7	3	9	1
7	1	1	3	4	2
4	9	5	6	3	2
5	4	2	6	3	7

SCRAMBLERS

solution

BATTLE

Today's Word

3. Point 4. Absorb

1. Dilate 2. Talent

"You're suffering from _____ fatigue."

MORE SUN FUN



The Batman (PG-13) — It's finally time to watch this long-awaited film at home! Directed by Matt Reeves, the legendary superhero Batman is darkly portrayed by Robert Pattinson in a tone that's never been seen before. Batman's gloom extends to his alter ego, Bruce Wayne, whose persona is far from the suave billionaire we've come to know in other films. Bruce has outcasted himself, pouring every fiber into being the Batman, and the heaviness weighs him down greatly. Only when a series of murders, committed by the morbidly comical Riddler, start to unravel the pent-up pain and trauma long hidden within Bruce does the Batman earn the title of being a superhero. Zoe Kravitz stars opposite Pattinson as the alluring Selina Kyle, who doubles as Catwoman. (HBO Max)

Crush (PG-13) — High-school student Paige (Rowan Blanchard) dreams of getting into art school, but finds she's lacking the inspiration to make something worthy of getting accepted. Those closest to her advise her to loosen up a little, instead of putting so much pressure on herself. So, Paige tries to follow their advice by joining the track team with the intent of getting closer to her crush, Gabby. But when the track coach assigns Gabby's sister, AJ (Auli'i Cravalho), to help train Paige, a classic love triangle ensues, and Paige becomes torn on which sister is her true crush. Premieres April 29. (Hulu)

Silverton Siege (TV-MA) — Based on true events that occurred in South Africa in 1980, this nail-biting action thriller focuses on three anti-apartheid

freedom fighters whose mission ends in failure, which forces them into the standoff of their lives. The fighters enter a bank and keep several hostages, but realize once they're in the standoff that it will only yield two results for them: prison or death. So, they decide to use this high-risk situation as an opportunity for the launch of a global movement. The three fighters agree to release the hostages and end the standoff in exchange for the release of anti-apartheid revolutionary Nelson Mandela, who is being held in prison. Premieres April 27. (Netflix)



Zoe Kravitz, Robert Pattinson in "The Batman" HBO Max

Polar Bear (PG) — Disney+ takes viewers on an adventure to the Arctic to visit a longtime favorite animal, the polar bear, in the latest Disney nature movie. According to World Wildlife, Arctic polar bears were listed as a threatened species in 2008 because of the effects of climate change on their habitats. Following a mother polar bear and her cubs throughout the seasons of one of the coldest environments in the world, this documentary showcases their journey as the cubs begin to grow and adapt to their changing Arctic home. Previous Disney nature movies include "Penguins," "Bears" and "Oceans." (Disney+)

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Contract Bridge

FAMOUS HAND

East dealer.

Both sides vulnerable.

NORTH

♠ 8 5
♥ 10 7 4 2
♦ A 9 6 3
♣ K 5 4

EAST

♠ 10 9 4 2
♥ 3
♦ Q 8 5 4
♣ 10 8 7 2

♥ K J 9 8 6
♦ 10 2
♣ J 9 6 3

SOUTH

♠ Q J 7 6 3
♥ A Q 5
♦ K J 7
♣ A Q

The bidding:

East	South	West	North
1♥	Dble	Pass	2♦
Pass	2NT	Pass	3NT

Opening lead — two of clubs.

In my opinion, this is one of the most remarkable deals ever played.

The declarer was Helen Sobel, considered by many to be the greatest woman player of all time. She won the club lead in her hand with the ace and then proceeded to deduce that East had been dealt the doubleton A-K of spades! Accordingly, she led a low spade from her hand at trick two and eventually finished with 11 tricks.

The question is how Sobel could tell at trick one that East's A-K of spades

by Steve Becker

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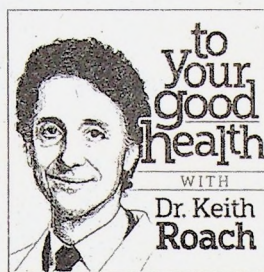
Puzzles4Kids by Helene Hovanec

RIDDLE SEARCH — PARTS OF SHIPS

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: Where would you take a sick ship?

ANCHOR	T	U	R	R	E	T	Y	T	G	P
CABIN	S	T	E	R	N	H	A	O	A	E
DERRICK	W	T	H	I	G	U	R	D	N	R
ENGINE ROOM	I	E	B	D	I	L	D	E	G	I
GANGPLANK	N	A	O	K	N	L	A	R	P	S
HELM	C	V	A	N	E	C	R	R	L	C
HULL	H	E	L	M	R	E	M	I	A	O
KEEL	R	R	E	W	O	T	L	C	N	P
MAST	A	N	C	H	O	R	K	K	E	
MIZZEN	O	T	S	A	M	I	Z	Z	E	N
OAR										
PADDLE										
PERISCOPE										
STERN										
TOWER										
TURRET										
VANE										
WINCH										
YARDARM										

Riddle answer: — — — — —



Can Prilosec Be Taken For More Than 14 Days?

DEAR DR. ROACH: What's the story with Prilosec? Doctors routinely tell people with GERD or acid stomach to take this forever. Yet it clearly describes only a 14-day treatment on the box. A physician assistant told me that because of a rare infrequent condition some users have that the manufacturer is legally bound to post the 14-day limit, but that the general population can safely ignore it. Can you enlighten and reassure those of us whose physicians have said to take it long term? — C.D.C.

ANSWER: The patient instructions in the over-the-counter versions of proton pump inhibitors, such as omeprazole (Prilosec), do recommend a 14-day course. However, longer courses may indeed be prescribed by a licensed prescriber, such as a PA. Even so, there are relatively few people who need lifelong medication. Those who do may have a condition such as Barrett's esophagus, in which PPIs — the most potent medical treatment to suppress stomach acid — are necessary. They not only relieve symptoms, they are also prescribed in hopes of reducing the risk of developing cancer of the esophagus. The data on this are still not clear.

For people with acid reflux (also called gastroesophageal reflux disease), PPIs are usually not needed lifelong. However, it may still be reasonable to use these drugs long term if the prescriber feels the benefit outweighs the risk.

There are several risks of long-term use of PPIs. Stomach acids are important in protecting against bacteria, and two kinds of bacterial infections are more common in PPI users. The first is in the colon, especially of *Clostridium difficile*, where PPI users are about 30% more likely

to be infected and may do so even without the antibiotic use that is the most common risk factor for *C. diff*. The second is pneumonia, although the apparent association may not be as strong as formerly thought.

Low stomach acid may decrease absorption of vitamins and minerals, especially magnesium, iron and vitamin B12.

PPIs were thought to increase the risk of a rare tumor, gastric carcinoid, based on data from rats, and of colon cancer. Those risks have not been seen in humans. Early data suggest increased risk of kidney disease and dementia. That risk appears to be small, if it even exists.

Long-term PPI use has some risk of side effects and should be used only when there are benefits to PPIs that can't be obtained with other treatments, including other medications and lifestyle changes. This especially includes better diet, weight loss when appropriate and not eating right before bed.

DEAR DR. ROACH: I'm not against medical marijuana when prescribed, but why do patients want or need to smoke it? What does the secondhand smoke do to children and adults around those who are smoking it? — C.G.

ANSWER: Secondhand cannabis smoke has potential adverse effects. It can be irritating to the eyes and respiratory tract. The psychoactive component, THC, can be absorbed by someone in close proximity, especially if exposed over a prolonged period. This is also true for the vapor made by an e-cigarette device.

Cannabis smoke is irritating for the user as well. Many people who use medical cannabis use edibles containing extracts, THC and CBD. These have no risk to others, although they do carry a higher risk of acute intoxication for the user. In any event, cannabis users should take care not to expose people who do not want to be exposed, especially children.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Mexicali Tenderloins

This recipe guarantees a kiss for the cook every time!

- 4 (4-ounce) lean pork tenderloins or cutlets
- 1 (10 1/4-ounce) can reduced-fat tomato soup
- 1/2 cup chunky salsa
- 1 teaspoon dried parsley flakes
- 1 cup frozen whole-kernel corn, thawed

1. In a large skillet sprayed with olive oil-flavored cooking spray, lightly brown meat on both sides for about 3 minutes. In a medium bowl, combine tomato soup, salsa, parsley flakes and corn.

2. Spoon soup mixture evenly over browned meat. Lower heat, cover and simmer for 10 minutes. Uncover and continue simmering for 5 minutes.

3. When serving, place a piece of meat on a plate and spoon about 3/4 cup sauce mixture over top. Serves 4.

* Each serving equals: 243 calories, 7g fat, 27g protein, 18g carbohydrates, 417mg sodium, 2g fiber. Diabetic Exchanges: 3 Meat, 1 Starch.

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1. Name the artist who released "Maybe I Know" in 1964.
2. Who wrote and released "In Dreams"?
3. What group released "Big Girls Don't Cry"?
4. Which Gene Pitney song was released for a film by the same name?
5. Name the song that contains this lyric: "When tears come down like falling rain, You'll toss around and call my name."

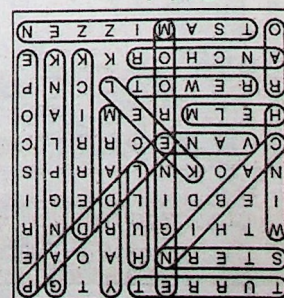
Answers

1. Lesley Gore, on her "Girl Talk" album. The Seashells released their own version in 1972 in the U.K.
2. Roy Orbison, in 1963. The notes, which Orbison hit effortlessly, spanned two octaves, which meant the song wasn't picked up by other artists who didn't have his range.
3. Frankie Valli and the Four Seasons, in 1962.
4. "Town Without Pity," in 1961. It nabbed a Golden Globe Award for Best Song the following year.
5. "Your Cheatin' Heart," by Hank Williams in 1952. The song, released weeks after Williams' death from a sudden heart attack, topped the charts for six weeks. The song was covered by Kitty Wells, Patsy Cline and Ray Charles, among others. Elvis Presley's 1958 version went to No. 1.

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Puzzles4Kids Answer

To the dock.
Riddle Answer:



How Well Do You Know Quincy? ID These Landmarks

Quincy Quiz Time!

Bob Perchard wants to test your knowledge of the City of Presidents. He's submitted 10 photos showing landmarks scattered throughout Quincy.

How many can you identify?

Bob was born in 1942 at Quincy City Hospital and grew up in Houghs Neck. He attended Quincy Public Schools (Atherton Hough, Central Junior High, Quincy High and graduated from Quincy Junior College. He is a former Quincy police officer and retired in 2004 as a detective lieutenant. He still lives in Quincy and enjoys walking throughout the city. He sent The Sun the photos on this page as a little quiz.

Answers will appear in next week's Sun.



PHOTO 1



PHOTO 2



PHOTO 3



PHOTO 4

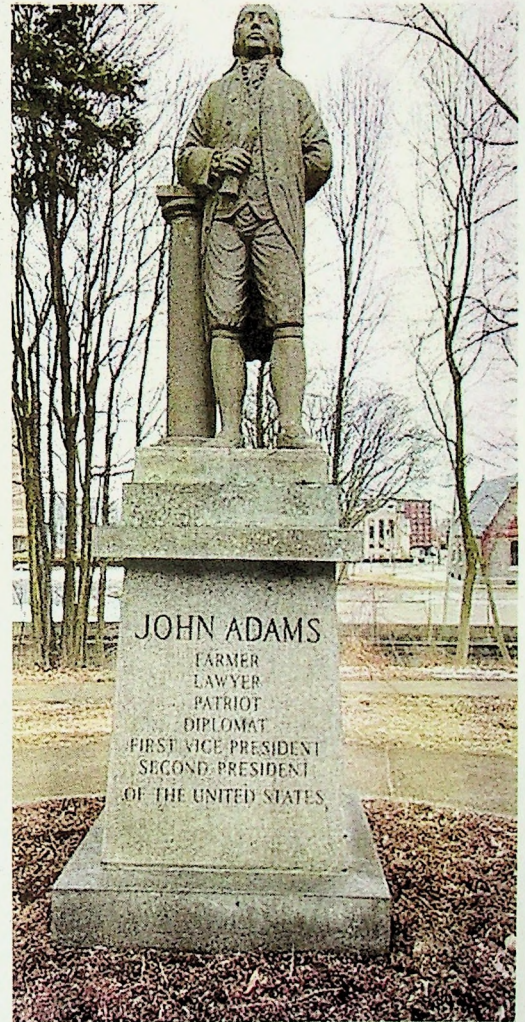


PHOTO 5



PHOTO 6

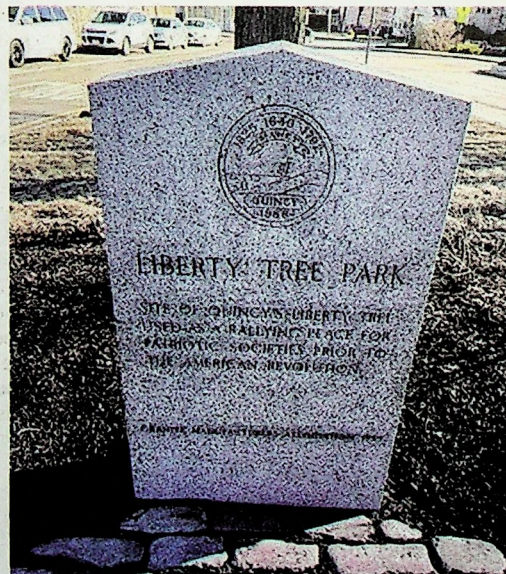


PHOTO 7



PHOTO 8



PHOTO 9

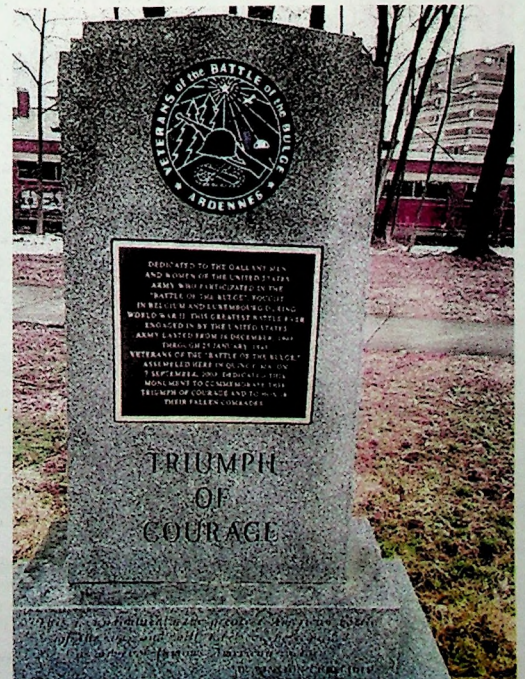
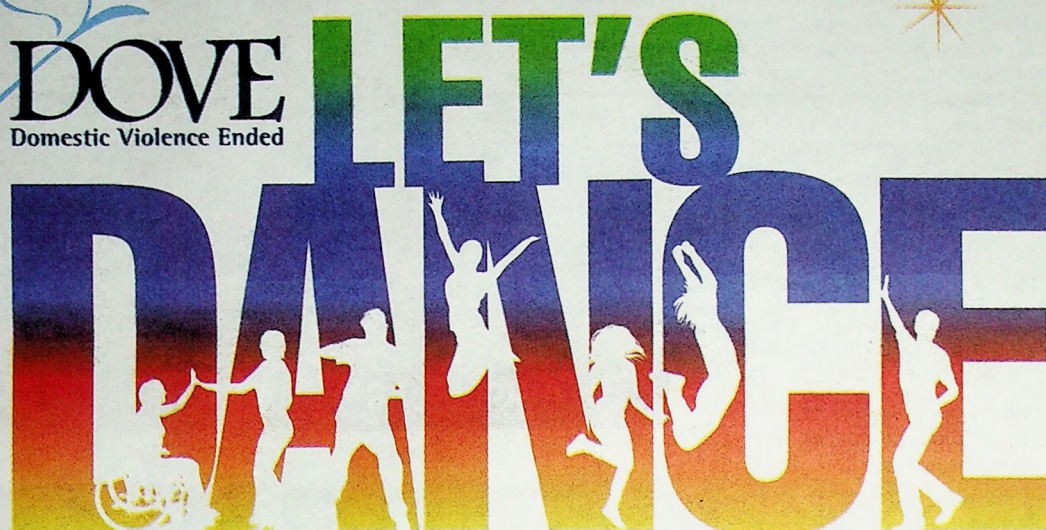


PHOTO 10

Please join for our Annual Let's Dance 2022 Fundraiser



Rise Above • Dance for DOVE

Dance the Night Away and Help us Make a Difference!

Thursday, May 5, 2022 | 6:00pm - 11:00pm

Granite Links Golf Club, 100 Quarry Hills Drive, Quincy, MA

Master of Ceremonies and auctioneer Erin Ward
Dancing with DJ Chris Roxx
Heavy Hors d'oeuvres • Cash Bar • Dessert
Live Auction • Silent Auction • Fund the Mission

Reserve your tickets at
www.dovema.org/lets-dance
\$125 per ticket

For more information for event
tickets or sponsorship please visit:
www.dovema.org/lets-dance
email Jessica Cohen at
jessica.cohen@dovema.org
or call 617.890.5666

Link to Online Ticket
Purchase Page



Every Home should be a Safe Home

Mission

Hope, healing, safety, social change.
Working together to end domestic and partner violence.

Vision

A community unified in peace, justice, and equity,
for the safety and well-being of every individual.

Statement of Affirmation & Welcome

DOVE welcomes refugee and immigrant survivors both documented and undocumented; people with disabilities; people who are D/deaf or hard of hearing; BIPOC (Black, Indigenous, and other People of Color); LGBT, Queer, Trans, and Non-Binary individuals; people of all religion and faith beliefs; and individuals whose first language is not English. DOVE welcomes people of all identities, including those not named.

Thank you to our early 2022 sponsors!

Champion of Healing

Karen and Rob Hale Charitable Fund

Champion of Support

Karen Albaugh+

Champion Friends

Brett Hale Charitable Fund
South Shore Bank

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